



# Defiance County Partnerships for Success

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## Resource Assessment Workgroup Members

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As the Partnerships for Success process moves into our third phase, we would like to keep you informed of the progress made the past several months by the dedicated members of the Resource Assessment Workgroup. If you have questions, or would like to volunteer for a future workgroup, please contact us.

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## Resource Assessment Workgroup Results

The Resource Assessment Workgroup began their work on February 8, 2007, at the Resource Assessment Kick-off. The group based their work on the report from the Needs Assessment Workgroup. Using national, state and local data the Needs Assessment Workgroup identified the long-term outcome of Children and Youth Engage in Healthy Behaviors, the intermediate-term outcome of Reduce Childhood Obesity and the short-term outcomes of Increase Rate of Physical Activity, Increase Knowledge of Nutrition and Decrease Rate of Poor Nutritional Choices.

At the kick-off the workgroup developed a questionnaire to profile community resources which address the short-term outcomes identified. The group brainstormed Defiance County programs to contact which addressed one or more of the short-term outcomes. These programs were then assigned to group members to collect data using the Profiling Community Resources tool. In all, 22 programs were identified and interviewed.

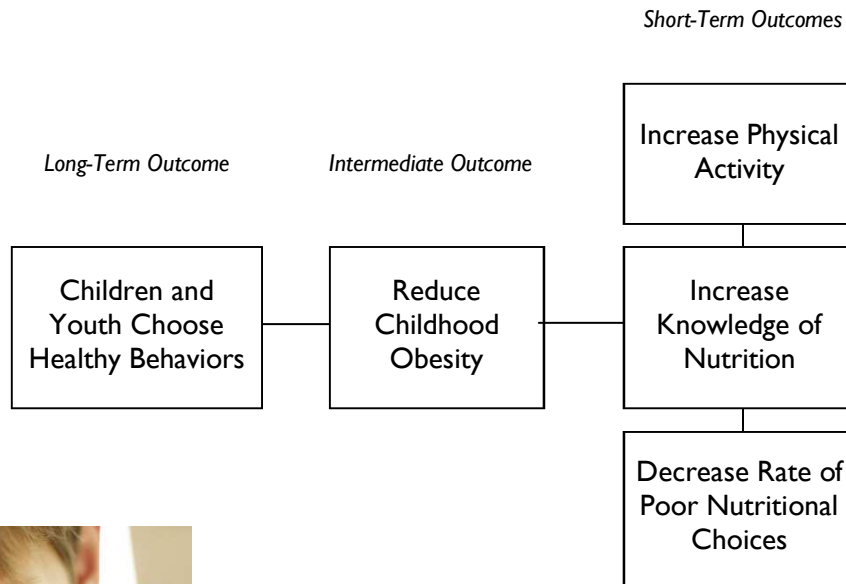
The state is mandating school districts complete "Wellness Plans" so the group requested those from each district. The data from those plans are not in the data results in the Resource Assessment report but will be kept for future reference in the second grant year.

After collecting the data and analyzing the results the group found the following:

- **The majority of programs in the county are focused on prevention and not addressing the issues of children who are already obese;**
- **The majority of programs are focused on children and don't include a component for parents;**
- **There are few programs available for the average parent who has no involvement with the social service system;**
- **Reduction of childhood obesity tends to be a small component of a larger program and not the program focus.**

Of special concern was that there were no programs defined as "systems of care". The Ohio Department of Health conducted a 2005 study which identified Defiance County's third graders as having the ninth highest level of obesity in the state. The group questioned what options healthcare providers and families have when they have a child who is already obese and is beyond benefiting from a prevention or early intervention program.

The final product of the Needs Assessment Workgroup was the Logic Chain which guided the work of the Resource Assessment Workgroup. Both workgroups also produced comprehensive reports of the data collected which are available through the Family & Children First Council.



**SAVE THE DATE! You will be receiving an invitation to join us for a luncheon on June 28 for the reveal of the Partnerships for Success strategic plan to address childhood obesity in Defiance County. See what all the year one work has been leading up to!**

To determine what medical resources are available to families dealing with childhood obesity, the group is conducting a survey of doctors at the Defiance Regional Medical Center, Mercy Hospital and Community Memorial Hospital. Doctors will be asked if they address childhood obesity with families, compute BMI's on children, and what resources they have available to them to treat obese children.

**An Ohio Department of Health study conducted in the 2004/2005 school year showed 26% of Defiance County's third graders were overweight—the ninth highest county rate in Ohio. These children are now in fifth grade—Partnerships for Success, in collaboration with the Defiance County Health Department, the Defiance City Schools, and the Hicksville Schools will be re-weighing these children to see how their levels of obesity have changed.**



## Defiance County Programs Profiled

OSU Extension - Master Gardening for Youth	An after-school program taught by Master Gardeners to elementary youth.	OSU Extension - 4-H Youth Development	Several 4-H projects teach healthy living. Food and nutrition projects develop knowledge, skills, and understanding of nutrition, fitness and meal management. Health projects are "Staying Healthy" and "Keeping Fit".
DRMC - Toledo Children's Healthy Kids	A school based program implemented 1 1/2 hours, 3 times a week. 45 minutes of nutrition education and 45 minutes of exercise	OSU Extension - 4-H Camp Palmer	Residential camp, with various recreational activities.
LSS - Latino Family Outreach - Prenatal Outreach	Increase access to and the quality of health care and education for immigrant Latina pregnant women, infants and children. Oral and written information in Spanish addressing nutritional health issues and disease prevention through nutrition.	OSU Kids Central	A free summer long program with locations in Defiance and Hicksville.
DRMC - Healthy Food Choices	An 8th grade school based program focusing on healthy food choices using the food pyramid, food models and using the plate method to learn portion size.	OSU Family Nutrition Program	Teaching people who use food stamps how to make good choices regarding safety, nutrition and shopping. Clients learn how food affects their health and how to prepare food. Voluntary enrollment.
Catholic Food Pantry at St Mary's	Emergency food pantry. Clients are given bulletins from OSE Extension, an Ext. officer is there monthly and personal counseling is available.	Defiance County Health Dept - Health Talks	Elementary school talks on personal wellness
GRADS-4 County Career Center	Program for pregnant and parenting teens, male and female, to help them stay in school and learn parenting skills.	NOCAC/Head Start	Each child in Head Start is tracked for height and weight. If a child is over on BMI they are offered the intervention services of a registered
Defiance County Health Dept - Child Family Health Services	CFHS is an ODH program designed to improve the health status of women and children in OH	NOCAC/Head Start	Head Start provides meal planning for children in preschool and certified home day care providers.
CFHS - Health Partners Coalition	The Childhood Obesity Focus Group is in the process of designing a Nutrition and Physical Activity Parent Help Guide.	YMCA Youth Sports	The non-competitive youth sports program focuses on instilling the values of character development through caring, honesty, respect and responsibility, and encouraging physical activity, teamwork and sport skills and relationship-building in our area youth.
YMCA Swim Team	A competitive swim program designed for students from elementary school through high school to improve strokes and times while stressing the YMCA mission.	YMCA Gymnastics	A program designed to develop each individual's potential in a safe and enjoyable atmosphere. We offer correct fundamental and basic skills to each child using specific progressions and an age appropriate skill list.
YMCA Teen Leaders Club	A social and volunteer club for teens from grades 7-12.	Defiance County Health Dept - Cardiovascular Health Project	Nutrition ed and physical activity programs for worksites, community, health care workers, and schools.
WIC	For pregnant women and children up to 5 years old. Nutrition ed and coupons for supplemental food, breastfeeding ed.	Girl Scout/Boy Scout Camps	Summer camps

**FAMILY AND  
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Found in all 88 counties in the state of Ohio, the local Family and Children First Councils are a cooperative effort to support families. Under the Ohio Revised Code, the Family and Children First Councils are mandated to:

- Create a coordinated system to promote child development.
- Coordinate services for families who have children with multiple needs.
- Build an improved system to serve Defiance County families.

**Mandated Members**

City of Defiance  
Defiance City Schools  
Defiance County Board of MRDD  
Defiance County Commissioners  
Defiance County General Health District  
Defiance County Job & Family Services  
Defiance County Juvenile Court  
Family Representatives  
Four County ADAMhs Board  
Northwestern Ohio Community Action Commission  
Northwest Ohio Educational Service Center  
Ohio Department of Youth Services

**At-Large Members**

Catholic Charities  
Centers for Child & Family Advocacy  
Domestic Violence Task Force  
First Call for Help  
Four County Family Center  
GRADS  
Hicksville Community Center  
OSU Extension Office  
United Way  
Volunteer Connection  
Women & Family Services  
YMCA

**We're on the web at  
[www.defiance-county.com](http://www.defiance-county.com)**

**Learn more about the  
PfS process at  
[www.pfsacademy.org](http://www.pfsacademy.org)**

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**Thank you!**

The Family & Children First Council of Defiance County would like to thank the members of the Resource Assessment Workgroup (listed on page one) for their effort, time and dedication to this important process. We would also like to thank anyone who took the time to complete the Community Profiling Tool with one of our workgroup members.