




# Defiance County Senior Services

# April 2009

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Join us for Our Evening Meals  <b>Thurs., April 16th - at The Hicksville Center</b>                      BBQ Ribs, Baked Potato, Green Beans Casserole, Seven Layer Salad and Ambrosia Salad  <b>Thurs., April 23rd - at The DCSS</b>                      Meat Loaf, Cheesy Mashed Potatoes, Cole Slaw, California Blend and Pudding.</p>		<p>1 <b><u>April Fool's Day</u></b>                      Pork Chop                      Creamy Coleslaw                      Sweet Potatoes                      Cornbread                      Plums</p> 	<p>2                      Swedish Meatballs                      Buttered Noodles                      Peas                      Mixed Fruit                      Wheat Bread</p>	<p>3 <b><u>Birthday Celebration</u></b>                      Baked Fish                      Macaroni and Cheese                      Brussels Sprouts                      Whole Wheat Bread                      Birthday Cake                      Banana</p>
<p>6                      Chicken Paprika                      Hungarian Noodles                      Green Beans                      Cabbage in Sour Cream                      Apple Juice                      Rye Bread</p>	<p>7                      Beef Lasagna                      Antipasto                      Mixed Vegetables                      Garlic Bread                      Crumb-Topped Peaches</p>	<p>8 <b><u>Passover</u></b>                      Roasted Chicken Strips                      Winter Blend                      Oven Fries                      Chilled Grape Juice                      Whole Wheat Cracker                      Pudding</p>	<p>9                      Roast Pork                      Peas and Carrots                      Diced Red Skin Potatoes                      Whole Wheat Roll                      Fresh Orange</p>	<p>10 <b><u>Good Friday</u></b>                      Vegetable Frittata                      Golden Hash brown                      Casserole                      Appetizing Apricots                      Whole Wheat Roll                      Chilled Orange Juice</p>
<p>13                      Roast Beef                      Mashed Potatoes                      Crisp Romaine Salad                      Fruit Cup</p>	<p>14 <b><u>Cancer Control Month</u></b>                      Chicken Breast                      Peas                      Roasted Tomatoes                      Multigrain Bread                      Ambrosia Salad</p>	<p>15                      Tuna Salad                      Carrot and Celery Sticks                      Pickled Beet Salad                      Pineapple Tidbits                      Tomato Soup</p>	<p>16                      Roast Turkey                      Baked Sweet Potatoes                      Bread Dressing                      Okra and Stewed Tomatoes                      Multigrain Bread                      Apricots</p>	<p>17                      Baked Ham                      Hard Boiled Egg                      Steamed Brussels Sprouts                      Calico Fruit                      Baked Potato                      Bun</p>
<p>20                      Meat Loaf                      Red-Skin Potatoes                      Winter Blend Vegetables                      Whole Wheat Roll                      Fruited Jell-O</p>	<p>21                      Pork Chop Dijon                      Macaroni and Cheese                      Cole Slaw                      Whole Wheat Bread                      Apple</p>	<p> <b><u>Earth Day</u></b>                      Sunshine Chicken                      Peas and Onions                      Tropical Fruit Salad                      Oriental Rice                      Whole Wheat Bread                      Banana</p>	<p>23                      Fettuccini Alfredo with Ham                      Baby Carrots &amp;                      Brussels Sprouts                      Pears                      Garlic Bread</p>	<p>24                      Hot Open-Faced Roast                      Beef Manhattan                      Dressing                      Mixed Green Salad                      Mandarin Oranges</p>
<p>27                      Baked Fish                      Baked Potato with Sour                      Cream                      Buttered Broccoli                      Whole Wheat Bread                      Fruit Cocktail                      Graham Crackers</p>	<p>28                      Turkey and Cheddar                      Sandwich                      Spring Pea Soup                      Steamed Baby Carrots                      Orange Pineapple Gelatin</p>	<p>29                      Juicy Mushroom Steak                      Buttered Egg Noodles                      Slaw                      Green Beans                      Whole Wheat Bread                      Cinnamon Applesauce</p>	<p>30                      BBQ Ribs                      Creamy Potato Salad                      Cauliflower                      Whole Wheat Dinner Roll                      Plums</p>	<p><i>A Very Happy                      Easter To All!</i></p> 

To access meal ingredients to any of the DCSS meals, please contact us at 419-782-3321 / Menus are subject to change due to availability and the weather.