

Defiance County Senior Services

August 2009

Call Down for Info
419-782-3233

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	3 10:00 Sit down & dance 10:30 Cards 12:30 Bingo by Twin Rivers	4 9:00 Quilting 9:30 Chair Stretch with Twin Rivers 10:00 Literature Study 11:00 fresh Fruits & Veggies -Twin Rivers 12:30 Choir / Pinochle	5 9:00 Bowling 10:00 Book Club 10:30 Cards 12:15 Speaker from Social Security 12:30 Kroger shop	6 9:00 Water Exercise 9:30 Quilting 10 Blood Pressures 12:30 Bingo with Brookview NH 12:30 Shop @ Meijer 1:30 Alzheimer Support 5:00 Ice Cream Social	7 9:30 Chair Exercise 10:00 Defiance Remembers 11:30 Birthday Lunch 12:00 Cards	8
9	10 10:00 Sit down & dance 10:30 Trip to Dollar General 12:30 Cards	11 9:00 Quilting 9:30 Chair Stretch with Twin Rivers 10:00 Literature Study 4:00Seniors Night Out Smith's in Wauseon	12 9:00 Bowling 10:00 Book Club 10:30 Cards 12:30 Shop at Kroger	13 9:00 Water Exercise 9:30 Quilting 10:00 Blood Pressures 10:30 Cards 12:30 Shop @ Meier's	14 9:30 Chair Exercise 10:00 Cards 11:30 Picnic at Kingsbury Park	15
16	17 10:00 Sit down & dance 10:30 Trip to Big Lots 1:30 Euchre Tournament	18 9:00 Quilting 9:30 Chair Stretch 10:00 Literature Study 11:30 Lunch & Learn Fire Safety 12:30 Choir / Pinochle	19 9:00 Bowling 10:00 Book Club 10:30 Cards 12:30 Shop at Kroger	20 9:00 Water Exercise 9:30 Quilting 11:00 Picnic at Latty's Grove and Bingo!	21 9:30 Trip to Farmer's Market 12:00 Cards	22
23	24 10:00 Sit Down & Dance with Dawn! 10:30 Dollar Tree Trip 11:45 Ice Cream	25 Senior Celebration at The Defiance County Fair	26 9:00 Bowling 10:00 Book Club 10:30 Cards 12:30 Shop at Kroger	27 Whole Grain Health 8:30 60+ Health Screen 9:00 Water Exercise 9:30 Quilting 10:30 Laurels Speaker-on Whole Grain Health 12:30 Bingo- Community Health	28 9:30 Trip to Farmer's Market 12:30 Craft Day with Brookview NH	29
30	31 10:00 Sit down & dance with Dawn 10:30 Cards 12:30 Bingo	Evening Meals - Please join us; Thursday, August 13th - 5:00pm at The Hicksville Pavilion At 6:00pm, enjoy the music of Frank Westfall Tuesday, August 25th - 5:00pm - join The Defiance Center for a grilled Chicken Dinner at The Defiance County Fair - Senior Celebration. See the front page of this newsletter for full details and Join Us!				