

Defiance County Senior Services

August 2009

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Ratatouille Herbed Penne Pasta Cauliflower Au gratin Whole Wheat Bread Plums	4 <u>Ohio State Fair Day</u> BBQ Pork on Bun Creamy Coleslaw Buttered Corn Cantaloupe	5 Hot Turkey Sandwich Coleslaw Sweet Potatoes Pear Halves	6 <u>Farmers Market Week</u> Beef Tips over Egg Noodles Stewed Tomatoes Peas Breadstick Peach Slices	7 <u>Birthday Dinner</u> Salisbury Steak Mashed Potatoes Corn Grape Juice Wheat Roll Birthday Cake
10 Baked Ham California Blend Vegetables Fettuccine Alfredo Wheat Bread Fruit Cocktail	11 Egg Salad Sandwich Broccoli Salad Green Beans Mandarin Oranges	12 Chili Mac Lima Beans Alpine Fruit Salad Whole Wheat Bread Winter Blend Vegetables	13 Pork Chop Beets Macaroni & Cheese Cucumber Salad Whole Wheat Bread Mixed Fruit	14 <u>Picnic at Kingsbury</u> Grilled Hamburger Tomato Salad Mixed Melon Baked Beans Cookie
17 Ham and Potato skillet Green Beans Mixed melon Whole Wheat Bread V-8 juice	18 <u>Great Britain Meal</u> Fish and Chips Citrus Slaw Plums Biscuit and jam Spicy Bread Pudding	19 Chicken Breast Red Skin Potatoes Apricots Bran Muffin Carrots and Onions	20 <u>Picnic at The Grove</u> B B Q Ribs Corn on the cob Potato Salad Watermelon Whole Wheat Roll	21 Spaghetti and Meatballs Tossed Salad Garlic Toast Fresh Grapes
24 Pork Roast Stewed Tomatoes Mixed Vegetables Whole Wheat Roll Peaches	25 Taco Salad Cornbread Blueberry Crisp	26 Oven Fried Chicken Potato Salad Peas and Carrots Whole Wheat Roll Fresh Orange	27 Ham and Swiss Quiche V-8 Juice Hash brown Bake Croissant Mandarin Oranges	28 <u>Arts and Crafts Day</u> Meatloaf Brussels Sprouts Barley Casserole Whole Wheat Bread Fresh Apple
31 Swiss Steak Creamy Mashed Potatoes Spinach Bananas Whole Wheat Bread	The Senior Celebration at The Defiance County Fair Tuesday, August 25th 10:00am until 6:30pm Music - Food - Horseshow Contest - Fashion Show Bingo and all the fun of the Defiance County Fair!			<u>Picnics</u> August 14th & August 20th Join Us!