

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
2	3 11:30 Chair Exercise 1:00 Euchre	4 9:30 Movie 12:45 Bingo by Twin Rivers	5 9:00 Bowling 11:30 Chair Exercise 12:30 Toe Nail Clinic 12:45 Karaoke with Ed	6 8 Water Ex. & Aldi's 10:30 Blood Pressures 12:45 Bingo 1:30 Alzheimer's Support Group 5:00 Ice Cream Social	7 1:00 Euchre	8
9	10 11:30 Chair Exercise 1:00 Euchre	11 7:30 Breakfast & shop at Wal-Mart 11:00 Pack Commod 12:00 Speaker from CMH on Nutrition 12:45 Bingo with Parkview NH	12 9:00 Bowling 9:00 Deliver Commodities 11:30 Chair Exercise 12:45 Karaoke with Ed	13 8:00 Water Exercise & Aldi's 9:00 60+ Health Screening 12:45 Bingo 5:00 Evening Meal 6:00 Music with Frank Westfall - HV Pavilion	14 11:00 Picnic and Bingo at Kingsbury Park in Defiance	15 2:00 Gospel Barn Leave Center at 11:30am
16	17 11:30 Chair Exercise 1:00 Euchre	18 12:45 Bingo with Hickory Creek 4:00 Senior's Night Out at Nancy's. Music at Oakwood	19 9:00 Bowling 11:30 Chair Exercise 12:45 Karaoke with Ed	20 11:00 Picnic and Bingo at Latty's Grove in Defiance	21 1:00 Euchre	22
23	24 11:30 Chair Exercise 12:30 Ice Cream Sundaes 1:00 Euchre	25 9:00 Senior Celebra- tion at The Defiance County Fair	26 9:00 Bowling 11:30 Chair Exercise 12:45 Karaoke With Ed	27 9:00 Bear Creek "Oklahoma" 10:30 Blood Pressures 12:45 Bingo with Manor House	28 1:00 Euchre	29
30	31 11:30 Chair Exercise 1:00 Euchre	<p><i>No Reason To Sit At Home! The Fair - Trips - Picnics and more!</i> Also Join Us - Wednesday, September 30th - Trip to your choice of Cabelas or Silver Bells then cruise the Maumee on the Sandpiper and enjoy a picnic lunch. 419-782-3233 for details.</p>				