

Defiance County Senior Services

May 2009

Monday	Tuesday	Wednesday	Thursday	Friday
<p>To access meal ingredients to any of the DCSS meals, please contact us at 419-782-3321. Menus are subject to change due to availability and the weather.</p>		<p align="center">Join us for The 2009 Senior Prom Thursday, May 14th 5:00PM At The Defiance Eagles</p>		<p><u>BIRTHDAY DINNER</u> Oven Baked Chicken Baked Potato Broccoli With Cheese Sliced Pears Whole Wheat Bread Grape Juice Birthday Cake</p>
<p>4 Chef Salad Pasta Salad Whole Wheat Bread Fresh Orange</p>	<p>5 <u>Cinco de Mayo</u> Beef Burrito Spanish Rice Cactus Corn Tropical Fruit Salad</p>	<p>6 Baked Spaghetti Green Beans Antipasto Garlic Bread Peaches and Pears</p>	<p>7 Baked Pork Chop Cole Slaw Carrots Whole Wheat Bread Apricots</p>	<p>8 <u>Mother's Day</u> Lemon Pepper Chicken Red Skin Potatoes Broccoli Orange Juice Whole Wheat Bread Cherry Cheesecake</p>
<p>11 Creamed Chicken Over Biscuit Baked Potato Fresh Apple Peas and Carrots</p>	<p>12 Cheeseburger Cole Slaw Tropical Fruit Baked Beans</p>	<p>13 Turkey Tetrazzini Brussels Sprouts Tossed Salad Banana Whole Wheat Bread</p>	<p>14 <u>Osteoporosis Month</u> Pepperoni Pizza Broccoli Salad Potato Chowder Pineapple Tidbits and Cottage Cheese</p>	<p>15 Meat Loaf Cabbage Applesauce Cornbread Red Skin Potatoes</p>
<p>18 Goulash Winter Blend Citrus Sections Rye Bread Apple Crisp</p>	<p>19 Salisbury Steak Peas and Carrots Grape Juice Whole Wheat Bread Dressing</p>	<p>20 Grilled Chicken Breast Fettuccine with Sauce Carrots Baby Spinach Salad Whole Wheat Bread Fresh Fruit</p>	<p>21 Baked Ham Mixed Vegetables Sweet Potatoes Whole Wheat Roll Peaches and Pears</p>	<p>22 Succulent Roast Beef Green Beans Mashed Potatoes Tropical Fruit Whole Wheat Bread</p>
<p>25 Defiance Co Senior Services will be Closed in observance of Memorial Day</p> 	<p>26 <u>Armed Forces</u> Roasted Pork Loin Stewed Tomatoes Fresh Orange Golden Cornbread Tapioca</p>	<p>27 Lemon Baked Fish Winter Blend Vegetables Bread Dressing Whole Wheat Bread Apple Juice Sunshine Salad</p>	<p>28 <u>Check Your BP</u> B.B.Q. Ribs Corn Apricots Wheat Bread Tossed Salad Baked Potato</p>	<p>29 Bratwurst Sauerkraut Mashed Potatoes Baked Beans Orange Juice Cherry Crisp</p>