


for information, please call Dawn at 419-782-3233

July - DCSS Activities

Monday	Tuesday	Wednesday	Thursday	Friday
<p>OLD TIMER'S RIDE - Saturday, July 23rd Ride leaves at noon from Integrity Defiance Auto Body Ride finishes approximately 4:00pm at the Defiance County Senior Services with dinner to follow. Also - Raffles, 50/50 drawing and bike show with trophies. Join Us! All ages welcome!</p>				<p>1 9:30 Cards sorry -no tai chi today</p>
<p>4 Senior Services will be Closed</p> 	<p>5 9:30 Exercises 9:45 Aldi Shop 10:00 Bible Study 10:00 Cards sorry -no tai chi 3:30 Yoga</p>	<p>6 9:00 Toe Nail Clinic 9:30 Cards 9:30 Tai Chi 10:00 Crafts 12:30 Nail Clinic 12:30 Kroger Shop 5-8 Open Mic</p>	<p>7 9:30 Cards 9:45 BP Readings NO Zumba today 10:30 Chair Exercise 12:30 - Meijer Shop 12:30 Bingo by Bview 1:30 Alzheimer Group 3:30- Yoga with Sue</p>	<p>8 9:30 - Cards 10:00 Tai Chi 11:30 Birthday Celebration!!</p>
<p>11 9:30 Cards 10:00 Zumba 12:30 Bingo with CHP 3:00 Yoga with Sue</p>	<p>12 9:30 Chair Exercises 9:45 Aldi Shop 10:00 Tai Chi 10:00 Bible Study 10:00 Cards 3:30 Yoga 4:00 Seniors Night Out - Texas Roadhouse/Lima</p>	<p>13 9:30 Cards 10:00 Crafts 10:45 Speaker from Twin Rivers 12:30 Kroger Shop</p>	<p>14 9:30 Cards 10:00 Zumba 10:30 Trivia with Brookview 12:30 Meijer Shop 3:30 Yoga</p>	<p>15 9:30 - Cards 10:00 Tai Chi 12:30 Music with Kim Tracey</p>
<p>18 9:30 - Cards 10:00 - Zumba 12:30 Bingo with Kingsbury Place 1:00 Euchre Tournament 3:00 - Yoga 6:00 Alzheimer's Support Group</p>	<p>19 9:30 Chair Exercises 9:45 Aldi Shop 10:00 Tai Chi 10:00 Bible Study 10:00 Cards 3:30 Yoga</p>	<p>20 9:30 Cards 10:00 Crafts 12:30 Kroger Shop</p>	<p>21 9:30 Cards 10:00 Zumba 10:00 Chair Exercises 10:45 BP's with CHP 12:30 Bingo 12:30 Meijer Shop 3:30 Yoga</p>	<p>22 9:30 Card Club Party 10:00 Tai Chi Saturday, July 23rd Old Timer's Ride</p>
<p>25 9:30 - Cards 10:00 - Zumba 12:30 Bingo with the Senior Center 3:00pm- Yoga</p>	<p>26 9:30 Chair Exercises 9:45 Aldi Shop 10:00 Tai Chi 10:00 Cards 10:00 Bible Study 3:30 Yoga</p>	<p>27 9:30 Cards 10:00 Crafts 12:30 Kroger Shop 1- 2:30 Food for Seniors 5:00 Evening Meal 6:00 PJ & The Country Kickers</p>	<p>28 9:30 Cards 10:00 - Zumba 12:30 - Meijer Shop 1 - 3 Fine Arts Class with JBO 3:30- Yoga with Sue</p>	<p>29 9:30 Cards 10:00 Tai Chi</p>