




for information, please call Dawn at 419-782-3233

# DCSS Activities - November

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:45 Aldi Shop 10:00 Cards 10:00 Tai Chi 10:00 Bible Study 12:30 - 2:30 A Matter of Balance 3:30 Yoga	2 9:00 - 10:45 Nail Clinic 9:30 Cards 10:00 Crafts 10:00 Chair Exercises with Visiting Angels 12:30 Kroger Shop 12:30 - 2:15 Nail Clinic	3 9:30 Cards 9:45 Blood Pressures 9:50 Band Stretch 10:00 Zumba 12:30 Meijer Shop 12:30 Bingo 1:30 Alzheimer Support Group 3:30 Yoga	4 9:30 Cards 10:00 Crafts 11:30 Birthday Celebration- with music by Kim Tracy 12:30 Matter of Balance Class
7 9:30 - Cards 10:00 - Zumba 3:00 - Yoga	8 9:45 Aldi Shop 10:00 Tai Chi 10:00 Bible Study 10:00 Cards 3:30 Yoga	9 9:30 Trip to Dollar General 10:00 Crafts 10:30 Cards 10:45 Speaker 12:30 A Matter of Balance 12:30 Kroger Shop 5:00 Open Mic	10 9:30 Cards 9:50 Stretch Band 10:00 Zumba 10:00 Trivia Time 12:30 Meijer Shop 3:30 Yoga	11 Senior Services will be closed for Veteran's Day 
14 9:30 - Cards 10:00 - Zumba 12:30 Bingo with CHP 3:00 - Yoga	15 9:45 Aldi Shop 10:00 Tai Chi 10:00 Bible Study 10:00 Cards 3:30 Yoga 4:00 Seniors Night Out - Dick's Steak House - Kalida	16 9:30 Cards 10:00 Crafts 10:00 Chair Exercise 10:00 Speaker - 10 Signs of Alzheimers 12:30 Kroger Shop	17 <i>11:30 Our Thanksgiving Luncheon</i> <i>12 - 1 Music with Mike Weeks</i>	18 9:30 - Cards 10:00 Crafts 10:00 Tai Chi
21 9:30 - Cards 10:00 - Zumba 12:30 Bingo with Kingsbury Place 1:00 Euchre Tournament 3:00 - Yoga 6:00 Alzheimer Support Group	22 9:45 Aldi Shop 10:00 Tai Chi 10:00 Bible Study 10:00 Cards 3:30 Yoga	23 9:30 Cards 10:00 Crafts 10:00 Hearing Aid Checks 12:30 Kroger Shop 1:00 - 2:30 Food for Seniors Commodities	<i>Senior Services will be Closed Nov. 24th &amp; 25th in celebration of Thanksgiving.</i> 	
28 9:30 - Cards 10:00 - Zumba 10:00 Twin Rivers - Nails and Tales 3:00pm- Yoga	29 9:45 Aldi Shop 10:00 Tai Chi 10:00 Bible Study 10:00 Cards 3:30 Yoga	30 9:30 Cards 10:00 Crafts 12:30 Kroger Shop	<i>Let the beauty of what you love be what you do.</i>	