

for information, please call Dawn at 419-782-3233

October - DCSS Activities

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 9:30 Cards 10:00 Zumba! 11 - 2pm Flu Shots by Walgreens 12:30 Bingo by Okuley's 3:00 Yoga</p>	<p>4 9:45 Aldi's shop 10:00 Tai Chi 10:00 Bible Study 10:00 Cards 3:30 Yoga</p>	<p>5 9:30 Cards 10:00 Crafts 10:00 Chair Exercises with Visiting Angels 12:30 Krogers 5:00 Open Mic</p>	<p>6 9:30 Cards 9:45 BP Readings 9:50 Band Stretch! 10:00 Zumba 12:30 - Meijer Shop 12:30 Bingo by Bview 1:30 Alzheimer Support 3:30- Yoga with Sue</p>	<p>7 9:30 Cards 10:00 Tai Chi 11:30 Birthday Celebration 11:30 Music with Kim Tracy</p>
<p>10 Defiance County Senior Services is Closed for Columbus Day</p>	<p>11 9:45 Aldi Shop 10:00 Bible Study 10:00 Cards 10:00 Tai Chi 3:30 Yoga</p>	<p>12 9:30 Trip to Dollar General 10:00 Crafts 10:30 Cards 10:45 Speaker from Twin Rivers 12:30 Krogers</p>	<p>13 9:30 Cards 9:50 Band Stretch 10:00 Zumba 10:00 Trivia with Brookview 12:30 - Meijer Shop 3:30- Yoga with Sue</p>	<p>14 9:30 - Card Club Party 10:00 Tai Chi 10:00 Crafts</p>
<p>17 9:30 Cards 10:00 Zumba 10:00 Nails & Tales with Dawn 12:30 Bingo with Kingsbury Place 1:00 Euchre Tournament 3:00 Yoga with Sue 6:00 Alzheimer Support Group</p>	<p>18 9:45Aldi shop 10:00 Tai Chi 10:00 Bible Study 10:00 Cards 3:30 Yoga 4:00 Dinner at Liberty Center's Log Cabin</p>	<p>19 9:30 Cards 10:00 Crafts 10:00 Chair Exercises 12:30 A Matter of Balance - NEW!!! 12:30 Kroger Shop 5:00 Spiderific Halloween Party in Hicksville!!</p>	<p>20 9:30 Cards 9:50 Band Stretch 10:00 Zumba 10:45 Blood Pressures 12:30 Bingo 12:30 Meijer Shop 3:30 Yoga</p>	<p>21 9:30 - Cards 10:00 Crafts 10:00 Tai Chi 12:30 A Matter of Balance - NEW!!</p>
<p>24 9:30 - Cards 10:00 - Zumba 3:00 - Yoga</p>	<p>25 9:45 Aldi shop 10:00 Tai Chi 10:00 Bible Study 10:00 Cards 3:30 Yoga</p>	<p>26 9:30 Cards 10:00 Crafts 10:00 Hearing Aid Checks 12:30 Matter of Balance 12:30 Krogers 1:00 - 2:30 Food for Seniors Program</p>	<p>27 Bake Sale-9am 9:50 Band Stretch 10:00 Zumba 12:30 Bingo with AllCaring 1:00 JBO art class 3:30 Yoga</p>	<p>27 Bake Sale-9am 9:30 Cards 10:00 Tai Chi 10:00 Crafts 11:30 Alan Seibert 12:30 - A Matter of Balance</p>
<p>31 9:30 - Cards 10:00 - Zumba 12:30 Halloween bingo with the Senior Center 3:00pm- Yoga</p>	<p>Halloween Bingo on October 31st! wear a costume or mask and you'll have a chance to WIN a prize!!</p>	<p>A Matter of Balance Wednesdays & Fridays 12:30 - 2:30 beginning Oct. 19th A FREE - 4 week class in better balance and fall intervention</p>		<p>Halloween Bake Sale October 27th & 28th</p>