

Defiance County Senior Services

August Menu 2016

For questions regarding your meals, please contact Robin at 419-782-3321

Monday	Tuesday	Wednesday	Thursday	Friday
1 chicken breast with gravy mashed potatoes carrots peaches whole wheat roll	2 BBQ pork chop sweet potatoes peas and onions applesauce biscuit chocolate pudding ncs= sf pudding	3 turkey & gravy scalloped potatoes broccoli & cauliflower banana whole wheat roll Sorry - no salad bar today	4 ham sandwich with cheese alt = deli chicken 3 bean salad diced pears v-8 juice THIS MEAL WILL BE DELIVERED ON AUG 3 DUE TO ICE CREAM SOCIAL	5 baked 4 cheese ziti Italian blend vegetables beets fresh orange bread stick birthday cake ncs=angel food cake
8 cheese omelet with diced ham alt = diced turkey sausage mushrooms & onions stewed tomatoes raisin / cinnamon bagel apple juice	9 beef stew Brussels sprouts pineapple tidbits biscuit cookie ncs = sf cookie	10 pizza burger steak fries broccoli salad tropical fruit salad	11 boneless chicken breast with sweet & sour sauce Oriental blend vegetables cabbage peaches Asian rice whole wheat bread	12 tater tot casserole with green beans strawberries corn whole wheat roll graham crackers
15 beef & bean burrito with enchilada sauce and cheese Mexi-cali blend vegetables Spanish rice diced tomatoes pears	16 chicken fettuccini alfredo Italian blend vegetables beets melon garlic bread brownie ncs = sf cookie	17 BBQ pork sandwich pork & beans hash brown bake orange juice	18 Defiance County Senior Services will be closed for a staff training day	19 kielbasa sausage alt= chicken pattie fresh zucchini diced onions and peppers fresh apple French bread cookie ncs = sf cookie
22 sweet & sour pork oriental blend vegetables brown rice apricots whole wheat bread	23 dinner ham with apple juice alt= chicken breast mashed potatoes green beans mandarin oranges whole wheat roll cookie ncs = sf cookie	24 FOR HOME DELIVERY chicken salad sandwich with cheese pickled beets fresh apple grape juice NO CONGREGATE Meet us at the Fair	25 BBQ ribette sandwich scalloped potatoes baby carrots banana	26 chef salad (alt=turkey) tropical fruit whole wheat bread crackers apple crisp ncs = apples & cinnamon
29 chicken breast with gravy zucchini fresh plum sweet peas whole wheat roll	30 taco salad diced tomatoes apple juice cookie ncs = sf cookie	31 potato soup with turkey bacon carrot & raisin salad peaches with cottage cheese crackers fruit pie ncs = sf fruit pie	MENU For AUG 4th Ice Cream Social hamburger or brat baked beans potato salad strawberries ice cream	MENU for AUG 24th @ Defiance Co. Fair hot beef sandwich cole slaw potato salad ambrosia salad dill pickle