

December Menu 2016

For questions regarding your meals, please contact Robin at 419-782-3321

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Our breads and rolls are whole wheat unless specified.</p> <p>lcs= low concentrated sweets sf = sugar free</p>		<p>Let Your Light Shine!</p>	<p>1 Cheeseburger Baked Beans Potato Wedges Mandarin Oranges</p>	<p>2 BBQ Chicken Normandy Blend Vegetables Scalloped Potatoes Peaches Dinner Roll Birthday Cake lcs= angel food cake</p>
<p>5 Country Fried Steak Mashed Potatoes Carrots Apricots Dinner Roll</p>	<p>6 Spaghetti & Meat Sauce Italian Blend Vegetables Hot Cinnamon Apples Garlic Knots Graham Crackers</p>	<p>7 Chicken Noodle Soup 3 Bean Salad Tropical Fruit Salad Banana Crackers Wheat Bread <i>salad bar in café</i></p>	<p>8 Dinner Ham alt= Chicken Red Skin Potatoes Lima Beans Mandarin Oranges Dinner Roll</p>	<p>9 Beef Burrito w/ Cheese and Enchilada Sauce Stewed Tomatoes Cilantro Rice Fruit Cocktail Grape Juice</p>
<p>12 Bratwurst alt= Hamburger Sauerkraut Mashed Potatoes Peaches Dinner Roll</p>	<p>13 Chicken with Gravy Broccoli Spinach Crumb Topped Apples Wheat Bread</p>	<p>14 Chili & Cheese Tossed Salad Orange Bread Stick</p> <p>sorry - no salad bar today!</p>	<p>Our Christmas Dinner Beef Pot Roast with Onions Baked Potato Baby Carrots Mint Pears Dinner Roll Pumpkin Roll lcs= SF Pie</p>	<p>16 Chicken Salad Sandwich Pea Salad Diced Pears Tropical Fruit Salad</p>
<p>19 Hamburger Gravy over Mashed Potatoes Stewed Tomatoes Fruit Cocktail Dinner Roll</p>	<p>20 Pork Chop with Gravy Baked Potatoes Cabbage Hot Apples with Cinnamon Dinner Roll</p>	<p>21 Hot Chicken Sandwich Diced Potatoes Green Beans Orange <i>salad bar in café</i></p>	<p>22 Meat Loaf Mashed Potatoes Peas & Onions Pineapple Tidbits Wheat Bread A Christmas Cookie</p>	<p>23 Cheesy Egg Omelet Tater Tots Hot Peaches Raisin Bagel & Cream Cheese V-8 Juice</p>
<p>Defiance County Senior Services will be Closed for the Holiday Season! Merry Christmas Happy Chanukah</p> 	<p>27 BBQ Pork Sandwich Navy Beans Harvard Beets Fruit Cocktail Vanilla Wafers</p>	<p>28 Breaded Chicken Strips with dipping Sauce Cauliflower Brussels Sprouts Hawaiian Bread Roll Grape Juice <i>salad bar in café</i></p>	<p>29 Scalloped Potatoes with Diced Turkey French Green Beans & Mushrooms Raisins Dinner Roll</p>	<p>30 Cook's Choice</p>  <p>Happy 2017</p>