

January 2016 Menu

To access ingredients, please contact Delinda at 419-782-3321

Monday	Tuesday	Wednesday	Thursday	Friday
<p>“nsc” means that we can provide a dessert with no concentrated sweets added. “s.f.” means sugar free</p>	<p>Our delicious breads and rolls are whole wheat unless otherwise specified</p>	<p>Senior Services will close at 12:00noon on Thursday, Dec. 31st. Join us for brunch 9:00 to 10:30 am Sausage & Gravy over Biscuits Alt = hamburger Gravy Stewed Tomatoes Cottage Cheese Apricots Orange Juice</p>		<p>January 1st Defiance County Senior Service will be closed in observance of New Year’s Day</p>
<p>4 Ham Alt= Chicken Breast Glazed Carrots Brussels Sprouts Baked Apples Wheat Rolls</p>	<p>5 Meatloaf Scalloped Potatoes Cole Slaw Aprcots Wheat Roll Cookie Nsc= s.f. cookie</p>	<p>6 Chili & Cheese Orange Juice Corn Bread Pears Crackers Salad Bar in Café</p>	<p>7 Chicken & Gravy Mixed Vegetables Mushrooms & Onions Mandarin Oranges Wheat Bread</p>	<p>8 Beef & Noodles Sweet Peas Mashed Potatoes Peaches Wheat Roll Birthday Cake Ncs= cake/ no icing</p>
<p>11 Chicken Wings Hash Brown Bake Stewed Tomatoes Tropical Fruit Garlic Bread</p>	<p>12 Beef Pot Pie Steamed Cabbage Pineapple Wheat Bread</p>	<p>13 Sloppy Joe Sandwich with Cheese Tomato Soup Carrots Pears and Peaches Medley Salad Bar in Café</p>	<p>14 Oven Fried Parmesan Chicken Green Beans Mashed Potatoes Peach Crisp Wheat Roll</p>	<p>15 Turkey Sandwich with Cheese Potatoes Salad Carrot Sticks Fresh Orange Apple Pie Ncs = s.f. pie</p>
<p>18 Defiance County Senior Service will be closed in observance of Dr. Martin Luther King Day</p>	<p>19 Sausage, Egg & Cheese on an English Muffin Hash Brown Bake Stewed Tomatoes Tropical Fruit Danish Ncs= s.f. cookies</p>	<p>20 Chef Salad Grape Juice Pineapple Tidbits Chocolate Pudding Salad Bar in Café</p>	<p>21 Roast Pork & Gravy Harvard Beets Creamy Coleslaw Mandarin Oranges Wheat Roll</p>	<p>22 Beef Tips Over Buttered Noodles Brussels Sprouts Mashed Potatoes Fruit Cocktail Choc. Chip Cookie Ncs= s.f. cookies</p>
<p>25 Grilled Chicken Breast Sandwich Potato Wedges Mixed Vegetable Fruit Cocktail</p>	<p>26 Swiss Steak Mashed Potatoes Steamed Broccoli Pear Halves Whole Wheat Bread Rice Krispie Treat</p>	<p>27 Vegetable Beef Soup Ambrosia Salad Crackers Banana Salad Bar in Café</p>	<p>28 Creamed Chicken Hash Browns Flaky Biscuit Saucy Prunes & Peaches Orange Juice</p>	<p>29 Cheeseburger Diced Potatoes Corn Spicy Fruit Cup Butterscotch Pudding Ncs= s.f. pudding</p>