



Defiance County Senior Services

# June Menu 2016

For questions regarding your meals, please contact Robin at 419-782-3321

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>NEW TIME FOR LUNCH at the Hicksville Center</b> Please note - effective <b>WEDNESDAY, JUNE 1<sup>ST</sup></b> the Hicksville center will be serving lunch at 11:30 a.m.</p>		<p>1 BBQ Beef Sandwich Steak Fries Pineapple Tidbits 3 Bean Salad  Salad Bar in café</p>	<p>2 4 Cheese Baked Ziti Lima Beans Beets Applesauce Garlic Bread</p>	<p>3 Pork Chops with Gravy Scalloped Potatoes Peas &amp; Onions Fruit Cocktail Wheat Dinner Roll Birthday Cake nsc= angel food</p>
<p>6 Ham baked with Apple Juice Alt= Hamburger Pattie Sweet Potatoes Green Beans &amp; Mushrooms Grape Juice Bread Stick</p>	<p>7 Tenderloin Patty with gravy Mashed Potatoes Mixed Vegetables Mandarin Oranges Wheat Dinner Roll Cookie ncs= sf Cookie</p>	<p>8 Cheeseburger Cole Slaw Baked Beans Raisins  Salad Bar in café</p>	<p>9 Boneless BBQ Chicken Potato Salad Riviera Blend Vegetables Tropical Fruit Salad Cornbread</p>	<p>10 Turkey Slice &amp; Gravy over Mashed Potatoes Baby Carrots Hot Peaches Dinner Roll Chocolate Pudding ncs= sf pudding</p>
<p>13 Hawaiian Pork Brown Rice Asian Blend Vegetables Wheat Bread Pears</p>	<p>14 Meatloaf Mashed Potatoes Summer Squash &amp; Diced Tomatoes Grapes Wheat Dinner Roll Cookie ncs= sf Cookie</p>	<p>15 Hot Chicken Sandwich Sweet Peas &amp; Onions Tater Tots Strawberries &amp; Whipped Cream  Salad Bar in café</p>	<p>16 Bratwurst Alt= Hamburger Pattie Hash Brown Bake Sauerkraut Apple Wheat Dinner Roll</p>	<p>17 Chicken Fettuccini Alfredo Italian Blend Vegetables Tropical Fruit Grape Juice Wheat Bread Brownie ncs= sf Cookie</p>
<p>20 Roast Pork with Gravy Venetian Blend Vegetables Mashed Potatoes Fruit Cocktail Wheat Dinner Roll</p>	<p>21 Spaghetti with Meat Sauce Green Beans Banana Garlic Bread Cookie ncs= sf Cookie</p>	<p>22 Egg Salad on Wheat Bread Vegetable Soup Apricot Cottage Cheese Orange Juice  Salad Bar in café</p>	<p>23 Beef &amp; Noodles Cauliflower Carrots Cinnamon Applesauce Wheat Bread</p>	<p>24 Chicken Breast with Gravy Broccoli &amp; Cheese Zucchini Peaches Wheat Dinner Roll Brownie ncs = sf Cookie</p>
<p>27 Hamburger Gravy over Mashed Potatoes Stewed Tomatoes Pineapple Tidbits Wheat Bread Graham Crackers</p>	<p>28 Chicken and Noodles Tomato Salad Broccoli Fresh Plum Biscuit Rice Krispy Treat ncs= sf Cookie</p>	<p>29 Ham Sandwich Alt - Turkey Sandwich Potato Soup Celery Sticks with Peanut Butter Banana Salad Bar in café</p>	<p>30 Egg &amp; Sausage Bake Alt = turkey sausage Mushrooms and Onions Tropical Fruit Salad Cinnamon &amp; Raisin Bagel Apple Juice</p>	<p>"nsc" means that we can provide a no concentrated sweets dessert. "sf" means sugar free. All breads and rolls are whole wheat unless specified.</p>