



June Menu 2017

Questions regarding your meal delivery? Please call Robin at 419-782-3321

Monday	Tuesday	Wednesday	Thursday	Friday
<p>"nsc" means that we can provide a dessert with no concentrated sweets added. "SF" means sugar free. To access ingredients, please contact Delinda at 419-783-4813</p>	<p>HAPPY FATHER'S DAY June 18th</p>	<p>our rolls and breads are whole wheat unless specified otherwise. Enjoy!</p>	<p>1 Johnny Marzetta Lima Beans Beets Applesauce Bosco Stick</p>	<p>2 Baked Pork Chop with Gravy Scalloped Potatoes Peas & Onions Fruit Cocktail Dinner Roll Birthday Cake ncs= diet cake</p>
<p>5 Ham baked in Apple Juice alt= Chicken Breast Sweet Potatoes Green Beans Apple Slices Dinner Roll</p>	<p>6 Chicken Breast with Gravy Mashed Potatoes Mixed Vegetables Dinner Roll Grape Juice Fruit Pie ncs= SF Pie</p>	<p>7 Hot Beef Sandwich Steak Fries Baby Carrots Pineapple Tidbits Salad Bar in Café</p>	<p>8 BBQ Chicken Au Gratin Potatoes Riviera Blend Vegetables Raisins Golden Cornbread</p>	<p>9 Turkey Slice with Gravy Baked Potato California Blend Vegetables Peaches Dinner Roll Cookie ncs = SF Cookie</p>
<p>12 Pork over Asian Rice Oriental Blend Vegetables Tropical Fruit Whole Wheat Bread</p>	<p>13 Meat Loaf Zucchini Diced Potatoes Fresh Banana Dinner Roll Cookie NCS = SF Cookie</p>	<p>14 Flag Day! Hot Chicken Sandwich Potato Salad Pea Salad Orange Juice Salad Bar in Café</p>	<p>15 Bratwurst alt = Hamburger Patty Hash Brown Bake Sauerkraut Ambrosia Salad Dinner Roll</p>	<p>16 Defiance County Senior Services will be closed for staff training day <i>Happy Father's Day Sunday, June 18th</i></p>
<p>19 Pork Tenderloin Sweet Potatoes Venetian Blend Vegetables Fruit Cocktail Dinner Roll</p>	<p>20 Spaghetti with Meat Sauce Green Beans Mandarin Oranges French Bread Stick Cookie ncs= SF Cookie</p>	<p>21 Chief Salad alt = no ham in salad Apricots Crackers Apple Juice Wheat Bread Salad Bar in Café</p>	<p>22 Country Fried Steak with Gravy Carrots Cheesy Potatoes Cinnamon Applesauce Wheat Bread</p>	<p>23 Chicken Fettuccini Alfredo Broccoli Zucchini Peaches Whole Wheat Bread</p>
<p>26 Hamburger Gravy over Mashed Potatoes Stewed Tomatoes Pineapple Tidbits Graham Crackers Wheat Bread</p>	<p>27 Turkey Sandwich 3 Bean Salad Cucumber Salad Plum Rice Krispy Treat ncs = SF pudding</p>	<p>28 Potato Soup with Ham Tossed Salad Celery Sticks with Peanut Butter Banana Crackers Salad Bar in Café</p>	<p>29 Sloppy Joes Anti-Pasta Salad Pickled Beets Orange Jell-O Apple Juice</p>	<p>30 Chicken and Noodles Mashed Potatoes Peas & Onions Wheat Dinner Roll Strawberries</p>