





May Menu 2017

Questions regarding your meal delivery? Please call Robin at 419-782-3321

Monday	Tuesday	Wednesday	Thursday	Friday
1 Ham alt= Chicken Breast Sweet Potatoes California Blend Vegetables Peaches Dinner Roll	2 Sweet and Sour Pork over Rice Stir Fry Vegetables Tropical Fruit Salad Wheat Bread Cookie ncs= sf pudding	3 Cheeseburger Steak Fries Baked Beans Grape Juice Salad Bar in Café	4 Chicken Cacciatore Green Beans Scalloped Potatoes Applesauce Garlic Bread	5 Swiss Steak Key West Vegetables Mashed Potatoes Mandarin Oranges Dinner Roll Birthday Cake ncs = angel food cake
8 Swedish Meatballs and Noodles Sicilian Blend Vegetables Broccoli Peachy / Cherry Sauce Breadstick	9 For Home Deliveries Only Hot Shredded Chicken Sandwich Tater Rounds Peas and Onions Banana M&M Cookie  ncs= SF Cookie	10 Turkey & Gravy Mashed Potatoes Mixed Vegetables Grape Juice Wheat Roll Salad Bar in Café	11 Turkey Sausage / Egg and Cheese on an English Muffin Hash Brown Bake Stewed Tomatoes Raisins	12 Parmesan Crusted Chicken Red Skin Potatoes Broccoli Fruit Cocktail Wheat Bread Cheesecake  ncs = SF Pudding
15 German Goulash Yellow Zucchini French Green Beans Apricots Garlic Bread	16 Chicken Breast with Gravy Cole Slaw Asparagus Wheat Bread Apple Crisp ncs = Apple Slices	17 Vegetable Beef Soup Toss Salad with Cheese Tropical Fruit Salad Crackers Apple Juice  Salad Bar in Café	18 Creamed Chicken over a Biscuit Carrots Mashed Potatoes Mandarin Oranges	19 Roast Beef with Gravy Au Gratin Potatoes Corn Pears Wheat Roll Pie ncs = SF Pie
22 Roast Pork with Gravy Navy Beans Stewed Tomatoes Orange Juice Cornbread	23 Spaghetti & Meat Sauce Squash Green Beans Pineapple Chunks Garlic Bread Chocolate Pudding ncs = SF Pudding	24 Chef Salad with Turkey and Ham alt = Turkey only Banana Apple Juice Wheat Bread Crackers Salad Bar in Café	25 Chicken Breast Sweet Potato Fries Tropical Fruit Corn Wheat Roll	26 BBQ Pork Sandwich Baked Beans Pea Salad Apple Slices Sugar Cookie ncs = SF Cookie
29 Defiance County Senior Services will be closed in observance of Memorial Day 	30 Sweet & Sour Chicken over Rice Spring Blend Vegetables Banana Wheat Bread Cookie ncs = SF Cookie	31 Sloppy Joe Sandwich Pickled Beets Potato Salad Fruit Cocktail Salad Bar in Café	On May 9th Those of you attending the Health Fair will be eating the samplings from the featured nursing facilities as your lunch. Enjoy!	"nsc" means that we can provide a dessert with no concentrated sweets added. "SF" means sugar free. To access ingredients, please contact Delinda at 419-783-4813