

JULY - DEFIANCE ACTIVITIES

<p>HAVE A GREAT 4TH OF JULY WEEKEND! AND, BE SAFE!</p>	<p>Looking for a fun time to spend a few hours an day? Come and volunteer at the DefianceSenior Center! Please call Dawn at (419) 782-3233!</p>	<p>AM & PM APPOINTMENTS FOOT CARE CLINIC JULY 6. CALL DAWN 419.782.3233</p> 		<p>1 9:30 Pepper 10– Tai Chi 11:30 Birthday Lunch sponsored by North Crest of Napoleon 12:30 Stretching to Mozart by DVD</p>
<p>4 Closed for the 4th of July Holiday</p>	<p>5 9:30 Pepper 10– Bible Study 10– Tai Chi 12:30 Line Dancing</p>	<p>6 9:30 Pepper 9:30 Yahtzee Tournament 10-11 Cardio Drumming 12:30 Stretching to Mozart</p>	<p>7 9:30 Pepper 12:30 Alzheimer’s Support Group 12:30 Bingo with Brookview</p>	<p>8 9:30 Pepper 10– Tai Chi 12:30 Stretching to Mozart a Exercise DVD</p>
<p>11 9:30 Pepper 10-Cardio Drumming 12:30 Bingo by Lutheran Home of Napoleon</p>	<p>12 9:30 Pepper 10– Bible Study 10– Tai Chi 12:30 Line Dancing</p>	<p>13 9:30 Pepper 9:30– Yahtzee Tournament 10-11-Cardio Drumming 12:30 Stretching to Mozart</p>	<p>14 9:30 Pepper 9:30 Canvas Painting with Chris Johnson 12:30 Bingo with Antwerp Manor</p>	<p>15 9:30 Pepper 10– Tai Chi 12:30 Stretching to Mozart</p>
<p>18 9:30 Pepper 10- Cardio Drumming 10 –2pm Euchre Tournament 12:30 Bingo by Kingsbury Place</p>	<p>19 9:30 Pepper 10– Bible Study 10– Tai Chi 12:30 Line Dancing</p>	<p>20 9:30 Pepper 9:30 Yahtzee Tournament 10– Cardio Drumming 12:30 Stretching to Mozart 1-2:30 Senior Food box Pick-up</p>	<p>21 9:30 Pepper 11-11:30 Music with Heidi Paxton 12:30 Bingo with North Crest</p>	<p>22 9:30 Pepper 10– Tai Chi 12:30 Stretching to Mozart by DVD</p>
<p>25 9:30 Pepper 10 Cardio Drumming 10– 12:30 Bingo by Senior Center Center</p>	<p>26 9:30 Pepper 10– Bible Study 10– Tai Chi 12:30 Line Dancing</p>	<p>27 9:30 Pepper 9:30– Yahtzee Tournament 10– 11 Cardio Drumming 12:30 Stretching to Mozart</p>	<p>28 9:00 Coffee with a Cop in Cafe 9:30 Pepper 10– Rock Painting with Chris Johnson 12:30 Bingo by CHP</p>	<p>29 9:30 Pepper 10– Tai Chi 12:30 Stretching to Mozart</p>