



# Summit Sentinel

Monthly Newsletter

April 2026 Edition



**Defiance County  
SENIOR SERVICES**

## Summit 60 Social Center & Senior Services Headquarters

140 E. Broadway St.  
Defiance, OH 43512  
Phone: 419-782-3233  
Monday—Friday  
7:00am—3:00pm

## Summit 60 Social Center of Hicksville

708 E. High St.  
Hicksville, OH 43526  
Phone: 419-769-8046  
Monday, Wednesday & Friday  
9:00am—2:00pm

**2026**

## **Event Sponsors**

Thank you to this years event sponsors, with your support we are able to bring great events to the seniors of Defiance County!

### **Event Sponsors:**

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Interested in becoming an event sponsor? Please contact  
Jennifer Nelson at  
419-769-8046

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# Special Events & Trips with Summit 60

April 2026 Newsletter | Page 02

## Easter Brunch

Fri. April 3<sup>rd</sup> | 9:30am

Summit 60 - Defiance | \$3 Suggested

See to the right for more info!

## April Evening Meal

Thurs. April 9<sup>th</sup> | 4:30pm

Summit 60 - Defiance | \$10 Ticket

See to the right for more info!

## Bowling at South 66 Lanes

Fri. April 10<sup>th</sup> & 24<sup>th</sup> | 9:00am

South 66 Lanes- Defiance | Pay your way

We're heading over to South 66 Lanes in the morning and coming back for lunch at Summit 60 Defiance!

## Movie Day

Thurs. April 16<sup>th</sup> | 8:45am

Sponsored by Kingsbury Place

Join friends for a movie, popcorn and pop at Phoenix Theater in Defiance. The 1st 24 people signed up are free, only \$12 for anyone after.

## Spa Day

Tues. April 21<sup>st</sup> | 10:00am

Archbold, OH | \$5 Transportation

Wanna relax? Join us as we head out to the Pancake House for brunch and for spa day at Four County Career Center for all your pampering needs!

Pricing available at both centers!

## Senior Nite Out

Thurs. April 23<sup>rd</sup> | 4:00pm

Auburn, IN | \$5 Transportation

Join us as we head over to Texas Road House in Auburn for some great food and great friends!

## Firekeepers Coach Trip

Tues. April 28<sup>th</sup> | \$65 -SOLD OUT

Battle Creek, MI | Bus Leaves at 8:00am

## Presale Tickets - Toledo Mudhens

Tues. June 30<sup>th</sup> | 10:30am

Toledo, OH | \$25 includes Ticket, Lunch and Transportation

**MORE EVENTS TO COME LISTED  
ON PAGE 5, CHECK THEM OUT!**



### How to make Trip & Event Reservations

We love seeing all of you excited for our events and trips! To best serve everyone fairly, we have set up the following guidelines:

1- Reservations can only be made after 9am on the 1st Monday of the month. Unless another date is noted in the newsletter

2- We are only accepting in person reservations at both centers with no more than 2 tickets per person at a time.

3- Non-refundable fee/ticket must be paid in order to reserve a spot.

If you are driving yourself, you must still make your reservations with us, as we can only accommodate a set amount.

**Thank you for your understanding & lets have some fun!!**

**SUMMIT 60**  
Social Center

# Easter Brunch

**FRIDAY APRIL 3<sup>RD</sup>**  
**9:30AM**  
**\$3 SUGGESTED DONATION**

**MENU INCLUDES:**  
FRENCH TOAST BAKE  
FRESH FRUIT SALAD  
BOILED EGGS  
CITRUS SPINACH SALAD  
SAUSAGE (IF REQUESTED)

# HELLO Spring

April Evening Meal

Thursday, April 9<sup>th</sup> 4:30pm - 6:30pm

Join us as we celebrate the nicer weather with great food, great prizes and even better friends!

**Menu Includes:**  
Baked Chicken, Riviera Blend Vegetables, Loaded Mashed Potatoes, Cranberry Salad, Dinner Rolls & Dessert!

Entertainment By:  
Brennan Sabo

**\$10 TICKET**



# Summit 60 Social Center of Defiance Activities

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Monday	Tuesday	Wednesday	Thursday	Friday
		<b>April Fool's Day 01</b>	<b>02</b>	<u>Closing at Noon</u> <b>03</b>
<p><b>KEY:</b></p> <p><b>Green:</b> Trip or Event</p> <p><b>Red:</b> Theme Day</p> <p><b>Blue:</b> Activities with a low cost to them</p>	<p>Interested in playing Mahjong?? A group is looking to form here!</p>  <p>For more information or if interested please talk to Dawn!</p>	9- Cardio Drumming 10- Cardio Drumming 11- Shoot Pool 12- Shuffleboard 1:30- Pinball 2- Pac Man	8:45- Chair Yoga 9:30- Pepper 10- Creative Crafts 11- Zumba Gold 11:30- Blood Pressures <b>1- Legacy Living Senior Easter Egg Hunt</b> 1- Alzheimer's Group 3- Yoga-\$45/month	9- Cardio Drumming 9:30- Pepper <b>9:30- Easter brunch</b> 10- Tai Chi 11- Pinball
<b>Twinkie Day 06</b>	<b>07</b>	<b>08</b>	<b>09</b>	<b>Birthday Day 10</b>
9- Cardio Drumming 9:30- Pepper 10- Cardio Drumming 11- Scrabble <b>11:30- Twinkie Fun &amp; Snacks at Lunch</b> 12:30- Pie Bingo with Glennpark 2- Shuffle Board	8:45- Chair Yoga 9:30- Pepper 10- Bible Study 10- Tai Chi 11- Zumba Gold 12- Skipbo 2- Puzzles <b>3- Yoga-\$45/month</b>	9- Cardio Drumming 10- Cardio Drumming 11- Shoot Pool 12- Shuffleboard 1:30- Pinball 2- Pac Man 3- Line Dancing	8:45- Chair Yoga 9:30- Pepper 11- Zumba Gold 12- Puzzles 1- Shuffleboard 2- Shoot Pool <b>4:30 - April Evening Meal</b>	<b>9- Bowling at South 66 Lanes - Sign-up required</b> 9- Cardio Drumming 9:30- Pepper 10- Tai Chi 11- Pinball <b>11:30- Birthday Lunch</b> 12- Puzzles 2- Pacman
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>Cheeseball Day 17</b>
9- Cardio Drumming 9:30- Pepper 10- Cardio Drumming 11- Scrabble 12:30- Bingo with Grandview Agency 2- Shuffle Board	8:45- Chair Yoga 9:30- Pepper 10- Bible Study 10- Tai Chi 11- Zumba Gold 2- Puzzles <b>3- Yoga-\$45/month</b>	9- Cardio Drumming 10- Cardio Drumming 11- Shoot Pool 12- Shuffleboard 1:30- Pinball 2- Pac Man	<b>8:45- Movie Day</b> 8:45- Chair Yoga 9:30- Pepper 10:30- Blood Pressures 11- Zumba Gold 12:30- Bingo with Legacy Living 1:30- Creative Crafts <b>3- Yoga/ \$45 month</b>	9- Cardio Drumming 9:30- Pepper 10- Tai Chi 11- Pinball <b>11:30- Cheeseball Snacks at Lunch</b> 12- Puzzles 2- Pacman
<b>20</b>	<b>21</b>	<b>Earth Day 22</b>	<b>23</b>	<b>24</b>
9- Cardio Drumming 9:30- Pepper 10- Cardio Drumming 10:30- Euchre Tournament 12- Bingo with Kingsbury Place 2- Shuffleboard	8:45- Chair Yoga 9:30- Pepper <b>10- Spa Day</b> 10- Bible Study 10- Tai Chi 11- Zumba Gold 2- Puzzles <b>3- Yoga-\$45/month</b>	9- Cardio Drumming 10- Cardio Drumming 11- Shoot Pool 12- Shuffleboard <b>1- Commodity Pickup</b> 1:30- Pinball 2- Pac Man	8:45- Chair Yoga 9:30- Pepper 11- Zumba Gold 12:30- Bingo w/ Interim 1- Shuffleboard 2- Shoot Pool <b>3- Yoga/ \$45 month</b> <b>4- Senior Nite Out</b>	<b>9- Bowling at South 66 Lanes - Sign-up required</b> 9- Cardio Drumming 9:30- Pepper 10- Tai Chi 11- Pinball 12- Puzzles 2- Pacman
<b>27</b>	<b>28</b>	<b>Astronomy Day 29</b>	<b>30</b>	
9- Cardio Drumming 9:30- Pepper 10- Cardio Drumming 11- Penny Pitch with Meadows of Kalida 12:30 Bingo with Summit 60 2- Shuffle Board	<b>9- Firekeepers Casino</b> 8:45- Chair Yoga 9:30- Pepper 10- Bible Study 10- Tai Chi 11- Zumba Gold 2- Puzzles <b>3- Yoga-\$45/month</b>	9- Cardio Drumming 10- Cardio Drumming 11- Shoot Pool <b>11:30- Astronomy Trivia</b> 12- Shuffleboard 1:30- Pinball 2- Pac Man	8:45- Chair Yoga 9:30- Pepper 11- Zumba Gold 12:30- Bingo with Vancrest 1- Shuffleboard 2- Shoot Pool <b>3- Yoga/ \$45 month</b>	<p><b>Grocery Trips</b>  <b>Tuesdays 9am-10:30am</b></p> <p><b>Walmart- 4/1</b>  <b>Krogers-4/8</b>  <b>Meijer-4/15</b>  <b>Aldi-4/22</b>  <b>Walmart- 4/29</b></p>



# Easter Joke

**Where does the Easter Bunny Eat Breakfast?  
IHOP!**

"My goodness, Roberta, they're just adorable ... And what precious Easter outfits!"



## Picture This!

Ready to give your brain a little workout? These rebus puzzles use pictures, words, and clever arrangements to spell out a common phrase or saying.

The trick? Say what you see, and think outside the box! Can you crack the code? Take a guess! The answer's waiting for you at the bottom.

SAND SAND  
SAND SAND

Sandbox



Fortunate



Elbow

©LPi



### The Defiance County Veterans Office

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**OFFICE: 419-782-6861**  
**FAX: 419-782-6713**

📍 1300 E Second St., Suite 102, Defiance, OH

✉ veterans@defiancecounty.oh.gov

📘 Defiance County Ohio Veterans Office

**Veterans Crisis Hotline: 988 Press 1**  
**or text 838255**



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THS-9129-24

**Friday May 15, 2026**  
**5:00pm**  
**Eagles of Defiance**  
**TICKETS: \$25**

**ONE SHORT DAY IN EMERALD CITY**  
 Senior Gala 2026

We cordially invite our friends 60 years and up to enjoy an evening of food, fun & friends in Emerald City!

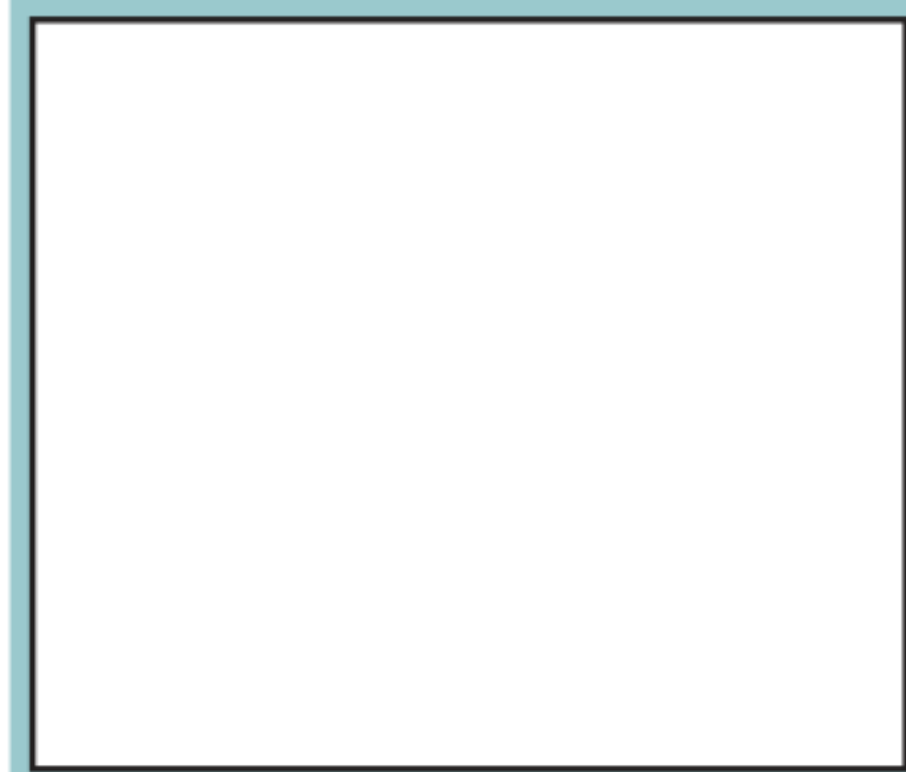
**Menu Includes:**  
 BBQ, Ribs, Smoked Chicken,  
 Pulled Pork, Baked Beans, Coleslaw,  
 Cornbread, Desserts & drinks.  
 Cash Bar Available!

**Entertainment By:**  
  
**SIERRA SHAME**

**LEGACY LIVING DEFANCE**  
**SENIOR**  
**EASTER EGG HUNT**  
 THURSDAY APRIL 2<sup>ND</sup>, 2025  
 1:00PM - 2:00PM

Join Legacy living here at Summit 60 In Defiance for an Easter Egg Hunt just for all of you kids at heart 60 years and better!

\*Cash Prizes \*Sweets \*Lease Incentives  
 \*Local Coupons and more!



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**Stephanie Wagner, RSSA**

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# Wellness & Resources

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## Senior Shredding Day Friday April 17<sup>th</sup>, 2026 10:00am - 1:00pm

All of our Defiance County Friends 60 years and better are invited to join us for an onsite shredding day. Bring in any tax, financial, medical or any other sensitive documents and have them professionally shredded and disposed of right here at Summit 60 Defiance!

140 E. Broadway St. - Defiance, OH

## Exercise Classes

### Cardio Drumming (Video Class)

9:00AM & 10:00am Mon. & Wed. | FREE  
9:00am Fri. | FREE

### Tai Chi (Video Class)

10:00am Tue & Fri. | FREE

### Zumba Gold (Instructed Class)

11:00am Tue. & Thurs. | FREE

### Chair Yoga Vitality (Video Class)

8:45am Tue. & Thurs. | FREE

### Afternoon Yoga (Instructed Class)

3:00pm Tue. & Thurs. | \$45 Monthly  
(Waitlist Only)

### Line Dancing (Instructed Class)

3:00pm Wed. April 15<sup>th</sup> | FREE

### Summit 60 Fitness Center

Daily 7:00am - 3:00pm | FREE



## Transportation

We offer transportation to doctors appointments, haircuts, medication pick-ups and more to anyone in Defiance County 60+!

**Suggested donation is only  
50¢ a mile!**

*\*Please note we do not turn away anyone who cannot afford the donation.*

We also offer transportation to and from Summit 60 Social Centers in Defiance & Hicksville!

**Give us a call and schedule today  
at 419-782-3233!**



## No Meals on Wheels Deliveries

Next Month, the Hicksville center will be closed & Defiance Center will be closed at noon & we will not be delivering Meals on Wheels on the following date:

**Friday, April 3<sup>rd</sup>**

In Observance of Good Friday. We will resume normal operations on Monday, April 6<sup>th</sup>.

Thank you for your understanding!

## Commodity Box Distribution

40lbs of Shelf Stable food & A 2lb Block of Cheese!

**Wednesday, April 22<sup>nd</sup>**

**Summit 60 - Defiance:**

1:00pm-2:30pm

**Summit 60 of Hicksville:**

12:30pm-2:00pm

This is a FREE program!

**First come, first serve.**

For an application please contact Sue at 419-782-3233!

**DCSS**

**140 E. Broadway St  
Defiance, OH 43512**

**Attn: Sue Weller**

**Please no pets at pick up, Thank you!**

## We want your ideas!

We have a lot more ideas for activities, trips and events in the works, but we want to know what you want! If you have any suggestions, please stop in for a chat or give us a call today at 419-782-3233!



# Summit 60 Social Center of Hicksville Activities

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Monday	Tuesday	Wednesday	Thursday	Friday
		<b>April Fools Day</b> 1	<b>Center Closed</b> 2	<b>Center Closed</b> 3
<p><b>KEY:</b></p> <p><b>Green:</b> Trip or Event</p> <p><b>Red:</b> Theme Day!</p> <p><b>Blue:</b> Activities with a low cost to them!</p>		9AM - Pinball 10AM - Puzzles 11AM - Bible Study 1PM: Cornhole		
<b>Twinkie Day</b> 6	<b>Center Closed</b> 7	8	<b>Center Closed</b> 9	<b>Birthday Day</b> 10
9AM - Skip-Bo & Rummy 10AM - Cozy Coloring 11AM - Music with AJ Swanson 1PM - Easter Egg Hunt		9AM - Pinball 10AM - Puzzles 11AM - Bible Study 1PM - Ping Ping Catch		9AM - Pinball 10AM - Pacman <b>11AM - Birthday Day / Lunch &amp; Learn with Heartland Hospice</b> 1PM - Chair Yoga
13	<b>Center Closed</b> 14	<b>Titanic Day</b> 15	<b>Center Closed</b> 16	<b>Cheeseball Day</b> 17
9AM - Skip-Bo & Rummy 10AM - Cozy Coloring 11AM - Spring Cleaning Race - Start! 1PM - BINGO with Vancrest of Hicksville		9AM - Pinball 10AM - Puzzles 11AM - Bible Study <b>1PM - A Titanic Tale</b>		9AM - Pinball 10AM - Pacman 11AM - Board Games 1PM - Penny Pitch
20	<b>Center Closed</b> 21	<b>Earth Day</b> 22	<b>Center Closed</b> 23	24
9AM - Skip-Bo & Rummy 10AM - Cozy Coloring 11AM - Bunny Toss 12:30PM - Mini Movie Day: The Secret Garden		9AM - Pinball 10AM - Puzzles 11AM - Bible Study <b>1PM - DIY Bird House</b>		9AM - Pinball 10AM - Pacman 11AM - Board Games 1PM - Chair Yoga
27	<b>Center Closed</b> 28	<b>Astronomy Day</b> 29	<b>Center Closed</b> 30	
9AM - Skip-Bo & Rummy 10AM - Cozy Coloring 11AM - April Shower Craft 1PM - BINGO		9AM - Pinball 10AM - Puzzles 11AM - Bible Study 11AM - Spring Cleaning Race - Finish <b>1PM - Celestial Trivia</b>		

# Recipe of the Month

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## Rhubarb Crunch

Yield: 12 servings

Prep: 15 minutes

Cook: 40 Minutes

### Directions

1. Preheat oven to 375 degrees F.  
Lightly grease a 9x13-inch baking dish.
2. In a large mixing bowl combine rhubarb, white sugar, and 3 tablespoons flour.  
Stir well and spread evenly into baking dish. Set aside.
3. In a large mixing bowl combine brown sugar, oats, and 1 1/2 cups flour. Stir well then cut in butter or margarine until mixture is crumbly. Sprinkle mixture over rhubarb layer.
4. Bake in preheated oven for 40 minutes.  
Serve hot or cold.



### Ingredients

- 3 cups diced rhubarb
- 1 cup white sugar
- 3 tablespoons all-purpose flour
- 1 cup packed light brown sugar
- 1 cup quick cooking oats
- 1 1/2 cups all-purpose flour
- 1 cup butter



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**Where else are you going to get a meal for just \$3?!**

The answer is nowhere! Suggested donations for our dine in lunches and Meals on Wheels are only \$3, but we can get you an even better deal!

**Purchase our 20 for \$50 Meal Deal Coupons & make each meal only \$2.50!**

*\*Please note that no patron, 60 years or better will be denied meals due to inability to pay.\**



**MEALS on WHEELS AMERICA**  
TOGETHER, WE CAN DELIVER.

**Did you know we are a national member of Meals on Wheels of America?**

If you or someone you know is interested in receiving our home delivered meals please give us a call at 419-782-3233.



**Make a reservation today!**

Lunch is served:

**Summit 60 of Defiance**  
**11:30am - 12:30pm, Mon - Fri**

**Summit 60 of Hicksville**  
**12:00pm, Mon, Wed, & Fri**

To best serve you, please call in no later than 8:00am the day of to help us accommodate all of our patrons!

Make a reservation in person or by calling us at 419-782-3233!

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<https://www.trustwellliving.com/senior-living/oh/defiance/kingsbury-place/>

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309 Latchaw Drive  
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# April

# 2026

## Home Delivered Meals 419 782-3321

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**Serving Sizes**

Entrée, Meat, & Casserole – 3oz./8oz.  
Vegetables, Fruit – ½ cup  
Bread, Bread Alternative – 1 Sliced 2oz.  
Milk – 8 oz. Served with every meal

Menu subject to change

**6**  
BBQ Pork Sandwich  
Cole Slaw  
Tater Tots  
Apple Crisp

**7**  
Mushroom Steak  
Mashed Potatoes  
Wax Beans  
Tropical Fruit  
Wheat Bread

**8**  
Taco Salad  
Bran Muffin  
Grapes

**9**  
Goulash  
Mixed Vegetables  
Cinnamon Applesauce  
Tossed Salad  
Garlic Bread

**10**  
B B Q Ribs  
Baked Beans  
Corn  
Apricots  
Wheat Bread  
Birthday Cake

**13**  
Philly Steak and Cheese Sandwich  
Three Bean Salad  
Oven Fries  
Peach Crisp

**14**  
Teriyaki Chicken  
Stir Fry Vegetables  
Asian Rice  
Banana  
Wheat Bread

**15**  
Chef Salad  
Craisins  
Orange Juice  
Apple Cinnamon Muffin

**16**  
Beef and Noodles  
Peas  
Carrots  
Pineapple  
Dinner Roll

**17**  
Baked Fish  
Cauliflower  
Stewed Tomatoes  
Fruit Cocktail  
Wheat Bread

**20**  
Grilled Chicken Sandwich  
Diced Potatoes  
Red Beets  
Apple Juice

**21**  
Chipped Beef Gravy  
Mashed Potatoes  
Winter Blend Vegetables  
Pineapple Tidbits  
Whole Wheat Bread

**22**  
Pepperoni Pizza  
Broccoli  
Tossed Salad  
Cherry Crisp  
Garlic Knots

**23**  
Ham  
Au gratin Potatoes  
Steamed Cabbage  
Apple Slices  
Dinner Roll

**24**  
Baked Potato with Broccoli Cheese Sauce  
V8 Juice  
Baked Apples

**27**  
Mushroom Swiss Burger  
Succotash  
Oven Fries  
Tropical Fruit

**28**  
Sweet and Sour Chicken  
Brown Rice  
Oriental Vegetables  
Banana  
Egg Roll

**29**  
Chicken and Bacon Salad  
Craisins  
Pineapple Juice  
Blueberry Muffin

**30**  
Country Fried Steak  
Mashed Potatoes  
Brussel Sprouts  
Orange  
Dinner Roll

**News**

Home delivered meals must be consumed within 30 minutes of delivery or refrigerated and reheated at 350 degrees for 15 minutes

The following major food allergens may be used as ingredients:

Milk, Egg, Fish, Crustacean Shellfish  
Tree Nuts, Peanuts, Wheat, Soy, Sesame

To cancel a meal, or inquire about ingredients, please call

Ginny  
419 782-3321



**Defiance County  
SENIOR SERVICES**

140 E. Broadway St.  
Defiance, OH 43512



**Follow us on Facebook at  
Summit 60 Social Center & Defiance County Senior Services**

**We are here for you, give us a call today!**

**Nick Wichman**

*Director*

(419) 782-3232

**Jessica Osborn**

*Business Manager*

(419) 783-4850

**Lexie McKeen, LPN**

*Client Resource Specialist*

(419) 783-4812

**Ginny Wiseman**

*Nutrition Manager*

(419) 782-3321

**Jennifer Nelson**

*Community Outreach Manager*

(419) 782-3233

**Sue Weller**

*Client Concierge &  
Commodities Coordinator*

**Dawn Knox**

*Activities Coordinator*

**Penny Cryer**

*Custodian*

**Suzy Mack**

*Staff Assistant*

**Karlee Harris**

*Site Assistant (Hicksville)*



Defiance County  
SENIOR SERVICES



SUMMIT 60  
Social Center

**Summit 60 Social Center &  
Senior Services Main Line:**

**(419) 782-3233**

**Summit 60 of Hicksville:**

**(419) 769-8046**

**Kitchen Team:**

Sandy Kaufman, Deb Vajen,  
Diane Bok, Chris Waxler

**Meals on Wheels Team:**

Mike Rychener, Vicky Healy,  
Karen Fitzwater, Mike Imber,  
Isaiah Almanza, Dean Wiles,  
Kevin Beyer, Tom Nicely,  
Edna Dix

**Transportation Team:**

Dennis Scott, Oline Hill,  
Don Heffner, Jamie Palczewski

**Funding Sources for Defiance County Senior Services:**

*Our Senior Services Tax Levy, Area Office on Aging, Defiance County Senior Services Auxiliary Board, Defiance County Commissioners, and generous donations from patrons like you!*

**Thank you for your continued support!**