January 2020 Defiance

For more information contact Dawn @ 419-782-3233

Mon	Tue	Wed	Thu	Fri
		1 Closed 	**2** 9:30 Cards 10 Stretch Band 10 Bible Study 10 Zumba 12:30 Bingo with Brookview 12:30 Shop at Meijer 1:30 Alzheimer's Support Group 4 Yoga	3 9:30 Cards 10 Tai Chi 10 Crafts 11:30 Birthday Lunch w/ AmeriCare
6 10 Zumba 10 Crochet & knitting bee 3 Yoga	7 10 Tai Chi 10 Bible Study 4 Yoga	8 9:30 Cards 10 Blood Pressures by AllCaring 10 Crafts 12:30 Shop at Kroger	9 9:30 Cards 10 Stretch Band 10 Bible Study 10 Zumba 12:30 BINGO with Van Crest 12:30 Shop at Meijer 4 Yoga	10 9:30 Cards 10 Crafts 10 Tai Chi
13 10 Zumba 12:30 BINGO with Kingsbury 3 Yoga	14 10 Tai Chi 10 Bible Study 4 Seniors Night out at Cracker Barrel in Ft. Wayne 4 Yoga	15 9:30 Cards 10 Crafts 12:30 Shop at Kroger	16 9:30 Cards 10 Zumba 10 Bible Study 10 Stretch Band 10:45 B/P checks w/ CHP 12:30 Bingo w/ SKLD 12:30 shop at Meijer 4 Yoga	17 9:30 Cards 10 Crafts 10 Tai Chi
20 **Closed Martin Luther King Holiday**	20 10 Tai Chi 10 Bible Study 4 Yoga	22 9:30 Cards 10 Crafts 12:30 Shop at Kroger 1:00-2:30 Food Box Pick up	23 9:30 Cards 10 Stretch Band 10 Bible Study 10 Zumba 12:30 Shop at Meijer 4 Yoga	24 9:30 Cards 10 Crafts 10 Tai Chi
27 10 Zumba 10 Nails & Tails with Dawn for SKLD 12:30 Bingo with Dawn from Senior Services 3 Yoga	28 10 Tai Chi 10 Bible Study 4 Yoga	29 9:30 Cards 10 Crafts 12:30 Shop at Kroger	30 9:30 Cards 10 Stretch Band 10 Bible Study 10 Zumba 12:30 Shop at Meijer 4 Yoga	31 9:30 Cards 10 Crafts 10 Tai Chi