



Summit Sentinel

Monthly Newsletter

January 2026 Edition

Summit 60 Social Center & Senior Services Headquarters

140 E. Broadway St.
Defiance, OH 43512
Phone: 419-782-3233
Monday—Friday
7:00am—3:00pm

Summit 60 Social Center of Hicksville

708 E. High St.
Hicksville, OH 43526
Phone: 419-769-8046
Monday, Wednesday & Friday
9:00am—2:00pm

2026

Event Sponsors

Thank you to this years event sponsors, with your support we are able to bring great events to the seniors of Defiance County!

Event Sponsors:

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Interested in becoming an event sponsor? Please contact
Jennifer Nelson at
419-769-8046



Special Events & Trips with Summit 60

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Winter Luncheon

Wed. January 7th | 11:30 am

Summit 60 - Defiance | \$10 Tickets

See to the right to more details.

Senior Nite Out

Tues. January 13th | 4:00pm

Edgerton, OH | \$5 Transportation

Join us for a night with good friends and great food, as we head on over to Rita's Family Dining in Edgerton!

Spa Day

Tues. January 20th | 8:30 am

Archbold, OH | \$5 Transportation

Looking for a way to relax? Join us for spa day at Four County Career Center for all your pampering needs and lunch together at The Barn!

Pricing available ahead of time at both centers!

Lunch and Learns

Mon. January 5th | 11:30am

Wed. January 21st | 11:30am

Summit 60 - Defiance | \$3 Suggested

Join us for 2 lunch and learns: Chris Yoder with Defiance Area Foundation on January 5th & Dan Schaffer for Vital ICE January 21st

Mystery Lunch

Tues. January 27th | 10:45am

????? | FREE Transportation

Don't stress about where to eat, we will decide for you! Join your friends for a mystery lunch. Free Transportation

Day at the Movies

Fri. January 30th | 8:45am

Sponsored by Kingsbury Place

Join friends for a movie, popcorn and pop at Phoenix Theater in Defiance. The 1st 24 people signed up are free, only \$12 for anyone after.

Soup-er Bowl Party

Thurs. February 5th | 4:30pm

Summit 60- Defiance | FREE

See to the right for more details.

Calendar of EVENTS

How to make Trip & Event Reservations

We love seeing all of you excited for our events and trips!

To best serve everyone fairly, we have set up the following guidelines:

- 1- Reservations can only be made after 9am on the 1st Monday of the month. Unless another date is noted in the newsletter
- 2- We are only accepting in person reservations at both centers with no more than 2 tickets per person at a time.
- 3- Non-refundable fee/ticket must be paid in order to reserve a spot.

If you are driving yourself, you must still make your reservations with us, as we can only accommodate a set amount.

Thank you for your understanding & lets have some fun!!



Summit 60 Social Center of Defiance Activities

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Monday	Tuesday	Wednesday	Thursday	Friday
			Center Closed 1	Birthday Day! 2
KEY: Green: Trip or Event Red: Theme Day Blue: Activities with a low cost to them	<u>Grocery Trips</u> <u>Tuesdays 9am-10:30am</u> Walmart-1/6 Krogers-1/13 Meijer-1/20 Aldi-1/27			9- Cardio Drumming 9:30- Pepper 10- Tai Chi 11- Pinball 11:30- Birthday Lunch 12- Puzzles 2- Shooting Pool
5	6	No Gym Exercises Today 7	8	9
9- Cardio Drumming 9:30- Pepper 10- Cardio Drumming 11:30- Lunch & Learn w/ Defiance Area Foundation 12- Puzzles 12:30- Pie Bingo with GlennPark 2- Shuffleboard	9- Chair Yoga 9:30- Pepper 10- Bible Study 10- Tai Chi 11- Zumba - Free 2- Puzzles 3- Yoga-\$45/month	11- Shoot Pool 11:30- Winter Party Luncheon 12:30- Shuffleboard 1:30- Pinball 2- Pac Man	9- Chair Yoga 9:30- Pepper 10:30 Creative Crafts 11- Zumba- Free 12- Puzzles 1- Alzheimer's Support 2- Shoot Pool 3- Yoga/ \$45 month	9- Cardio Drumming 9:30- Pepper 10- Tai Chi 11- Pinball 12- Puzzles 2- Pac Man
12	13	International Kite Day 14	15	16
9- Cardio Drumming 9:30- Pepper 10- Cardio Drumming 10:30- Euchre Tournament 11- Scrabble 12- Puzzles 2- Shuffleboard	9- Chair Yoga 9:30- Pepper 10- Bible Study 10- Tai Chi 11- Zumba - Free 2- Puzzles 3- Yoga-\$45/month 4- Senior's Nite Out	9- Cardio Drumming 10- Cardio Drumming 11- Shoot Pool 12:30- Mary Poppins Movie with Popcorn 2- Pac Man 3- Line Dancing/ Free	9- Chair Yoga 9:30- Pepper 10:30- Blood Pressures 11- Zumba/ Free 12:30 Bingo with Legacy Living Defiance 2- Shuffleboard 3- Yoga/ \$45 month	9- Cardio Drumming 9:30- Pepper 10- Tai Chi 11- Pinball 12- Puzzles 2- Shooting Pool
Center Closed 19	20	Silly Sock Day 21	22	23
	8:30- Spa Day 9- Chair Yoga 9:30- Pepper 10- Bible Study 10- Tai Chi 11- Zumba/ Free 2- Puzzles 3- Yoga-\$45/month	9- Cardio Drumming 10- Cardio Drumming 11- Shoot Pool 11:30- Lunch & Learn with Dan Schaffer for Vital ICE 12- Best Silly Sock Contest - Prizes for the winner! 1:30- Pinball 2- Pac Man	9- Chair Yoga 9:30- Pepper 11- Zumba/ Free 12:30 Bingo with Grandview Agency 1:30- Shuffleboard 3- Yoga/ \$45 month	9- Cardio Drumming 9:30- Pepper 10- Tai Chi 11- Pinball 12- Puzzles 2- Shooting Pool
26	27	Lego Day 28	29	30
9- Cardio Drumming 9:30- Pepper 10- Cardio Drumming 11- Penny Pitch with Meadows of Kalida 12:30 Pie Bingo with Summit 60 2- Shuffleboard	9- Chair Yoga 9:30- Pepper 10- Bible Study 10- Tai Chi 10:45- Mystery Lunch - FREE 11- Zumba/ Free 2- Puzzles 3- Yoga-\$45/month	9- Cardio Drumming 10- Cardio Drumming 11- Lego Team Building Competition 12- Shuffleboard 1:30- Pinball 2- Pac Man	9- Chair Yoga 9:30- Pepper 11- Zumba/ Free 12:30 Bingo with Interim 1- Shuffleboard 2- Shoot Pool 3- Yoga/ \$45 month	8:45- Movie Day 9- Cardio Drumming 9:30- Pepper 10- Tai Chi 11- Pinball 12- Puzzles 2- Shooting Pool

Sudoku Puzzles

	1	2	7	5	3	6		9
9	4			8	2	1	7	5
6		5	4		1		8	
1		4	2	3		8	9	6
3	6	9	8				2	1
	8	7		6	9	5		4
	2		9	7	4	3		
4	3			2	6	9		7
7		6	3	1			5	2

5	3	2	9	8		7		6
	1	9	5	6	2	8	7	
8		7	6	3		1	5	4
1	9	6	3		8		2	
6	4		7	2	5		9	1
7	6		2		3	5	4	
	8	5		7	1		6	9
9		3		4	7	6		2
2	7	4		1		9	3	5



HOW DO MOUNTAINS STAY
WARM IN THE WINTER?
THEY PUT ON SNOWCAPS.



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OFFICE: 419-782-6861
FAX: 419-782-6713

📍 1300 E Second St., Suite 102, Defiance, OH

✉ veterans@defiancecounty.oh.gov

📘 Defiance County Ohio Veterans Office

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THS-9129-24



Cardio Drumming (Video Class)

9:00AM & 10:00am Mon & Wed | FREE

9:00am Fri. | FREE

Tai Chi (Video Class)

10:00am Tue & Fri | FREE

Zumba Gold (Instructed Class)

11:00am Tue & Fri | FREE

Yoga Vitality Chair Yoga (Video Class)

9:00am Tue & Thurs. | FREE

Afternoon Yoga (Instructed Class)

3:00pm Tue & Thurs. | \$45 Monthly

(Waitlist Only)

Line Dancing (Instructed Class)

3:00pm Wed. January 14th | FREE

The Summit 60 Fitness Center

Daily 7:00am - 3:00pm | FREE

YOGA VITALITY

Chair Yoga For Healthy Aging



FREE!

Join us every Tuesday & Thursday at 9:00am for this free Chair Exercise & Yoga Class. Built for every skill level!



Donna Baldwin Broker
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Stephanie Wagner, RSSA

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Services & Resources

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SUMMIT 60 ON THE MOVE CREW

2026 CHALLENGE IS HERE

STOP BY THE DEFIANCE CENTER AND PICK UP YOUR 2026 WORKOUT CALENDAR. EACH DAY YOU COMPLETE ONE HOUR OR MORE OF EXERCISE, SIMPLY COLOR IN THAT DATE ON YOUR CALENDAR.

AT THE END OF THE YEAR, RETURN YOUR COMPLETED CALENDAR TO US FOR A CHANCE TO BE ENTERED INTO OUR YEAR-END PRIZE DRAWING!

LET'S STAY ACTIVE TOGETHER IN 2026 —EVERY DAY COUNTS!



No Meals On Wheels

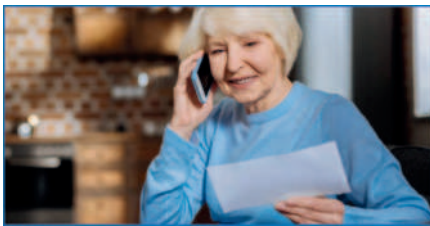
Both centers will be closed, & we will not be delivering Meals on Wheels on the following dates:

Thursday, January 1st

In observance of New Years Day. We will resume normal operations on Friday, January 2nd.

Monday, January 19th

In observance of Martin Luther King Jr. Day. We will resume normal operations on Tuesday, January 20th



Need to cancel your Meals on Wheels?

Did you have an appointment that ran over, spur of the moment trip with friends, or just not going to be home today? Please give Ginny in our kitchen a call as soon as possible so we can take you off our delivery route that day at 419-782-3321!



Transportation

We offer transportation to doctors appointments, haircuts, medication pick-ups and more to anyone in Defiance County 60+!

Suggested donation is only 50¢ a mile!

**Please note we do not turn away anyone who cannot afford the donation.*

We also offer transportation to and from Summit 60 Social Centers in Defiance & Hicksville!

Give us a call and schedule today at 419-782-3233!

Commodity Box Distribution

40lbs of Shelf Stable food & Cheese!

Wednesday, January 28th

Summit 60 - Defiance:
1:00pm-2:30pm

Summit 60 of Hicksville:
12:30pm-2:00pm

This is a FREE program!
First come, first serve.

For an application please contact Sue at 419-782-3233!

DCSS
140 E. Broadway St
Defiance, OH 43512
Attn: Sue Weller

Please no pets at pick up, Thank you!

We want your ideas!

We have a lot more ideas for activities, trips and events in the works, but we want to know what you want! If you have any suggestions, please stop in for a chat or give us a call today at 419-782-3233!

Summit 60 Social Center of Hicksville Activities

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Monday	Tuesday	Wednesday	Thursday	Friday
			Center Closed 1	Birthday Day 2
KEY: Green: Trip or Event Red: Theme Day! Blue: Activities with a low cost to them!				9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Euchre 12PM - Birthday Lunch 1PM - Penny Pitch
5	Center Closed 6	Center Closed 7	Center Closed 8	9
9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM: Blood Pressure 1PM -Chair Yoga Bingo		Transportation Available to the Winter Party at Summit 60 Defiance!		9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Q&A with Hicksville Mayor Mike Barth 1PM - Board Games
12	Center Closed 11	International Kite Day 14	Center Closed 15	16
9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM: Snowflake Crafts 1PM - BINGO with Vancrest of Hicksville		9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Lunch & Learn with Church Funerals Direct (new date) 1PM - Craft & Learn- Japanese Kites		9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Cozy Tea Sampling 1PM - Snowball Toss
Center Closed 19	Center Closed 20	Center Closed until 11am Silly Sock Day 21	Center Closed 22	23
		8:30AM - Coffee & Cards at Magpies 11AM - SRP (Skip-Bo/Rummy/Puzzles) 1PM - Silly Sock Contest		9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Beat the Winter Blues Tropical Party! 1PM - Virtual Vacation- Cancun!
26	Center Closed 27	Lego Day 28	Center Closed 29	30
9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM: Blood Pressure 1PM - Puzzle Race		9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Lego History Mini Documentary 1PM - Lego Team Building Contest		9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Fact or Crap 1PM - Board Games

Crockpot Chicken Noodle Soup

Yield: 12 servings (3 quarts)

Prep: 20 min

Cook: 5 hours 30 min

Ingredients

- 12 fresh baby carrots, cut into 1/2-inch pieces
- 4 celery ribs, cut into 1/2-inch pieces
- 3/4 cup finely chopped onion
- 1 tablespoon minced fresh parsley
- 1/2 teaspoon pepper
- 1/4 teaspoon cayenne pepper
- 1-1/2 teaspoons mustard seed
- 2 garlic cloves, peeled and halved
- 1-1/4 pounds boneless skinless chicken breast halves
- 1-1/4 pounds boneless skinless chicken thighs
- 4 cans (14-1/2 ounces each) chicken broth
- 1 package (9 ounces) refrigerated linguine
- Optional: Pepper & additional minced fresh parsley



Directions

1. In a 5-qt. slow cooker, combine the first 6 ingredients. Place mustard seed and garlic on a double thickness of cheesecloth; bring up corners of cloth and tie with kitchen string to form a bag. Place in slow cooker. Add chicken and broth. Cover and cook on low 5-6 hours or until meat is tender.
2. Discard spice bag. Remove chicken; cool slightly. Stir linguine into soup; cover and cook on high until pasta is tender, about 30 minutes longer. Cut chicken into pieces and return to soup, heat through. If desired, sprinkle with pepper and additional parsley.

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Where else are you going to get a meal for just \$3?!

The answer is nowhere! Suggested donations for our dine in lunches and Meals on Wheels are only \$3, but we can get you an even better deal!

Purchase our 20 for \$50 Meal Deal Coupons & make each meal only \$2.50!

Please note that no patron, 60 years or better will be denied meals due to inability to pay



Did you know we are a national member of Meals on Wheels of America?

If you or someone you know is interested in receiving our home delivered meals please give us a call at 419-782-3233.



Make a reservation today!

Lunch is served:

Summit 60 of Defiance
11:30am - 12:30pm, Mon - Fri

Summit 60 of Hicksville
12:00pm, Mon, Wed, & Fri

To best serve you, please call in no later than 8:00am the day of to help us accommodate all of our patrons!

Make a reservation in person or by calling us at 419-782-3233!



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14-1829

January

2026

Home Delivered Meals 419 782-3321

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

News

Home delivered meals must be consumed within 30 minutes of delivery or refrigerated and reheated at 350 degrees for 15 minutes

The following major food allergens may be used as ingredients:

Milk, Egg, Fish, Crustacean Shellfish Treeanuts, Peanuts, Wheat, Soy, Sesame

To cancel a meal, or inquire about ingredients, please call

Ginny
419 782-3321

Closed 1 for New Years Day

Salsbury Steak 2
Au gratin Potatoes
Creamed Corn
Pears
Birthday Cake
Wheat Bread

Hot Beef Sandwich 5

Potato Wedges
Cauliflower with Cheese
Sauce
Grape Juice

Sweet and Sour Chicken 6

Oriental Blend
Vegetables
Brown Rice
Banana
Wheat Bread

Meat Loaf 7

Cheesy Mashed Potatoes
Glazed Carrots
Cherry Crisp
Dinner Roll

Fish Sandwich 8

Tater Tots
Spinach
Mixed Fruit

Chicken and Noodles 9

Broccoli Normandy
Cole Slaw
Baked Apples
Dinner Roll

BBQ Pulled Pork 12

Sandwich
Sweet Potato Fries
Coleslaw
Fruit Cocktail

Hamburger Gravy 13

Mashed Potatoes
3 Bean Salad
Peach Crisp
Dinner Roll

Ham and Bean Soup 14

Tossed Salad
Cinnamon Applesauce
Corn Bread

Chicken Parmesan 15

Broccoli
Wax Beans
Orange Juice
Garlic Bread

BBQ Ribs 16

Baked Beans
Garlic Mashed Potatoes
Pineapple
Dinner Roll

Closed 19

Martin Luther King Day

Grilled Chicken Breast 20

Sandwich
Steamed Cabbage
Brown Bean Salad
Grapes

Potato Soup 21

Cottage Cheese
Diced Peaches
Carrot Raisin Salad

Mushroom Steak 22

Buttered Noodles
Harvard Beets
Tangerine
Pineapple Juice
Dinner Roll

Baked Chicken 23

Carrots
Peas and Pearl Onions
Tropical Fruit
Dinner Roll

Cheeseburger 26

Oven Fries
Green Beans
Apple Juice

Pork Chop 27

Lima Beans
Corn
Ambrosia Salad
Wheat Bread

Chili 28

Peanut Butter and Jelly Sandwich
Tossed Salad
Apple

Chicken Fettuccini Alfredo 29

Brussel Sprouts
V8 Juice
Blueberry Crisp
Bread Stick

Goulash 30

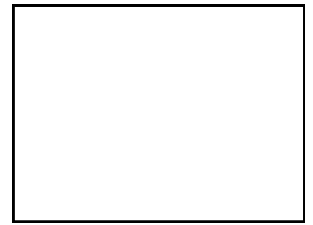
Mixed Vegetables
Cinnamon Applesauce
Cole Slaw
Garlic Bread



**Defiance County
SENIOR SERVICES**

140 E. Broadway St.
Defiance, OH 43512

JANUARY



ollow us on Facebook at

Summit 60 Social Center & Defiance County Senior Services

We are here for you, give us a call today!

Nick Wichman

Director

(419) 782-3232

Jessica Osborn

Business Manager

(419) 783-4850

Lexie McKeen, LPN

Client Resource Specialist

(419) 783-4812

Ginny Wiseman

Nutrition Manager

(419) 782-3321

Jennifer Nelson

Community Outreach Manager

(419) 782-3233

Sue Weller

*Client Concierge &
Commodities Coordinator*

Dawn Knox

Activities Coordinator

Penny Cryer

Custodian

Suzy Mack

Staff Assistant

Karlee Harris

Site Assistant (Hicksville)



Defiance County
SENIOR SERVICES



SUMMIT 60
Social Center

**Summit 60 Social Center &
Senior Services Main Line:**

(419) 782-3233

Summit 60 of Hicksville:

(419) 769-8046

Kitchen Team:

Sandy Kaufman, Deb Vajen,
Diane Bok, Chris Waxler

Meals on Wheels Team:

Mike Rychener, Vicky Healy,
Karen Fitzwater, Mike Imber,
Isaiah Almanza, Dean Wiles,
Kevin Beyer, Tom Nicely,
Edna Dix

Transportation Team:

Dennis Scott, Keith
Ashbacher, Oline Hill,
Don Heffner

Funding Sources for Defiance County Senior Services:

Our Senior Services Tax Levy, Area Office on Aging, Defiance County Senior Services Auxiliary Board, Defiance County Commissioners, and generous donations from patrons like you!

Thank you for your continued support!