



Summit Sentinel

Monthly Newsletter

January 2026 Edition

Summit 60 Social Center & Senior Services Headquarters

140 E. Broadway St.
Defiance, OH 43512
Phone: 419-782-3233
Monday—Friday
7:00am—3:00pm

Summit 60 Social Center of Hicksville

708 E. High St.
Hicksville, OH 43526
Phone: 419-769-8046
Monday, Wednesday & Friday
9:00am—2:00pm

2026 Event Sponsors

Thank you to this years event sponsors, with your support we are able to bring great events to the seniors of Defiance County!

Event Sponsors:

Peter & Maureen Kennerk
Eagles Aerie 2556 - Hicksville
B&B Molded Products
REMAX of Defiance

Interested in becoming an event sponsor? Please contact Jennifer Nelson at 419-769-8046



Special Events & Trips with Summit 60

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Winter Luncheon

Wed. January 7th | 11:30 am

Summit 60 - Defiance | \$10 Tickets

See to the right to more details.

Senior Nite Out

Tues. January 13th | 4:00pm

Edgerton, OH | \$5 Transportation

Join us for a night with good friends and great food, as we head on over to Rita's Family Dining in Edgerton!

Spa Day

Tues. January 20th | 8:30 am

Archbold, OH | \$5 Transportation

Looking for a way to relax? Join us for spa day at Four County Career Center for all your pampering needs and lunch together at The Barn!

Pricing available ahead of time at both centers!

Lunch and Learns

Mon. January 5th | 11:30am

Wed. January 21st | 11:30am

Summit 60 - Defiance | \$3 Suggested

Join us for 2 lunch and learns:
Chris Yoder with Defiance Area Foundation on January 5th & Dan Schaffer for Vital ICE January 21st

Mystery Lunch

Tues. January 27th | 10:45am

????? |FREE Transportation

Don't stress about where to eat, we will decide for you! Join your friends for a mystery lunch. Free Transportation

Day at the Movies

Fri. January 30th | 8:45am

Sponsored by Kingsbury Place

Join friends for a movie, popcorn and pop at Phoenix Theater in Defiance. The 1st 24 people signed up are free, only \$12 for anyone after.

Soup-er Bowl Party

Thurs. February 5th | 4:30pm

Summit 60- Defiance | FREE

See to the right for more details.

Calendar of EVENTS

How to make Trip & Event Reservations

We love seeing all of you excited for our events and trips!

To best serve everyone fairly, we have set up the following guidelines:

1- Reservations can only be made after 9am on the 1st Monday of the month.

Unless another date is noted in the newsletter

2- We are only accepting in person reservations at both centers with no more than 2 tickets per person at a time.

3- Non-refundable fee/ticket must be paid in order to reserve a spot.

If you are driving yourself, you must still make your reservations with us, as we can only accommodate a set amount.

Thank you for your understanding & lets have some fun!!



Summit 60 Social Center of Defiance Activities

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Monday	Tuesday	Wednesday	Thursday	Friday
			Center Closed	1 Birthday Day! 2
KEY: Green: Trip or Event Red: Theme Day Blue: Activities with a low cost to them	Grocery Trips <u>Tuesdays 9am-10:30am</u> Walmart-1/6 Krogers-1/13 Meijer-1/20 Aldi-1/27			9- Cardio Drumming 9:30- Pepper 10- Tai Chi 11- Pinball 11:30- Birthday Lunch 12-Puzzles 2- Shooting Pool
5	6 No Gym Exercises Today 7		8	9
9- Cardio Drumming 9:30- Pepper 10-Cardio Drumming 11:30- Lunch & Learn w/ Defiance Area Foundation 12- Puzzles 12:30- Pie Bingo with GlennPark 2- Shuffleboard	9- Chair Yoga 9:30- Pepper 10-Bible Study 10- Tai Chi 11- Zumba - Free 2- Puzzles 3- Yoga-\$45/month	11- Shoot Pool 11:30- Winter Party Luncheon 12:30- Shuffleboard 1:30- Pinball 2- Pac Man	9- Chair Yoga 9:30-Pepper 10:30 Creative Crafts 11-Zumba- Free 12- Puzzles 1- Alzheimer's Support 2- Shoot Pool 3- Yoga/ \$45 month	9- Cardio Drumming 9:30- Pepper 10- Tai Chi 11- Pinball 12-Puzzles 2- Pac Man
12	13 International Kite Day 14		15	16
9- Cardio Drumming 9:30- Pepper 10-Cardio Drumming 10:30- Euchre Tournament 11- Scrabble 12- Puzzles 2- Shuffleboard	9- Chair Yoga 9:30- Pepper 10-Bible Study 10- Tai Chi 11- Zumba - Free 2- Puzzles 3- Yoga-\$45/month 4- Senior's Nite Out	9- Cardio Drumming 10-Cardio Drumming 11- Shoot Pool 12:30- Mary Poppins Movie with Popcorn 2- Pac Man 3-Line Dancing/ Free	9- Chair Yoga 9:30-Pepper 10:30- Blood Pressures 11-Zumba/ Free 12:30 Bingo with Legacy Living Defiance 2- Shuffleboard 3- Yoga/ \$45 month	9- Cardio Drumming 9:30 Pepper 10- Tai Chi 11- Pinball 12-Puzzles 2- Shooting Pool
Center Closed	19	20 Silly Sock Day	21	22
	8:30- Spa Day 9- Chair Yoga 9:30- Pepper 10-Bible Study 10- Tai Chi 11- Zumba/ Free 2- Puzzles 3- Yoga-\$45/month	9- Cardio Drumming 10-Cardio Drumming 11- Shoot Pool 11:30-Lunch & Learn with Dan Schaffer for Vital ICE 12- Best Silly Sock Contest - Prizes for the winner! 1:30- Pinball 2- Pac Man	9- Chair Yoga 9:30-Pepper 11-Zumba/ Free 12:30 Bingo with Grandview Agency 1:30- Shuffleboard 3- Yoga/ \$45 month	9- Cardio Drumming 9:30- Pepper 10- Tai Chi 11- Pinball 12-Puzzles 2- Shooting Pool
26	27 Lego Day	28	29	30
9- Cardio Drumming 9:30- Pepper 10-Cardio Drumming 11- Penny Pitch with Meadows of Kalida 12:30 Pie Bingo with Summit 60 2- Shuffleboard	9- Chair Yoga 9:30- Pepper 10-Bible Study 10- Tai Chi 10:45- Mystery Lunch - FREE 11- Zumba/ Free 2- Puzzles 3- Yoga-\$45/month	9- Cardio Drumming 10-Cardio Drumming 11- Lego Team Building Competition 12- Shuffleboard 1:30- Pinball 2- Pac Man	9- Chair Yoga 9:30-Pepper 11-Zumba/ Free 12:30 Bingo with Interim 1- Shuffleboard 2- Shoot Pool 3- Yoga/ \$45 month	8:45- Movie Day 9- Cardio Drumming 9:30- Pepper 10- Tai Chi 11- Pinball 12-Puzzles 2- Shooting Pool

Fun & Games

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Sudoku Puzzles

	1	2	7	5	3	6		9
9	4			8	2	1	7	5
6		5	4		1		8	
1		4	2	3		8	9	6
3	6	9	8			2	1	
	8	7		6	9	5		4
	2		9	7	4	3		
4	3			2	6	9		7
7		6	3	1			5	2

5	3	2	9	8		7		6
	1	9	5	6	2	8	7	
8		7	6	3		1	5	4
1	9	6	3		8		2	
6	4		7	2	5		9	1
7	6		2		3	5	4	
	8	5		7	1		6	9
9		3		4	7	6		2
2	7	4		1		9	3	5

**HOW DO MOUNTAINS STAY
WARM IN THE WINTER?
THEY PUT ON SNOWCAPS.**



The Defiance County Veterans Office
WE CONNECT VETERANS TO BENEFITS

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VA TRANSPORTATION, EMERGENCY ASSISTANCE

OFFICE: 419-782-6861
FAX: 419-782-6713

1300 E Second St., Suite 102, Defiance, OH

veterans@defiancecounty.oh.gov

Defiance County Ohio Veterans Office

**Veterans Crisis Hotline: 988 Press 1
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THS-9129-24



For ad info. call 1-800-477-4574 • www.4lpi.com

14-1829

**Cardio Drumming (Video Class)**9:00AM & 10:00am Mon & Wed | **FREE**9:00am Fri. | **FREE****Tai Chi (Video Class)**10:00am Tue & Fri | **FREE****Zumba Gold (Instructed Class)**11:00am Tue & Fri | **FREE****Yoga Vitality Chair Yoga (Video Class)**9:00am Tue & Thurs. | **FREE****Afternoon Yoga (Instructed Class)**3:00pm Tue & Thurs. | \$45 Monthly
(Waitlist Only)**Line Dancing (Instructed Class)**3:00pm Wed. January 14th | **FREE****The Summit 60 Fitness Center**Daily 7:00am - 3:00pm | **FREE**

YOGA VITALITY

Chair Yoga For Healthy Aging



Join us every
Tuesday &
Thursday at
9:00am for
this free
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& Yoga Class.
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skill level!!



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SUPPORT OUR ADVERTISERS!

Services & Resources

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SUMMIT 60 ON THE MOVE CREW

2026 CHALLENGE IS HERE

STOP BY THE DEFIANCE CENTER AND PICK UP YOUR 2026 WORKOUT CALENDAR.

EACH DAY YOU COMPLETE ONE HOUR OR MORE OF EXERCISE, SIMPLY COLOR IN THAT DATE ON YOUR CALENDAR.

AT THE END OF THE YEAR, RETURN YOUR COMPLETED CALENDAR TO US FOR A CHANCE TO BE ENTERED INTO OUR YEAR-END PRIZE DRAWING!

LET'S STAY ACTIVE TOGETHER IN 2026 —EVERY DAY COUNTS!



Need to cancel your Meals on Wheels?

Did you have an appointment that ran over, spur of the moment trip with friends, or just not going to be home today? Please give Ginny in our kitchen a call as soon as possible so we can take you off our delivery route that day at 419-782-3321!



Transportation

We offer transportation to doctors appointments, haircuts, medication pick-ups and more to anyone in Defiance County 60+!

Suggested donation is only 50¢ a mile!

*Please note we do not turn away anyone who cannot afford the donation.

We also offer transportation to and from Summit 60 Social Centers in Defiance & Hicksville!

Give us a call and schedule today at 419-782-3233!



No Meals On Wheels

Both centers will be closed, & we will not be delivering Meals on Wheels on the following dates:

Thursday, January 1st

In observance of New Years Day. We will resume normal operations on Friday, January 2nd.

Monday, January 19th

In observance of Martin Luther King Jr. Day. We will resume normal operations on Tuesday, January 20th

Commodity Box Distribution

40lbs of Shelf Stable food & Cheese!

Wednesday, January 28th

Summit 60 - Defiance:
1:00pm-2:30pm

Summit 60 of Hicksville:
12:30pm-2:00pm

This is a FREE program!
First come, first serve.
For an application please contact Sue at 419-782-3233!

DCSS
140 E. Broadway St
Defiance, OH 43512
Attn: Sue Weller

Please no pets at pick up, Thank you!

We want your ideas!

We have a lot more ideas for activities, trips and events in the works, but we want to know what you want! If you have any suggestions, please stop in for a chat or give us a call today at 419-782-3233!

Summit 60 Social Center of Hicksville Activities

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Monday	Tuesday	Wednesday	Thursday	Friday
			Center Closed	1 
KEY: Green: Trip or Event Red: Theme Day! Blue: Activities with a low cost to them!				9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Euchre 12PM - Birthday Lunch 1PM - Penny Pitch
5 9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM: Blood Pressure 1PM -Chair Yoga Bingo	Center Closed 6	Center Closed 7	Center Closed 8	9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Q&A with Hicksville Mayor Mike Barth 1PM - Board Games
12 9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM: Snowflake Crafts 1PM - BINGO with Vancrest of Hicksville	Center Closed 11	International Kite Day 14	Center Closed 15	9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Cozy Tea Sampling 1PM - Snowball Toss
Center Closed 19 	Center Closed 20	Center Closed until 11am Silly Sock Day 21	Center Closed 22	9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Beat the Winter Blues Tropical Party! 1PM - Virtual Vacation- Cancun!
26 9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM: Blood Pressure 1PM - Puzzle Race	Center Closed 27	Lego Day 28 9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Lego History Mini Documentary 1PM - Lego Team Building Contest	Center Closed 29	9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Fact or Crap 1PM - Board Games

Recipe of the Month

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Crockpot Chicken Noodle Soup

Yield: 12 servings (3 quarts)

Prep: 20 min

Cook: 5 hours 30 min

Ingredients

- 12 fresh baby carrots, cut into 1/2-inch pieces
- 4 celery ribs, cut into 1/2-inch pieces
- 3/4 cup finely chopped onion
- 1 tablespoon minced fresh parsley
- 1/2 teaspoon pepper
- 1/4 teaspoon cayenne pepper
- 1-1/2 teaspoons mustard seed
- 2 garlic cloves, peeled and halved
- 1-1/4 pounds boneless skinless chicken breast halves
- 1-1/4 pounds boneless skinless chicken thighs
- 4 cans (14-1/2 ounces each) chicken broth
- 1 package (9 ounces) refrigerated linguine
- Optional: Pepper & additional minced fresh parsley



Directions

1. In a 5-qt. slow cooker, combine the first 6 ingredients. Place mustard seed and garlic on a double thickness of cheesecloth; bring up corners of cloth and tie with kitchen string to form a bag. Place in slow cooker. Add chicken and broth. Cover and cook on low 5-6 hours or until meat is tender.
2. Discard spice bag. Remove chicken; cool slightly. Stir linguine into soup; cover and cook on high until pasta is tender, about 30 minutes longer. Cut chicken into pieces and return to soup, heat through. If desired, sprinkle with pepper and additional parsley.

WE'RE HIRING!

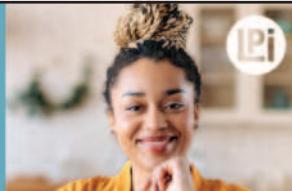
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14-1829



Where else are you going to get a meal for just \$3?!

The answer is nowhere! Suggested donations for our dine in lunches and Meals on Wheels are only \$3, but we can get you an even better deal!

**Purchase our 20 for \$50
Meal Deal Coupons
& make each meal only \$2.50!**

Please note that no patron, 60 years or better will be denied meals due to inability to pay



Did you know we are a national member of Meals on Wheels of America?

If you or someone you know is interested in receiving our home delivered meals please give us a call at 419-782-3233.



Make a reservation today!

Lunch is served:

**Summit 60 of Defiance
11:30am - 12:30pm, Mon - Fri**

**Summit 60 of Hicksville
12:00pm, Mon, Wed, & Fri**

To best serve you, please call in no later than 8:00am the day of to help us accommodate all of our patrons!

Make a reservation in person or by calling us at 419-782-3233!



Live Entertainment! Every Wednesday, Friday, and Saturday!

~ NEVER A COVER CHARGE ~

Food Specials & Happy Hours

(419) 782-2326 • 841 N Clinton St, Defiance

*Check out our facebook page to see what's happening each week!
www.facebook.com/defiancemoose2094/*



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for upcoming
events!



LOCAL OWNERSHIP

Summit 60 Cafe & Meals on Wheels Menu

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January

2026

Home Delivered Meals 419 782-3321

Closed for New Years Day				1
Hot Beef Sandwich 5 Potato Wedges Cauliflower with Cheese Sauce Grape Juice	Sweet and Sour Chicken Oriental Blend Vegetables Brown Rice Banana Wheat Bread	Meat Loaf Cheesy Mashed Potatoes Glazed Carrots Cherry Crisp Dinner Roll	Fish Sandwich Tater Tots Spinach Mixed Fruit	Chicken and Noodles 9 Broccoli Normandy Cole Slaw Baked Apples Dinner Roll
BBQ Pulled Pork 12 Sandwich Sweet Potato Fries Coleslaw Fruit Cocktail	Hamburger Gravy Mashed Potatoes 3 Bean Salad Peach Crisp Dinner Roll	Ham and Bean Soup 14 Tossed Salad Cinnamon Applesauce Corn Bread	Chicken Parmesan 15 Broccoli Wax Beans Orange Juice Garlic Bread	BBQ Ribs 16 Baked Beans Garlic Mashed Potatoes Pineapple Dinner Roll
Closed 19 Martin Luther King Day	Grilled Chicken Breast 20 Sandwich Steamed Cabbage Brown Bean Salad Grapes	Potato Soup 21 Cottage Cheese Diced Peaches Carrot Raisin Salad	Mushroom Steak 22 Buttered Noodles Harvard Beets Tangerine Pineapple Juice Dinner Roll	Baked Chicken 23 Carrots Peas and Pearl Onions Tropical Fruit Dinner Roll
Cheeseburger 26 Oven Fries Green Beans Apple Juice	Pork Chop 27 Lima Beans Corn Ambrosia Salad Wheat Bread	Chili 28 Peanut Butter and Jelly Sandwich Tossed Salad Apple	Chicken Fettuccini Alfredo 29 Brussel Sprouts V8 Juice Blueberry Crisp Bread Stick	Goulash 30 Mixed Vegetables Cinnamon Applesauce Cole Slaw Garlic Bread

News
Home delivered meals must be consumed within 30 minutes of delivery or refrigerated and reheated at 350 degrees for 15 minutes

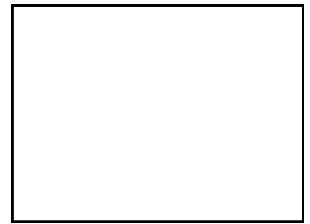
The following major food allergens may be used as ingredients:

Milk, Egg, Fish, Crustacean Shellfish, Treenuts, Peanuts, Wheat, Soy, Sesame



**Defiance County
SENIOR SERVICES**
140 E. Broadway St.
Defiance, OH 43512

JANUARY



Follow us on Facebook at

Summit 60 Social Center & Defiance County Senior Services

We are here for you, give us a call today!

Nick Wichman

Director

(419) 782-3232

Jessica Osborn

Business Manager

(419) 783-4850

Lexie McKeen, LPN

Client Resource Specialist

(419) 783-4812

Ginny Wiseman

Nutrition Manager

(419) 782-3321

Jennifer Nelson

Community Outreach Manager

(419) 782-3233

Sue Weller

Client Concierge &

Commodities Coordinator

Dawn Knox

Activities Coordinator

Penny Cryer

Custodian

Suzy Mack

Staff Assistant

Karlee Harris

Site Assistant (Hicksville)



**Summit 60 Social Center &
Senior Services Main Line:**

(419) 782-3233

Summit 60 of Hicksville:

(419) 769-8046

Kitchen Team:

Sandy Kaufman, Deb Vajen,
Diane Bok, Chris Waxler

Meals on Wheels Team:

Mike Rychener, Vicky Healy,
Karen Fitzwater, Mike Imber,
Isaiah Almanza, Dean Wiles,
Kevin Beyer, Tom Nicely,
Edna Dix

Transportation Team:

Dennis Scott, Keith
Ashbacher, Oline Hill,
Don Heffner

Funding Sources for Defiance County Senior Services:

Our Senior Services Tax Levy, Area Office on Aging, Defiance County Senior Services Auxiliary Board, Defiance County Commissioners, and generous donations from patrons like you!

Thank you for your continued support!