



CELEBRATING 50 YEARS!  
1975-2025



# Summit Sentinel

MONTHLY NEWSLETTER

JULY 2025 EDITION

## SUMMIT 60 SOCIAL CENTER & SENIOR SERVICES HEADQUARTERS

140 E. Broadway St.  
Defiance, OH 43512  
**Phone:** 419-782-3233  
**Monday—Friday**  
7:00am—3:00pm

## SUMMIT 60 SOCIAL CENTER OF HICKSVILLE

708 E. High St.  
Hicksville, OH 43526  
**Phone:** 419-769-8046  
**Monday & Thursday**  
9:00am—2:00pm

**2025**

## EVENT SPONSORS

Thank you to this years event sponsors, with your support we are able to bring great events to the seniors of Defiance County!

### Event Sponsors:

Peter & Maureen Kennerk  
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Eagles Aerie 2556 - Hicksville  
Jim Schmidt Dealerships  
Moose Lodge 2094 - Defiance  
Amvets Post 1991 - Defiance  
VFW Post 3360 - Defiance  
Johns Manville  
B&B Molded Products  
General Motors - Defiance  
Elks BPOE #147 - Defiance  
Arc Solutions  
REMAX of Defiance  
Bruce Guilford Real Estate

Interested in being an 2025  
Event Sponsor? Please contact  
Jenn Nelson at 419-769-8046



**"SUMMIT SENTINEL"**

PUBLISHED BY: DEFIANCE COUNTY SENIOR SERVICES | 140 E. BROADWAY ST. | DEFIANCE, OH 43512



## SPECIAL EVENTS & TRIPS WITH SUMMIT 60

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JOIN US FOR OUR

# GOLDEN JUBILEE!

JULY 17<sup>TH</sup>, 2025  
1:00PM - 6:00PM

EVERYONE OF ALL AGES IS INVITED TO OUR OPEN HOUSE TO CELEBRATE 50 YEARS OF SERVICE TO THE SENIORS OF DEFIANCE COUNTY

We have a day full of fun planned, with 50/50 raffles, a chance auction, entertainment and more! Come check us out!

1:00pm - Guest Speakers  
2:00pm - Exercise class demonstrations  
3:00pm - Bingo!  
4:00pm - Smash Burger and Fries (limit of 150) from Smother it! Special entertainment included!  
5:30pm - Prize & Raffle Winners and Closing

50<sup>th</sup> ANNIVERSARY

Defiance County SENIOR SERVICES  
SUMMIT 60 Social Center  
140 E. BROADWAY  
DEFIANCE

### How to make Trip & Event Reservations

We love seeing all of you excited for our events and trips!

To best serve everyone fairly, we have set up the following guidelines:

1- Reservations can only be made after 9am on the 1st Monday of the month.

Unless another date is noted in the newsletter

2- We are only accepting in person reservations at both centers. Movies included.

No more than 2 tickets per person at a time.

3- Your non-refundable fee / ticket must be paid in order to reserve a spot.

If you are driving yourself, you must still make your reservations with Dawn or Jenn, as we can only accommodate a set amount.

Thank you for your understanding & lets have some fun!!



### FIREWORKS PARTY

Thurs. July 3<sup>rd</sup> | 6:00 pm  
Summit 60 Defiance | FREE  
See to the left for more info!

### AFRICAN SAFARI TRIP

Tues. July 8<sup>th</sup> | 10:00 am  
Port Clinton, OH | \$25

Lets take a trip and see some animals!  
After we will be eating at Docks Beach House!

### DAY AT THE MOVIES

Fri. July 11<sup>th</sup> | 8:45am

Sponsored by Kingsbury Place

Join your friends for a great movie, popcorn and pop at Phoenix Theater in Defiance. The 1st 24 people signed up are free, only \$10 for anyone after.

### SENIOR NITE OUT

Tues. July 15<sup>th</sup> | 4:00pm

Toledo, OH | \$5 Transportation

Join us at Spaghetti Warehouse for a great evening full of fun with great friends!

### GOLDEN JUBILEE CELEBRATION

Thursday July 17<sup>th</sup> | 1:00 pm

OPEN HOUSE - Free!!!

See to the left for more details!

### EVENING MEAL

Wed. July 23<sup>rd</sup> | 5:00 pm

Summit 60 Hicksville | \$10

Join us for this months Evening meal at our Hicksville Location! We will be having Pizza, Breadsticks and Salad! We will be playing BINGO!

### SCHEDL'S GARDENS

Wed. July 23<sup>rd</sup> | 9:00 am

Elmore, OH | \$20

Join us for this beautiful trip to the outdoor botanical gardens!

### THE SUN'S FLOWER TRIP

Tues. July 29<sup>th</sup> | 9:00 am

Lindsay, OH | \$10

Take in the amazing dun flower fields as we take a wagon ride through it!

### SENIOR NITE OUT—TAKE 2

Thurs. July 31<sup>st</sup> | 4:00pm

Toledo, OH | \$5 Transportation

Could make it the first time, Join us this time around at Spaghetti Warehouse for a great evening full of fun with great Friends!

# SUMMIT 60 SOCIAL CENTER OF DEFIANCE ACTIVITIES

JULY 2025 NEWSLETTER | PAGE 03

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	4th of July Craft 3	4
<b>KEY:</b> <u>Green:</u> Trip or Event <u>Red:</u> Theme of the day <u>Orange:</u> Grocery Trip <u>Blue:</u> Activities with a low cost to them!	9:30 Pepper 10- Bible Study 10- Tai Ch 11- Skipbo 1 Zumba Gold-\$5 2-Puzzles NO YOGA	9- Cardio Drumming 9:30 Yahtzee Tournament 10- Cardio Drumming 11- Shoot pool 12:30 Shuffle Board 1- Making Jewelry 2- Line Dancing	9- 4th of Craft with Center 9:30- Pepper 10- Creative Crafts 11:30 Blood Pressures 1-Alzheimer's Support NO YOGA 6-pm Firworks Party	<b>Closed for the 4th of July</b>
7	8	Lunch & Learn 9	Freezer Po p Day10	11
9- Cardio Drumming 9:30 Pepper 10- Cardio Drumming 11-Scrabble 12:30 Pie Bingo with Glen Park 2- Shuffle Board	8:50 Warrior Roots 9:30- Pepper 10- Bible Study 10- Tai Ch 10- African Safari Trip-\$25 11-Skipbo 1- Zumba Gold \$5 2- Puzzle 3-4 Yoga-\$45/ Month	9- Cardio Drumming 9:30-Yahtzee 10-Cardio Drumming 11- Shoot Pool 11:30- Lunch & Learn with Shafer Funeral Home 12:30 Shuffle board 2- Line Dancing with Aicha	9-Warrior Roots 9:30 Pepper 10-Monopoly 12:30 Bingo with Med-Care -1 2- Pacman 3-4- Yoga-\$45/Month	8:45- Movie Day 9- Cardio Drumming 9:30 Pepper 10- Tai Chi 11- Pinball 1-Zumba Gold—\$5 2- Shuffle board
14	15	16	17	18
9- Cardio Drumming 9:30 Pepper 10- Cardio Drumming 11-Scrabble 12:30-Chair Volley ball 2- Shuffle Board	8:50-Warrior Roots 9:30- Pepper 10- Bible Study 10- Tai Chi 1-Zumba Gold—\$5 2- Puzzles 3-4 Yoga-\$45/month 4- Seniors Nite #1 -\$5	9-Cardio Drumming 9:30 - Yahtzee 10- Cardio Drumming 11- Shoot Pool 12:30 Shuffle Board 1- jewelry making 2- Line Dancing with Aicha	<b>Golden Jubilee Celebration 1pm - 6pm</b>	9- Cardio Drumming 9:30 Pepper 10- Tai Chi 11- Pinball 1- Zumba Gold—\$5 2-Shuffle Board
21	22	23	Wine & Cheese Day 24	25
9- Cardio Drumming 9:30 Pepper 10- Cardio Drumming 10:30 Euchre Tournament 11- Scrabble 12:30 Bingo by Kingsbury Place 2- Shuffle Board	8:50-Warrior Roots 9:30 Pepper 10 Bible Study 10- Tai Chi 11- Skipbo 1- Zumba Gold \$5 2-Puzzle 3-Yoga/\$45/Month	9 Cardio Drumming 9:30 Yahtzee Tournament 10-Cardio Drumming 11- Shoot pool 12:30 Shuffle Board 2- Line Dancing 5pm- Hicksville Evening Meal \$10	9-Warrior Roots 9:30- Pepper 10-Monopoly 12:30-Bingo by CHP 2- Pacman 3-4 Yoga- \$45/month	9- Cardio Drumming 9- Trip to Schedel Gardens-\$20 9:30 Pepper 10-Tai Chi 11- Pinball 1-Zumba Gold—\$5 2- Shuffle Board
28	29	30	Friendship Day 31	
9- Cardio Drumming 9:30 pepper 10- Cardio Drumming 11- Penny Pitch with Meadows of Kalida 12:30 Summit 60 Bingo 2- Shuffle Board	8:50-Warrior Roots 9- Sunflower Trip \$10 9:30 Pepper 10 Bible Study 10- Tai Chi 11-Skipbo 1-Zumba Gold—\$5 2- Puzzles 3-4 Yoga-\$45/month	9-Cardio Drumming 9:30 -Yahtzee Tournament 10- Cardio Drumming 11- Shoot Pool 12:30- Shuffle board 1- Commodity Box Distribution 2-Line Dancing	9- Warrior Roots 9:30 pepper 10-Monopoly 12:30 Chair Volley ball 2- Pac Man 3-4 Yoga- \$45 4-Senior's Nite out #2-\$5	Dan & Hanna Shaffer will be celebrating 175 years of Business with the Funeral home and will be presenting on it's history. Along with the Pre plannings of funerals.



## RIDDLE ME THIS?

Which U.S. state was the first to declare Independence Day an official state holiday?

Answer: Massachusetts

## WE WANT YOUR IDEAS!

We have a lot more ideas for activities, trips and events in the works, but we want to know what you want! If you have any suggestions please let our Activities Coordinator, Dawn or our Community Outreach Manager, Jenn know at 419-782-3233!

## Exercise CLASSES

### CARDIO DRUMMING

9:00AM & 10:00AM MON & WED  
9:00AM FRIDAY | FREE

### TAI CHI

10:00AM TUE & FRI | FREE

### ZUMBA GOLD

1:00PM TUE & FRI | \$5

### WARRIOR ROOTS

9:00AM TUE & THURS. | FREE

### AFTERNOON YOGA

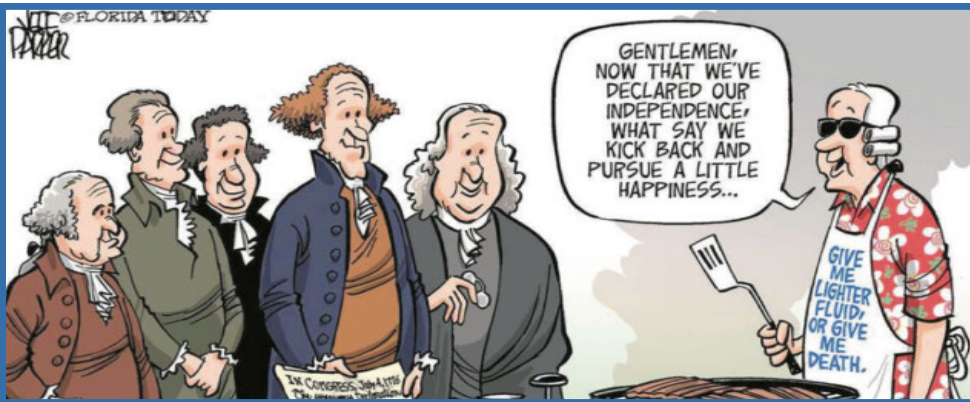
3:00PM TUE & THURS. |  
\$45 MONTHLY (WAITLIST ONLY)

### THE SUMMIT 60 FITNESS CENTER

DAILY 7:00AM - 3:00PM | FREE

### LINE DANCING

2:00PM WED. | FREE



## The Defiance County Veterans Office

WE CONNECT VETERANS TO BENEFITS

VA CLAIMS, APPLY FOR VA HEALTHCARE,  
VA TRANSPORTATION, EMERGENCY ASSISTANCE

**OFFICE: 419-782-6861**

**FAX: 419-782-6713**

📍 1300 E Second St., Suite 102, Defiance, OH

✉ veterans@defiancecounty.oh.gov

📘 Defiance County Ohio Veterans Office

**Veterans Crisis Hotline: 988 Press 1  
or text 838255**

## DEFIANCE PUBLIC LIBRARY SYSTEM OFFERS HOMEBOUND DELIVERY

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THS-9129-24

## Be Sun Aware

Skin cancer can develop anywhere on the body, but it most commonly occurs in areas that are frequently exposed to sunlight, such as the face, neck, hands, and arms.

### Wear a wide-brimmed hat

A hat that shades your face, ears, and neck offers better protection than a baseball cap or visor.

### Wear sunglasses that block UV rays

Look for sunglasses that block 100% of UVA and UVB rays to protect your eyes and the surrounding skin.

### Limit your time in the sun

especially between 10 a.m. and 4 p.m. This is when the sun's rays are strongest and most damaging.

### Use a broad-spectrum sunscreen

Choose a sunscreen with a Sun Protection Factor (SPF) of 15 or higher. Apply it generously and reapply every two hours, or after swimming or sweating.

### Avoid tanning beds and sunlamps

These devices emit harmful UV radiation that increases your risk of skin cancer.

### Wear protective clothing

Cover your arms and legs with long-sleeved shirts and long pants when outdoors.



## NO MEALS ON WHEELS

Both Defiance and Hicksville centers will be closed and we will not be delivering Meals on Wheels on the following dates in the month of May:

**Friday July 4th**

In Observance of the 4th of July.

**Thursday July 17th**

To prepare for our Golden Jubilee, Celebrating 50 years of serving Defiance County!

**THRIVE  
LOCALLY**



## Ohio Senior Insurance

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**Amanda Nigh    Stephanie Wagner, RSSA**



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THE DEFIANCE COUNTY SENIOR SERVICES PRESENT...



# THE ARK ENCOUNTER & CREATION MUSEUM



**September 8-9, 2025**

**2 Days & 1 Night**

## Package Includes:

\*ROUND TRIP MOTORCOACH TRANSPORTATION

\*1 NIGHT DELUXE ACCOMMODATIONS IN THE  
FLORENCE, KY AREA

\*1 GREAT HOTEL BREAKFAST

\*1 DINNER AT FINE LOCAL RESTAURANT

\***FULL DAYS ADMISSION TO THE ARK ENCOUNTER  
IN KENTUCKY**

Ark Encounter is three exhibits in one—the massive Ark structure itself, the incredible craftsmanship, & the beautifully-fabricated teaching exhibits. The combination of all 3 will amaze & inspire you to think differently about the biblical account of Noah's Ark.

\***FULL DAYS ADMISSION TO THE CREATION  
MUSEUM IN KENTUCKY**

The state-of-the-art Creation Museum allows you to venture through biblical history, stunning exhibits, botanical gardens, planetarium, petting zoo, zip line adventure course, and much more. This 75,000-square-foot facility has welcomed over 2.5 million guests since opening in Petersburg, Kentucky.

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## Travel Insurance

If you wish to purchase Travel insurance, go to our website [www.seniorexcursionsinc.com](http://www.seniorexcursionsinc.com) and click the **RED** Travel insurance button on bottom right and follow instructions. Or call 1-800-243-3174 and give your Tour agency account number **44893**

**Package Price: \$359.00 / pp dbl**  
**Single Rooms Add \$60.00 extra**

**For Information & Reservations Contact**  
**Nick Wichman @ 419-782-3232**



# SUMMIT 60 SOCIAL CENTER OF HICKSVILLE ACTIVITIES

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Center Closed 01	Center Closed 02	03	04
			9am– Skip-Bo 9am– Rummy 9am– Puzzles <b>10am-4th of July Craft</b> 12:30pm-Skip-Bo Tournament <b>Fireworks 6pm-10pm</b>	<b>CLOSED for 4th of July!</b>
07	Center Closed 08	Center Closed 09	10	Center Closed 11
9am– Skip-Bo 9am– Rummy 9am– Puzzles 11am– Blood Pressures 1:00pm—BINGO with Summit 60	<b>African Safari and Dock's Beach House</b>		9am– Skip-Bo 9am– Rummy 9am– Puzzles <b>10am-Freezer Pop Day</b> 1pm– Volleyball	<b>Movie Day</b>
14	Center Closed 15	Center Closed 16	Center Closed 17	18
9am– Skip-Bo 9am– Rummy 9am– Puzzles 1:00pm—BINGO with Vancrest <b>CarFit Checks</b>	<b>Senior Night Out #1</b>		<b>Golden Jubilee Celebration</b>	9am– Skip-Bo 9am– Rummy 9am– Puzzles 1pm– Volleyball
21	Center Closed 22	Center Closed 23	24	Center Closed 25
9am– Skip-Bo 9am– Rummy 9am– Puzzles 11am– Blood Pressures 1:00pm—BINGO with Ohio Senior Insurance		<b>Hicksville Evening Meal 5pm</b>  <b>12:30pm-Commodity Box Pick Up</b>	9am– Skip-Bo 9am– Rummy 9am– Puzzles 10am-Love Letters with Danea <b>10am-Wine and Cheese Day</b> 1pm– Cornhole	<b>Schedel Gardens</b>
Birthday Day 28	Center Closed 29	Center Closed 30	31	
9am– Skip-Bo 9am– Rummy 9am– Puzzles 1:00pm—BINGO with Select Medical Rehab	<b>The Sun's Flower</b>		9am– Skip-Bo 9am– Rummy 9am– Puzzles <b>10am-Friendship Day</b> 1pm– Ping Pong Catch <b>Senior Night Out #2</b>	<b>KEY:</b> <b>Green:</b> Trip or Event <b>Red:</b> Theme of the day <b>Orange:</b> Grocery Trip <b>Blue:</b> Activities with a low cost to them!





## TRANSPORTATION

We offer transportation to doctors appointments, haircuts, medication pick-ups and more to anyone in Defiance County 60+!

**Suggested donation is only 50¢ a mile!**

Please note we do not turn away anyone who cannot afford the donation.

We also offer transportation to and from Summit 60 Social Centers in Defiance & Hicksville!

Give us a call and schedule today at 419-782-3233!

## COMMODITY BOX DISTRIBUTION

40LBS OF SHELF STABLE FOOD AND 2LBS OF CHEESE!

**Wed. July 23rd**

Summit 60 - Defiance:  
1:00pm-2:30pm

Summit 60 of Hicksville:  
12:30pm-2:00pm

This is a free program!

First come, first serve.

For an application please contact Sue at 419-782-3233!

**DCSS**

**140 E. Broadway St  
Defiance, OH 43512  
Attn: Sue Weller**

Please no pets at pick up.  
Thank you!



## NEED TO CANCEL YOUR HOME DELIVERED MEAL?

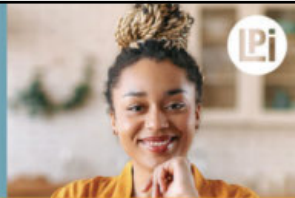
Did you have an appointment that ran over, spur of the moment trip with friends, or just not going to be home today? Please give Ginny in our kitchen a call as soon as possible so we can take you of our delivery route that day at 419-782-3321!

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## DID YOU KNOW WE ARE A NATIONAL MEMBER OF MEALS ON WHEELS OF AMERICA?

If you or someone you know is interested in receiving our home delivered meals please give us a call at 419-782-3233!



## WHERE ELSE ARE YOU GOING TO GET A MEAL FOR JUST \$3.00?!

The answer is nowhere! Suggested donations for our dine in lunches and Meals on Wheels are only \$3, but we can get you an even better deal! If you purchase our [20 for \\$50 Meal Deal Coupons](#), that makes each meal only \$2.50!!

*\*Please note that no patron, 60 years or better will be denied meals due to inability to pay.\**



## MAKE YOUR RESERVATIONS TODAY!

Lunch is served from 11:30am - 12:30pm, Mon - Fri at the Defiance Center.

To best serve you, please call in by 8:00am the day of to reserve your spot. An alternative meal will be available for those without a reservation.

You can make a reservation in person or by calling us at 419-782-3233!



Serving the Community for 60 years

**Defiance Moose Lodge 2094**

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Check out our facebook page to see what's happening each week!

[www.facebook.com/defiancemoose2094/](http://www.facebook.com/defiancemoose2094/)



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# July

2025

Home Delivered Meals 419 782-3321

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

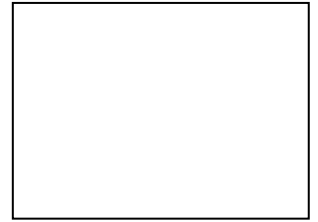
FRIDAY

Sunshine Chicken 1 Brussel Sprouts Au Gratin Potatoes Diced Pears Dinner Roll		BBQ Ribs 2 Baked Potato Tomato Cucumber Salad Cinnamon Peaches Dinner Roll		Beanie Weenies 3 Cole Slaw Baked Apples Stewed Tomatoes Dinner Roll		Closed 4 for the 4th of July		News Home delivered meals must be consumed within 30 minutes of delivery or refrigerated and reheated at 350 degrees for 15 minutes	
Chicken Strips 7 Oven Fries 3 Bean Salad Cherry Crisp Wheat Bread		Hamburger Gravy 8 Mashed Potatoes Wax Beans Diced Peaches Dinner Roll		Baked Ziti 9 Roasted Cauliflower Sauerkraut Relish Cinnamon Applesauce Garlic Bread		Taco Salad 10 Corn bread Apricots Grape Juice		Baked Chicken 11 Baked Beans Creamed Corn Watermelon Dinner Roll Birthday Cake	
Creamed Chicken 14 Sandwich Tater Tots Brussels Sprouts Mixed Fruit		Pork Chop 15 Cabbage Succotash Ambrosia Salad Wheat Bread		Sub Sandwich 16 Brown Bean Salad Celery Sticks w/Peanut Butter Grapes		No HDM Today 17		Cheese Omelet 18 Mushrooms and Onions Stewed Tomatoes Cinnamon Raisin Bagel Orange	
Mushroom Swiss 21 Burger Baked Beans Oven Fries Tropical Fruit		Chicken Fettuccini 22 Alfredo Green Beans and Mushrooms Toss Salad Grape Juice Garlic Bread		Beef Manhattan 23 Cauliflower with Cheese Sauce Fruit Cocktail Dinner Roll		Chicken and Bacon Salad 24 Craisins Pineapple Juice Bran Muffin		Sweet and Sour Pork 25 Brown Rice Oriental Vegetables Craisins Egg Roll	
Philly Steak and Cheese 28 Sandwich Three Bean Salad Oven Fries Peach Crisp		Scalloped Chicken 29 Mixed Vegetables Cole Slaw Banana Dinner Roll		Pepperoni Pizza 30 Sliced Carrots Peas Pineapple Bosco Stick		Chef Salad 31 Craisins Apple Juice Bran Muffin		To cancel a meal, or inquire about ingredients, please call Ginny 419 782-3321	
								The following major food allergens may be used as ingredients:  Milk, Egg, Fish, Crustacean Shellfish Tree nuts, Peanuts, Wheat, Soy, Sesame	



**Defiance County  
SENIOR SERVICES**

140 E. Broadway St.  
Defiance, OH 43512



**FOLLOW US ON FACEBOOK AT**

**SUMMIT 60 SOCIAL CENTER & DEFIANCE COUNTY SENIOR SERVICES**

**WE ARE HERE FOR YOU, GIVE US A CALL TODAY!**

**Nick Wichman**

*Director*

(419) 782-3232

**Jessica Osborn**

*Business Manager*

(419) 783-4850

**Lexie McKeen, LPN**

*Client Resource Specialist*

(419) 783-4812

**Ginny Wiseman**

*Nutrition Manager*

(419) 782-3321

**Jenn Nelson**

*Community Outreach Manager*

(419) 769-8046

**Senior Services**

**Main Line**

(419) 782-3233

**Sue Weller**

*Client Concierge  
& Commodities Coordinator*

**Dawn Knox**

*Activities Coordinator*

**Penny Cryer**

*Custodian*

**Suzy Mack**

*Staff Assistant*

**Kitchen Team**

*Sandy Kaufman, Deb Vajen,  
Diane Bok*

**Meals on Wheels Team**

*Jennifer Lero, Mike Rychener,  
Myra Emmons, Vicky Healy,  
Karen Fitzwater, Michael Imber,  
Isaiah Almanza, Dean Wiles*

**Transportation Team**

*Dennis Scott, Keith Ashbacher,  
Oline Hill, Don Heffner*



**FUNDING SOURCES FOR DEFIANCE COUNTY SENIOR SERVICES:**

**Our Senior Services Tax Levy, Area Office on Aging, Defiance County Senior Services Auxiliary Board,  
Defiance County Commissioners, and generous donations from patrons like you!**

*Thank you for your continued support!*