



## Defiance County SENIOR SERVICES

# **ur Times**

### Senior Services Newsletter

### June 2023 Edition

#### **Defiance Center & Senior Services Headquarters**

**140 E. Broadway St.**

**Defiance, OH 43512**

**419-782-3232**

**Monday—Friday**

**7:00am—3:00pm**



#### **Hicksville Center**

**708 E. High St.**

**Hicksville, OH 43526**

**419-769-8046**

**Monday & Thursday**

**9:00am—2:30pm**

#### **THANK YOU!!**

This years senior prom was a complete and total success! We could not have made it happen without the amazing staff, volunteers, and the amazing sponsors!

We are so happy that everyone that came could join us for this amazing event and we cannot wait until next year!



#### **Welcome!**

We have a few new faces joining our team at Defiance County Senior Services!  
Please Join me in welcoming:

**Jenn Nelson - Community Outreach Manager**  
**Oline Hill - Transportation Driver**

#### **Upcoming Center Events**

**Friday, June 10th – Butterfly House Trip! Leaving at 10:00am**

**Butterfly House and Lunch at Whitehouse Inn**

\$5 donation is requested for travel. *Limited space available*

**Thursday, June 15th – Leaving at 4:00pm**

**Senior Nite Out at Red Lobster in Toledo, OH!**

\$5 donation is requested for travel. *Limited space available*

**Monday, June 19th –CLOSED**

Defiance County Senior Services and Centers are closed for Juneteenth.

**Thursday, June 22nd - “Picnic in the Parks” at The Pavilion in Hicksville; 4:30pm**

Defiance County Senior Services is happy to announce our summer series of Evening Meals called “Picnic in the Parks!” **Come join us for BBQ Ribs, Scalloped Potatoes, Key West Vegetables, Baked Apples, Dinner Rolls and Cherry Cheesecake!** You wont want to miss the great food and entertainment at the Pavilion in Hicksville!

**Tickets are \$10 and can be purchased at either our Defiance or Hicksville Centers!**

**Thursday, June 29th—Day at the Movies at Phoenix Theaters in Defiance!**

Sponsored by Kingsbury Place! **\$10 for ticket, small drink and small popcorn!**

First 20 people are free! Call Dawn for details!

### **Commodity Box Pick Up**

40lbs of Shelf stable food and 2lbs of cheese.

#### **Wednesday June 28th**

Defiance Center: 1:00pm-2:30pm  
Hicksville Center: 12:30pm-2:00pm

This is a free program For an application please contact Sue at 419-782-3233!

*Please no pets at pick up, Thank you!*

## **Watermelon Sherbet**

**TOTAL TIME:** Prep: 15 min. + chilling  
Process: 20 min./batch

**YIELD:** 1/2 gallon.

### **Ingredients**

8 cups seeded chopped watermelon  
1-1/2 cups sugar  
1/2 cup lemon juice  
2 envelopes unflavored gelatin  
1/2 cup cold water  
2 cups whole milk

### **Directions**

1. In a large bowl, combine watermelon, sugar and lemon juice. Chill for 30 minutes; place half in a blender. Blend until smooth; pour into a large bowl. Repeat with the other half; set aside.
2. In a saucepan, cook and stir gelatin and water over low heat until gelatin dissolves. Add to watermelon mixture; mix well. Stir in the milk until well blended.
3. Freeze in an ice cream maker according to the manufacturer's directions. Serve immediately or freeze and allow to thaw before serving, about 20 minutes.

### **Make your lunch reservation!**

Lunch is served from 11:30am - 12:30pm, Monday - Friday at the Defiance Center. Please have your reservation in by 8:00am the day of to receive the advertised meal.

An alternative will be offered for those who did not make a reservation.

You can make a reservation in person or by calling us at 419-782-3233!

**Please note we cannot reserve tables at this time.**

### **No Home Delivered Meals**

We will not be delivering meals on  
**Monday June 19th for  
Juneteenth.**



**Did you know we are a national member of Meals on Wheels of America?**

If you or someone you know is interested in receiving our home delivered meals please give us a call at 419-782-3233!

### **Where else are you going to get a meal for just \$3.00?!**

For the amount you will get here, no where!! The suggested donation for our dine in lunches and home delivered meals is only \$3, but we can get you an even better deal! If you purchase our **20 for \$50 Meal Deal Coupons**, that will bring each meal to only \$2.50!!

*\*Please note that no senior, 60 years or better will be denied meals due to inability to pay.\**

### **Need to cancel your Home Delivered Meal?**

Did you have an appointment that ran over, spur of the moment trip with friends, or just not going to be home today? Please give Ginny in our kitchen a call as soon as possible so we can take you off our delivery route that day at 419-782-3321!

# Defiance Activities - June 2023

## Check it out!!

We have a lot of new activities and events and we would love to have you join us! Give Dawn a call at 419-782-3233 to sign up for all of these free or low cost activities!

# FREE

## Medicare Benefits Check Up

Our local agent, Stephanie Wagner, will be available to answer your Medicare questions, review medication costs, and help you to easily access your plans "extra" benefits. She is offering this free service to our community. Don't miss this opportunity to find out what you don't know!

**Not available on June 23rd?  
No problem!**

Feel free to contact us with any  
Medicare questions you may  
have.



1101 Ralston Ave, Ste A  
Defiance, Ohio

Across from  
ProMedica Hospital



**Stephanie Wagner,**  
Licensed Agent  
Ohio Senior Insurance

## Plan to Join Us!

### Friday, June 23rd, 2023

### 11:30am to 1:30pm

### Defiance County Senior Center

Mon	Tue	Wed	Thu	Fri
<p><b><u>For Information on Activities, Trip &amp; Event tickets, and Yoga Please call Dawn at 419-782-3233!!</u></b></p>			<p>1 9:30 Pepper 10:30– Cornhole 12pm-1pm Blood Pressures by the Health Dept. 12:30 - BINGO by Brookview 1:00– Alzheimer’s Support Group 2:00—Hand and Foot Card Game</p>	<p>2 <b><u>National Doughnut Day!</u></b> 8:00—Doughnuts at the Coffee Bar 9:30 Pepper 10– Tai Chi <b>11:30 Birthday Day Lunch!</b> 12:30 Left, Right , Center Game <b>1-2pm Yoga With Heather cost \$5.00</b></p>
<p>5 9– Cardio Drumming 9:30 Pepper 10-Mini Manicure cost \$5.00 12:30 Left, Right, Center game 1:30—Cornhole</p>	<p>6 9:30 - pepper 10-bible Study 10– Tai Chi 12:30-Hand &amp; Foot card game <b>*1-2 Yoga with Heather Cost \$5.00</b></p>	<p>7 <b><u>Chocolate Ice Cream Day!</u></b> 9-Cardio Drumming 9:30 - Pepper 9:30- Yahtzee Tournament 11:30– Chocolate Ice Cream Celebration in the Café 12:45 - Pool Tournament</p>	<p>8 <b><u>World Ocean Day!</u></b> 9:30—pepper 10:30 Left, Right, Center game 12:30 Bingo by Antwerp Manor 1:45pm – Ocean Trivia Contest</p>	<p>9 9:30-Pepper 10– Tai Chi <b>10– Trip to The Butterfly House in Whitehouse Ohio&gt; Then eat at the White house Inn. Ask Dawn for Details and Cost of the Day Trip!</b></p>
<p>12 <b><u>Peanut Butter Cookie Day!</u></b> 9– Cardio Drumming 9:30 Pepper 10 Left, Right, Center Game 10:30 Euchre Tournament 11:30– Hayley Studer w/ Catching memory Program 12:30 Bingo by North Crest 1:45 - Make no bake peanut butter cookies</p>	<p>13 9:30 Pepper 10– Bible Study 10– Tai Chi 12:30 Hand &amp; Foot card game <b>*1-2pm yoga with Heather Cost \$5.00</b></p>	<p>14 <b><u>Flag Day!</u></b> 9– Cardio Drumming 9:30 Pepper 9:30 –2:30pm Yahtzee Tournament 11:30 Wear your red white and blue and celebrate with us in the café! 1:00pm - USA Trivia Contest</p>	<p>15 16 9:30 Pepper 10-2:30 Left, Right, Center *11:30 Susan Gonwick with JFS on Elder Abuse 12:30 Bingo by Kingsbury Place 1:45 - Hillbilly Golf 4:00 <b>Senior’s Nite out</b> to Red Lobster in Maumee OH</p>	<p>16 9:30 Pepper 10-Tai Chi 11:30 Father’s Day celebration in the Café 12:30 Left, Right, Center <b>*1-2pm Yoga with Heather cost \$5.00</b></p>

Mon	Tue	Wed	Thu	Fri
19 Closed for Juneteenth Day!!	20 9:30 pepper 10 Bible Study 10 Tai Chi 12:30 Hand & Foot card game *1-2pm Yoga with Heather cost \$5.00	21 <u>Celebrate the  First Day of  Summer!</u> 9– Cardio Drum- ming 9:30- Yahtzee Tournament 10:30—Cornhole 11:30—Summer Celebration in the Café! Wear you favorite summer attire! 12:30pm - Hillbilly Golf 1:30 - Water Balloon Toss	22 9– pepper 10:30 Hand & Foot Card game 12:30 Bingo by CHP 1:45 - Fact or Crap 4:30—"Picnic in the Parks" Evening Meal at the Hicksville Pavilion with Entertain- ment by Max 2.0	23 <u>National Pink Day!</u> 9:30 Pepper 10– Tai Chi 10:30 Left, Right, Center Game 11:30 Stephanie w/ Ohio Senior Insur- ance for Medicare Questions! 12:30 - Pink Fashion Show! Wear your best Pink Attire and see who has the best outfit! 1:30 Hand and Foot card game
26 <u>National  Chocolate  Pudding Day!</u> 9– Cardio Drum- ming 9:30 pepper 10:30—Make Chocolate Pud- ding 12:30 Bingo By Senior Center 1:30– Left, Right, Center	27 9:30 Pepper 10 Bible Study 10– Tai Chi 12:30 hand & foot card game *1-2 yoga with Heather cost \$5.00	28 <u>National Paul  Bunyan Day</u> 9-Cardio Drumming 9:30 –2:30 Yahtzee tourna- ment 10:00 - Hillbilly golf 12:45 - American Folklore Trivia 1-2:30 pm Commodity Box Pick Up	29 9:30 Pepper 10:30 Hand& foot Card game 11– Movie day at the North Towne Mall ( Sponsored by Kingsbury Place)	30 9:30– Pepper 10– Tai Chi 10:30– Left right, center game 12:30 - Cornhole *1-2pm Yoga with Heather

### We Want to Hear from You!



Are there activities, events, trips, menu items or anything new you would like to see from our centers?

Please give us a call at 419-782-3233 to let us know what we can do for you!

# Hicksville Activities - May 2023

Mon	Tue	Wed	Thu	Fri
			1 Debrands Chocolate Tour! Lunch at 11:45am Leave at 12:15pm	2 <b><u>Closed</u></b>
5 10:30am—Left, Right, Center 1:00pm—BINGO	6 <b><u>Closed</u></b>	7 <b><u>Closed</u></b>	8 10:30am—Singing with Jenn 1:00pm—Cornhole	9 <b><u>Closed</u></b>
12 - 10:30am—Crafts w/Allison & Jenn 1:00pm—BINGO By Antwerp Manor	13 <b><u>Closed</u></b>	14 <b><u>Closed</u></b>	15 10:30am—Rummy 1:00pm—Elder Abuse and Scams Speaker	16 <b><u>Closed</u></b>
19 <b><u>Closed for Juneteenth</u></b>	20 <b><u>Closed</u></b>	21 <b><u>Closed</u></b>	22 - 10:30am—Singing with Jenn 1:00pm—Fact or Crap 4:30pm - Evening Meal	23 <b><u>Closed</u></b>
26 10:30am—Make Chocolate Pudding! 1:00pm—BINGO	27 <b><u>Closed</u></b>	28 <b><u>Closed</u></b> <b>Commodity Box Pick Up</b>	29 10:30am—Movie & Pop-corn 1:00pm—Yahtzee	30 <b><u>Closed</u></b>

## **New Phone Number**

Just a reminder that the Hicksville Center phone number has changed!

For meal reservations or questions about activities please call:

**(419) 769-8046**

## **Debrands Chocolate Tour**

June 1st we will be taking a trip to Debrands Chocolate in Ft. Wayne!

See Allison or Jenn to reserve your spot!  
We will eat lunch at 11:45am and leave the Hicksville Center at 12:15pm.  
Tour will start at 1:00pm

Transportation and tour tickets will be \$15!  
You will receive a voucher for \$10 off of any purchase \$20 or more!



# JUNE | 2023

Home Delivered Meals 419 782-3321



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Menu is subject to change based upon product availability**

5	BBQ Beef Sandwich Sweet Potato Fries European Blend Vegetables Grapes	6	Sweet and Sour Pork Brown Rice Stir fry Vegetables Egg Roll Raisins	7	Beef Tips Mushroom Gravy Red Skin Potatoes Peas Tropical Fruit Dinner Roll	1	Pork Chop Rice and Tomatoes Broccoli Diced Peas Dinner Roll	2	Meat Loaf Garlic Mashed Potatoes Corn Peaches Dinner Roll Birthday Cake
12	Cheeseburger Baked Beans Oven Fries Watermelon	13	Baked Fish Rice Pilaf Spinach Stewed Tomatoes Fruit Cocktail Wheat Bread	14	Swedish Meatballs Noodles Cole Slaw Mixed Vegetables Mandarin Oranges Dinner Roll	15	Chicken Salad Sandwich Potato Salad Apple Slices with Peanut Butter V-8 Juice	16	Pepperoni Pizza Green Beans Tossed Salad Peaches and Peas Blueberry Muffin
19	<b>Closed for Juneteenth Holiday</b>	20	Sloppy Joe Succotash Tater Tots Apple Juice	21	Country Fried Steak Mashed Potatoes Asparagus Mixed Fruit Dinner Roll	22	Taco Salad Apricots Corn Bread	23	Grilled Chicken Breast Broccoli 3 Bean Salad Blueberry Crisp Dinner Roll
26	Goulash Butter Beans Corn Grape Juice Dinner Roll	27	Chicken and Noodles Peas and Pearl onions Baby Carrots Banana Dinner Roll	28	Pork Roast Diced Potatoes Steamed Cabbage Craisins Dinner Roll	29	Turkey and Swiss Sandwich Tossed Salad Strawberries Pound Cake	30	Salisbury Steak Mashed Potatoes Green Bean Casserole Diced Peaches Dinner Roll

## News

Home delivered meals must be consumed within 30 minutes of delivery or refrigerated and reheated 350 degrees for 15 minutes

To cancel a meal, or inquire about ingredients, call Ginny  
419 782-3321

## **Give Us A Call!**

We have a wide variety of services we offer at Defiance County Senior Services and would love to help you navigate through any questions or concerns you may have!

Nick Wichman, **Director** - (419) 782-3232  
Jessica Osborn, **Business Manager** - (419) 783-4850  
Allison Gonzales, **Client Resource Specialist** - (419) 783-4812  
Ginny Wiseman, **Nutrition Manager** - (419) 782-3321  
Jenn Nelson, **Community Outreach Manager** - (419) 769-8046

**Defiance County Senior Services Main Line** - (419) 782-3233  
Dennis Vajen, **Transportation and Safety Coordinator**  
Dawn Knox, **Activities Coordinator**  
Sue Weller, **Administrative Assistant/Commodities**  
Penny Cryer, **Custodian**  
**Hicksville Center** - (419) 769-8046



**Follow us on Facebook at Defiance County Senior Services!**



## **Summer Word Scramble!**

1. NCBCAIGKKPA

2. ALAELSBB

3. ABIOGNT

4. NBIK

5. MNAGPC

6. LOREFSW

7. EICRAMEC

8. CANEO

9. IICCPN

10. LRXAE

11. USN

12. ETAH

**Answer key to the right >>>>**

## **Farmers Market Program**

We would be more than happy to assist you with your application from the Area Office on Aging's nutrition assistance program!

Stop in to the Defiance Senior Center for a paper application or give our Client Resource Specialist, Allison, a call at 419-783-4812!

## **Funding sources for Defiance County Senior Services:**

**\*Defiance County Commissioners**

**\*Area Office on Aging**

**\*Defiance County Tax Levy**

**\*Defiance County Senior Services Auxiliary**

**\*Your generous donations**

**Thank you for your support!**

**"OUR TIMES" is published by:**

**Defiance County Senior Services  
140 E. Broadway St. Defiance, OH 43512**

Backpacking, baseball, boating, biking, camping,  
flowers, ice cream, ocean, picnic, relax, sun, heat