



CELEBRATING 50 YEARS!
1975-2025



Summit Sentinel

MONTHLY NEWSLETTER

NOVEMBER 2025 EDITION

SUMMIT 60 SOCIAL CENTER & SENIOR SERVICES HEADQUARTERS

140 E. Broadway St.
Defiance, OH 43512
Phone: 419-782-3233
Monday—Friday
7:00am—3:00pm

SUMMIT 60 SOCIAL CENTER OF HICKSVILLE

708 E. High St.
Hicksville, OH 43526
Phone: 419-769-8046
Monday, Wednesday & Friday
9:00am—2:00pm

2025

EVENT SPONSORS

Thank you to this years event sponsors, with your support we are able to bring great events to the seniors of Defiance County!

Event Sponsors:

Peter & Maureen Kennerk
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Eagles Aerie 2556 - Hicksville
Jim Schmidt Dealerships
Moose Lodge 2094 - Defiance
Amvets Post 1991 - Defiance
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Johns Manville
B&B Molded Products
General Motors - Defiance
Elks BPOE #147 - Defiance
Arc Solutions
REMAX of Defiance
Bruce Guilford Real Estate

Interested in being an 2025
Event Sponsor? Please contact
Jenn Nelson at 419-769-8046



"SUMMIT SENTINEL"

PUBLISHED BY: DEFIANCE COUNTY SENIOR SERVICES | 140 E. BROADWAY ST. | DEFIANCE, OH 43512

SPECIAL EVENTS & TRIPS WITH SUMMIT 60

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HOLIDAY

CRAFT & VENDOR SHOW

Sat. November 1st | 9:00 am

Summit 60 - Defiance | Free

See to the right to more details.

DAY AT THE MOVIES

Wed. November 5th | 8:45am

Sponsored by Kingsbury Place

Join friends for a movie, popcorn and pop at Phoenix Theater in Defiance. The 1st 24 people signed up are free, only \$10 for anyone after.

SENIOR NITE OUT

Thurs. November 6th | 4:00pm

Napoleon, OH |

\$5- Transportation

Join us for a night with good friends and great food, as we head on over to Leisure Time Winery in Napoleon!

VETERANS LUNCHEON

Mon. November 10th | 11:30 am

Summit 60 - Defiance |

\$3 Suggested Donation

See to the right for more details.

TOLEDO WALLEYE GAME

Wed. November 12th | 9:00am

Toledo, OH | \$25

Let's go to a Hockey game and see the Toledo Walleye take on the Cincinnati Cyclones! This price includes your transportation, ticket and lunch!

THANKSGIVING LUNCHEON

Thurs. November 13th | 11:30am

Summit 60 Defiance | \$10

See to the right for more details.

LUNCH AND LEARN

Wed. November 19th | 11:30am

Summit 60 - Defiance |

\$3 Suggested Donation

Let's talk Insurance. Join us at our November Lunch and Learn as Grandview Agency talks about Medicare coverage and open enrollment.

MYSTERY LUNCH

Thurs. November 20th

| 10:30am

????? | \$5 for Transportation

Don't stress about where to eat, we will decide for you! Join your friends for a mystery lunch!

CALENDAR OF EVENTS



How to make Trip & Event Reservations

We love seeing all of you excited for our events and trips!

To best serve everyone fairly, we have set up the following guidelines:

1- Reservations can only be made after 9am on the 1st Monday of the month.

Unless another date is noted in the newsletter

2- We are only accepting in person reservations at both centers. Movies included.

No more than 2 tickets per person at a time.

3- Your non-refundable fee / ticket must be paid in order to reserve a spot.

If you are driving yourself, you must still make your reservations with us, as we can only accommodate a set amount.

Thank you for your understanding & lets have some fun!!



Defiance County
SENIOR SERVICES
Auxiliary

HOLIDAY CRAFT & VENDOR SHOW

SAT. NOVEMBER 1ST
9:00AM - 3:00PM

Enjoy a day of holiday shopping with so many different crafters & vendors

*Raffle Prizes *Homemade Apple Dumplings *Lunch Available!

All Proceeds benefit the Defiance County Senior Services Auxiliary!



VETERAN'S DAY LUNCHEON

MONDAY,
NOVEMBER 10TH
11:30AM

JOIN US FOR LUNCH AS WE HONOR OUR GREAT
VETERANS & THEIR SERVICE TO OUR COUNTRY.

LUNCH PRICE:

\$3 SUGGESTED DONATION

VETERANS EAT FOR FREE!

MENU INCLUDES:

BEEF TIPS & BUTTERED NOODLES,
BROCCOLI NORMANDY, COLESLAW,
MANDARIN ORANGES & DINNER ROLLS



SUMMIT 60
Social Center

Thanksgiving Luncheon

Thursday, November 13th

11:30am

Summit 60 of Defiance

Ticket Price:
\$10.00

Special Entertainment By:

Jason Vandemark

Menu Includes:

Roasted Turkey & Dressing

Mashed Potatoes and Gravy

Green Bean Casserole

Cranberry Salad

Dinner Rolls

Pumpkin Dessert

SUMMIT 60 SOCIAL CENTER OF DEFIANCE ACTIVITIES

NOVEMBER 2025 NEWSLETTER | **PAGE 03**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Key: Green: Trip or Event Red: Theme of the Day Blue: Activities with a low cost	Grocery Trips 9am-10:30am Walmart-10-7 Krogers-10-14 Meijer-10-21 Aldi-10-28		Early Sign ups on November 3rd for: Ft Wayne Embassy's Festival of Trees Dec. 2nd at 10am \$15 Tickets	
03	Election Day 04	Donut Day 05	06	Birthday Day 07
9- Cardio Drumming 9:30 Pepper 10- Cardio Drumming 11-Scrabble 12:30 Pie Bingo with Glen Park 2- Shuffle Board	9- Chair Yoga 9:30- Pepper 10:30- Bible Study 11-Skipbo 2- Puzzles GYM CLOSED FOR VOTING	8:45 Movie Day 9- Cardio Drumming 9- Medicare Appts. w/ Stephanie Wagner 10-Cardio Drumming 10- Donuts!!! 11- Shoot Pool 12:30 Shuffle Board 1:30 Pinball 2:00 Pac Man	9- Chair Yoga 9:30 Pepper 11-Zumba /\$5 10- Creative Crafts 11:30 Blood Pressure 12- Puzzles 1:30 Alzheimer's Grp 3-4- Yoga-\$45/Month 4- Senior Nite Out-\$5	9- Cardio Drumming 9:30 Pepper 10- Tai Chi 11- Pinball 11:30 Birthday Lunch 12-Puzzles 2- Shooting Pool
10	Center Closed 11	Sundae Day 12	13	14
9- Cardio Drumming 9:30- Pepper 10- Cardio Drumming 11- Scrabble 11:30- Veteran's Day Luncheon 12- Puzzles 2- Shuffle Board		9- Walleye Game 9-Cardio Drumming 10- Cardio Drumming 11- Shoot Pool 12- Ice Cream Sundaes! 2-Pac-Man 3-Line Dancing	Thanksgiving Luncheon!! 11:30-12:30- \$10 Musical Entertainment By Jason Vandemark	9- Cardio Drumming 9:30 Pepper 10- Tai Chi 11- Pinball 12-Puzzles 2- Shooting Pool
17	18	Mickey Mouse Day19	20	Center Closed 21
9- Cardio Drumming 9:30 Pepper 10-Cardio Drumming 10:30 Euchre Tournament 12:30 Bingo with Kingsbury Place 2- Shuffle Board	9- Chair Yoga 9:30 Pepper 10-Bible Study 10- Tai Chi 11 -Zumba /\$5 11- Skipbo 2-Puzzles 3-4 Yoga-\$45/ Month	9- Cardio Drumming 9:30 Mickey Mouse Activity 10-Cardio Drumming 11- Shoot Pool 11:30- Lunch & Learn :Theresa Wagner on Medicare 12:30 Shuffle Board 2- Pac Man	9- Chair Yoga 9:30- Pepper 10:30-Mystery Lunch-\$5 11- Zumba/\$5 12- Puzzles 2- shuffle Board 3-4 Yoga- \$45/month	Staff Training Day
24	25	Charlie Brown Day 26	Center Closed 27	Center Closed 28
9- Cardio Drumming 9:30 Pepper 10- Cardio Drumming 11- Penny Pitch by Meadows of Kalida 12:30 Bingo with Summit 60 2- Shuffle Board	9- Chair Yoga 9:30 Pepper 10-Bible Study 10- Tai Chi 11- Zumba /\$5 11-Skipbo 2- Puzzles 3-4 Yoga-\$45/month	9- Cardio Drumming 10-Cardio Drumming 11- Shoot pool 12:30 Charlie Brown Thanksgiving Movie & Snacks Commodity Box Pick up - 1:00-2:30		

S Word Twist

Favorite Pies

The letters in these words are all twisted up. To play, unscramble the letters to reveal the correct words.
Hint: Each puzzle has a common theme!



plpae _____

kimnpup _____

rheycr _____

tcealooch _____

noctcou _____

nabaan _____

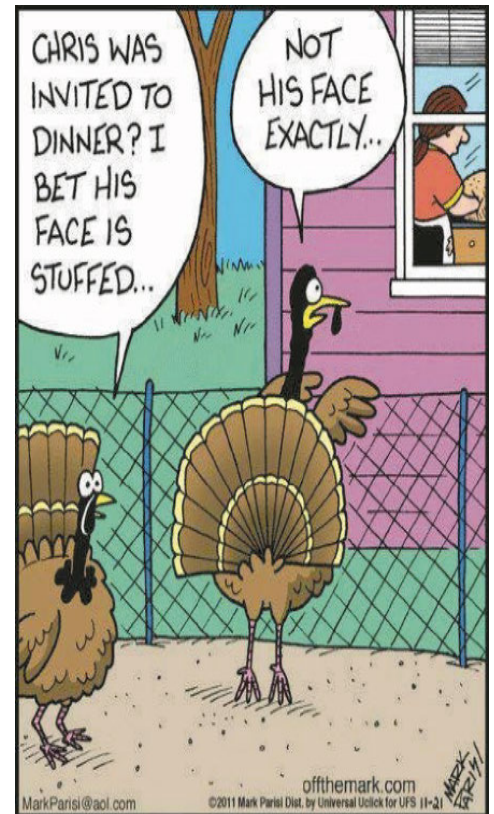
nceap _____

errbleuby _____

rebryatswr _____

chpae _____

©LPI



Joke of the Month

What did one pumpkin pie say to the other?

"You wanna piece of me?"





The Defiance County Veterans Office

WE CONNECT VETERANS TO BENEFITS

**VA CLAIMS, APPLY FOR VA HEALTHCARE,
VA TRANSPORTATION, EMERGENCY ASSISTANCE**

OFFICE: 419-782-6861

FAX: 419-782-6713

📍 1300 E Second St., Suite 102, Defiance, OH

✉ veterans@defiancecounty.oh.gov

📘 Defiance County Ohio Veterans Office

**Veterans Crisis Hotline: 988 Press 1
or text 838255**

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meadowsofkalida.com | f

THS-9129-24

FALL BACK
change your clocks



Sunday, November 2nd
2:00am EST

EXERCISE CLASSES

CARDIO DRUMMING
9:00AM & 10:00AM MON & WED |
9:00AM FRI. | FREE

TAI CHI
10:00AM TUE & FRI | FREE

ZUMBA GOLD
11:00AM TUE & FRI | \$5

CHAIR YOGA
9:00AM TUE & THURS. | FREE

AFTERNOON YOGA
3:00PM TUE & THURS. | \$45
MONTHLY (WAITLIST ONLY)

LINE DANCING
3:00PM WED. NOV. 12TH | FREE

THE SUMMIT 60 FITNESS CENTER
DAILY 7:00AM - 3:00PM | FREE

HEALTH TIPS
Autumn

 CHECK FIRE ALARM BATTERIES IN YOUR HOME

AVOID TRICK-OR-TREATING ALONE ON HALLOWEEN 

 DON'T FORGET YOUR FLU SHOT THIS SEASON

BE READY! DON'T FORGET YOUR JACKET, STAY WARM 

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Stephanie Wagner, RSSA

SUPPORT OUR ADVERTISERS!

WORLD DIABETES DAY

14 NOVEMBER 2025

Diabetes and Well-Being

Know the warning signs and symptoms
of Diabetes:

- Urinating often
- Feeling very thirsty
- Feeling very hungry—even though you are eating
- Extreme fatigue
- Blurry vision
- Cuts/bruises that are slow to heal
- Weight loss—even though you are eating more (type 1)
- Tingling, pain, or numbness in the hands/feet (type 2)



Early detection and treatment of diabetes can decrease the risk of developing the Complications of Diabetes. Talk to your Medical provider about annual Diabetes screenings.

You can find more information from the American Diabetes Association by visiting:
<https://diabetes.org>



NO MEALS ON WHEELS

Both Defiance and Hicksville centers will be closed and we will not be delivering Meals on Wheels on the following dates in the month of August:

Tuesday, November 11th

In Observance of Veteran's Day.

Friday, November 21st

For a Staff Training Day.

**Thursday & Friday
November 27th & 28th**

In Observance of Thanksgiving.



NEED TO CANCEL YOUR MEALS ON WHEELS?

Did you have an appointment that ran over, spur of the moment trip with friends, or just not going to be home today? Please give Ginny in our kitchen a call as soon as possible so we can take you off our delivery route that day at 419-782-3321!



TRANSPORTATION

We offer transportation to doctors appointments, haircuts, medication pick-ups and more to anyone in Defiance County 60+!

**Suggested donation is only
50¢ a mile!**

**Please note we do not turn away anyone who cannot afford the donation.*

We also offer transportation to and from Summit 60 Social Centers in Defiance & Hicksville!

Give us a call and schedule today at 419-782-3233!

COMMODITY BOX DISTRIBUTION

40LBS OF SHELF STABLE FOOD AND
2LBS OF CHEESE!

Wed. November 26th

Summit 60 - Defiance:
1:00pm-2:30pm

Summit 60 of Hicksville:
12:30pm-2:00pm

This is a FREE program!
First come, first serve.
For an application please contact Sue at 419-782-3233!

**DCSS
140 E. Broadway St
Defiance, OH 43512
Attn: Sue Weller**

**Please no pets at pick up,
Thank you!**

WE WANT YOUR IDEAS!

We have a lot more ideas for activities, trips and events in the works, but we want to know what you want! If you have any suggestions, please stop in for a chat or give us a call today at 419-782-3233!

SUMMIT 60 SOCIAL CENTER OF HICKSVILLE ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Key: Green: Trip or Event Red: Theme of the Day Blue: Activities with a low cost			Early Sign ups on November 3rd for: Ft Wayne Embassy's Festival of Trees Dec. 2nd at 10am \$15 Tickets	
03	Center Closed 04	Donut Day 05	Center Closed 06	Birthday Day 07
9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Blood Pressures 11AM - Arts Class (Thankfulness Tree) 1PM - BINGO	Election Day 	8:45 Movie Day 9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Donuts 11AM - Shuffleboard 1PM - Mini Movie Day	Senior Nite Out-\$5	9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Shuffleboard 12PM - Birthday Lunch 1PM - Cornhole
Center Closed 10	Center Closed 11	Sundae Day 12	Center Closed 13	14
<u>Transportation to:</u> Veteran's Day Luncheon at Summit 60 of Defiance	 VETERANS DAY HONORING ALL WHO SERVED	9- Walleye Game 9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Ice Cream Sundaes 11AM- Lunch & Learn 1PM - Mini Movie Day	<u>Transportation to:</u> Thanksgiving Luncheon!! 11:30-12:30-\$10 Musical Entertainment By Jason Vandemark	9AM - SRP (Skip-Bo/Rummy/Puzzles) 9AM - Medicare Reviews 11AM - Ping Pong Catch 1PM Cornhole
17	Center Closed 18	Mickey Mouse Day19	Center Closed 20	Center Closed 21
9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Blood Pressures 11AM - Arts Class (Flower Bouquet) 1PM - BINGO		9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Mickey Mouse Trivia 1PM - Mini Movie Day	Mystery Lunch-\$5	Staff Training Day
24	Center Closed 25	Charlie Brown Day 26	Center Closed 27	Center Closed 28
9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Arts Class (Friendsgiving Frame) 1PM - BINGO		9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Charlie Brown Thanksgiving Movie 1PM - BINGO Tournament Commodity Box Pick up - 12:30-2:00		

Creamy Leftover-Turkey-and-Rice Soup *By: Riley Wofford*

Prep Time: 10 Minutes

Total Time: 25 Minutes

Yield: 4-6 Servings

Ingredients:

- 4 cups chicken or turkey stock, preferably homemade
- 2 medium leeks, white and light-green parts only, sliced into ½-inch-thick rounds and well washed
- Kosher salt and freshly ground pepper
- 2 large egg yolks
- 3 tablespoons fresh lemon juice
- 2 cups shredded cooked turkey or chicken
- 1 ½ cups cooked white rice
- Chopped fresh dill and extra-virgin olive oil, for serving
- Lemon wedges, for serving



Directions:

1- In a medium pot, bring stock and 2 cups water to a simmer over medium-high heat; add leeks and season with salt and pepper. Reduce heat to medium; simmer until tender, about 8 minutes.

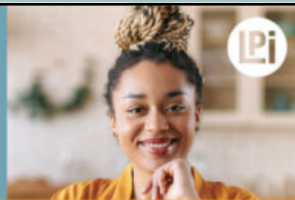
2- In a small heatproof bowl, whisk together egg yolks and lemon juice. Slowly whisk in 1 cup stock mixture, then gradually stir back into soup. Cook over medium-low heat, stirring, until creamy, 4 to 5 minutes. Stir in turkey and rice; continue cooking until warmed through, 1 to 2 minutes. Season to taste. Serve with dill, more pepper, a drizzle of oil, and lemon wedges.

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WHERE ELSE ARE YOU GOING TO GET A MEAL FOR JUST \$3?!

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Suggested donations for our dine in lunches and Meals on Wheels are only \$3, but we can get you an even better deal!

Purchase our
20 for \$50

Meal Deal Coupons

& make each meal only \$2.50!

Please note that no patron, 60 years or better will be denied meals due to inability to pay.



DID YOU KNOW WE ARE A NATIONAL MEMBER OF MEALS ON WHEELS OF AMERICA?

If you or someone you know is interested in receiving our home delivered meals please give us a call at 419-782-3233.



MAKE A RESERVATION TODAY!

Lunch is served:
11:30am - 12:30pm, Mon - Fri
at the Defiance Center.
12:00pm, Mon, Wed, & Fri
at the Hicksville Center

To best serve you, please call in no later than 8:00am the day of to help us accommodate all of our patrons!

You can make a reservation in person or by calling us at 419-782-3233!



Serving
the Community
for 60 years

**Defiance Moose
Lodge 2094**

Live Entertainment!
Every Wednesday, Friday, and Saturday!

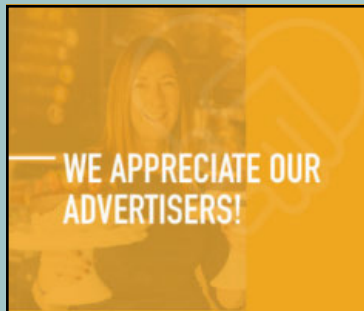
~ NEVER A COVER CHARGE ~

Food Specials & Happy Hours

(419) 782-2326 • 841 N Clinton St, Defiance

Check out our facebook page to see what's happening each week!

www.facebook.com/defiancemoose2094/



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<https://www.trustwellliving.com/senior-living/oh/defiance/kingsbury-place/>

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Scan the code
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events!



LOCAL OWNERSHIP

Home Delivered Meals 419 782-3321

FRIDAY

Menu is subject to change based upon product availability

News

Home delivered meals must be consumed within 30 minutes of delivery or refrigerated and reheated at 350 degrees for 15 minutes

The following major food allergens may be used as ingredients:

Milk, Egg, Fish, Crustacean Shellfish Tree nuts, Peanuts, Wheat, Soy, Sesame

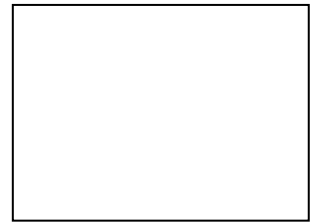
To cancel a meal, or inquire about ingredients, please call

Ginny
419 782-3321



**Defiance County
SENIOR SERVICES**

140 E. Broadway St.
Defiance, OH 43512



FOLLOW US ON FACEBOOK AT

SUMMIT 60 SOCIAL CENTER & DEFIANCE COUNTY SENIOR SERVICES

WE ARE HERE FOR YOU, GIVE US A CALL TODAY!

Nick Wichman

Director

(419) 782-3232

Jessica Osborn

Business Manager

(419) 783-4850

Lexie McKeen, LPN

Client Resource Specialist

(419) 783-4812

Ginny Wiseman

Nutrition Manager

(419) 782-3321

Jennifer Nelson

Community Outreach Manager

(419) 782-3233

Sue Weller

Client Concierge

& Commodities Coordinator

Dawn Knox

Activities Coordinator

Penny Cryer

Custodian

Suzy Mack

Staff Assistant

Karlee Harris

Site Assistant (Hicksville)



Kitchen Team

*Sandy Kaufman, Deb Vajen,
Diane Bok, Chris Waxler*

Meals on Wheels Team

*Mike Rychener, Vicky Healy,
Karen Fitzwater, Mike Imber,
Isaiah Almanza, Dean Wiles,
Kevin Beyer, Tom Nicely,
Edna Dix*

Transportation Team

*Dennis Scott, Keith Ashbacher,
Oline Hill, Don Heffner*

**Summit 60 Social Center &
Senior Services Main Line:**

(419) 782-3233

Summit 60 of Hicksville:

(419) 769-8046

FUNDING SOURCES FOR DEFIANCE COUNTY SENIOR SERVICES:

**Our Senior Services Tax Levy, Area Office on Aging, Defiance County Senior Services Auxiliary Board,
Defiance County Commissioners, and generous donations from patrons like you!**

Thank you for your continued support!