



Summit Sentinel

MONTHLY NEWSLETTER

OCTOBER 2025 EDITION

CELEBRATING 50 YEARS! 1975-2025

SUMMIT 60 SOCIAL CENTER & SENIOR SERVICES **HEADOUARTERS**

140 E. Broadway St. Defiance, OH 43512 **Phone:** 419-782-3233 Monday—Friday 7:00am—3:00pm

SUMMIT 60 SOCIAL CENTER OF HICKSVILLE

708 E. High St.

Hicksville, OH 43526 **Phone:** 419-769-8046

Monday, Wednesday & Friday

9:00am—2:00pm

2025

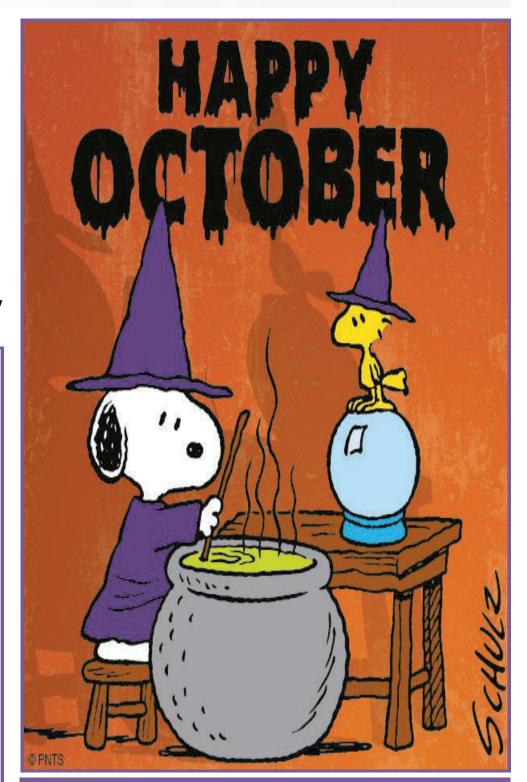
EVENT SPONSORS

Thank you to this years event sponsors, with your support we are able to bring great events to the seniors of Defiance County!

Event Sponsors:

Peter & Maureen Kennerk **Eagles Aerie 372 - Defiance** Eagles Aerie 2556 - Hicksville **Jim Schmidt Dealerships** Moose Lodge 2094 - Defiance **Amyets Post 1991 - Defiance** VFW Post 3360 - Defiance **Johns Manville B&B Molded Products General Motors - Defiance** Elks BPOE #147 - Defiance **Arc Solutions REMAX of Defiance Bruce Guilford Real Estate**

Interested in being an 2025 **Event Sponsor? Please contact** Jenn Nelson at 419-769-8046



"SUMMIT SENTINEL"

PUBLISHED BY: DEFIANCE COUNTY SENIOR SERVICES | 140 E. BROADWAY ST. | DEFIANCE, OH 43512

SPECIAL EVENTS & TRIPS WITH SUMMIT 60

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OKTOBERFEST

Thurs. October 2nd |4:30 pm Summit 60 Defiance | \$10 See to the right to more details!

PHONE AND TABLET CLASS

Mon. October 6th | 10:00am Summit 60 Defiance | Free Join Jessica from Metalink Technologies as she helps you navigate through your cellphone and tablet issues. Sign ups not required.

SENIOR NITE OUT

Tues. October 7th | 4:00pm Wauseon, OH | \$5- Transportation Join us for a night with friends as we head on over to Fulton county for a dinner at Ryans Buffet.

DAY AT THE MOVIES

Fri. October 10th | 8:45am Sponsored by Kingsbury Place Join friends for a movie, popcorn and pop at Phoenix Theater in Defiance. The 1st 24 people signed up are free, only \$10 for anyone after.

IOHNSTON'S ORCHARD

Wed. October 15th |9:00 am Swanton, OH|\$15

Join us as we head over to Johnston's for all of the different varieties of apples and all of the fun fall activities and treats! Price includes Hayride Tour and a small pumpkin.

SENIOR HEALTH EXPO

Fri. October 17th |8:30am Summit 60 in Defiance | FREE See Page 6 for more details!

CARFIT

Mon. October 20th | 10am-2pm Summit 60 Defiance | Free Join the Health Department and the State Highway Patrol in front of the center.

MYSTERY LUNCH

Tues. October 21st |10:00am ???? |\$5 Transportation

Why worry about what to eat, let us do it for you! Join your friends for this fun lunch!

HALLOWEEN KAROKE NIGHT

Tues. October 28th |4:30 pm Summit 60 Defiance | \$10 See to the right for more details

CALENDAR OF EVENTS

How to make Trip & Event Reservations

We love seeing all of you excited for our events and trips!

To best serve everyone fairly, we have set up the following guidelines:

1– Reservations can only be made after 9am on the 1st Monday of the month.

<u>Unless another date is noted in the newsletter</u>

2– We are only accepting in person reservations at both centers. Movies included.

No more than 2 tickets per person at a time.

3- Your non-refundable fee / ticket must be paid in order to reserve a spot.

If you are driving yourself, you must still make your reservations with Dawn or

Jenn, as we can only accommodate a set amount.

Thank you for your understanding & lets have some fun!!





SUMMIT 60 SOCIAL CENTER OF DEFIANCE ACTIVITIES

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				·
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Fresh Fruit Day 01	Oktoberfest 02	Birthday Day 03
Key: Green: Trip or Event Red: Theme of the Day Blue: Activities with a low cost	Grocery Trips 9am-10:30am Walmart-10-7 Krogers-10-14 Meijer-10-21 Aldi-10-28	9- Cardio Drumming 10- Cardio Drumming 11- Shoot pool 11:30- Fresh Fruit Tray 12:30 Shuffle Board 1:30 Pinball 2- Pac Man	9- Warrior Roots 9:30Pepper 10- Monopoly 10:00 Creative Crafts 11:30 Blood Press. 12-Puzzles 1:30 Alzheimer's Grp 3-4- Yoga-\$45/month 4- Oktoberfest!	9- Cardio Drumming 9:30 Pepper 10- Tai Chi 11- Pinball 12- Chinese Checkers 11:30 Birthday Lunch 1- Zumba Gold- \$5 2-Shooting Pool
06	07	Fire Prevention Day 08	09	10
9- Cardio Drumming 9:30 Pepper 10- Cardio Drumming 10- Cell Phone and Tablet Training Class 11-Scrabble 12:30 Pie Bingo with Glen Park 2- Shuffle Board	8:50 Warrior Roots 9:30– Pepper 10 - Tai Chi 10– Bible Study 11-Skipbo 1– Zumba Gold-\$5 2– Puzzle 3-4 Yoga- \$45/month 4– Senior's Nite Out	9- Cardio Drumming 10-Cardio Drumming 11- Shoot Pool 11- Fire Prevention 12:30 Shuffle Board 1:30 Pinball 2:00 Pac Man	9-Warrior Roots 9:30 Pepper 10-m Monopoly 12- Puzzles 2- Shuffle Board 3-4- Yoga-\$45/Month	8:45 Movie Day 9- Cardio Drumming 9:30 Pepper 10- Tai Chi 11- Pinball 12-Chinese Checkers 1-Zumba Gold—\$5 2- Shooting Pool
Center Closed 13	14	Gaudy Shirt Day 15	16	17
Closed for Columbus Day	8:50-Warrior Roots 9:30– Pepper 10– Bible Study 10– Tai Chi 11-Skipbo 1-Zumba Gold—\$5 2– Puzzles 3-4 Yoga- \$45/Month	9- Johnston's Orchard 9-Cardio Drumming 10- Cardio Drumming 11- Shoot Pool 11:30- Gaudy Shirt Fashion Show 1- Pinball 2:00-Pac-Man 3-4 -Line Dancing	9-Warrior Root 9:30 Pepper 10– Monopoly 12:30– Bingo with Legacy of Defiance 1:30 Creative Crafts 2– Shuffle board 3-4 Yoga \$45/month	Summit 60 Senior Health Expo 8:30-1:30
20	21	Button Day 22	23	24
9- Cardio Drumming 9:30 Pepper 10-Cardio Drumming 10-2pm- Car Fit 10:30 Euchre Tournament 12:30 Bingo with Kingsbury Place 2- Shuffle Board	8:50-Warrior Roots 9:30 Pepper 10 Bible Study 10– Tai Chi 10– Mystery Lunch-\$5 11– Skipbo 1– Zumba Gold \$5 2-Puzzles 3-4 Yoga-\$45/ Month	9- Cardio Drumming 10-Cardio Drumming 11- Shoot Pool 11:30- Guess the Jar! 12:30 Shuffle Board 1:30 Pinball 2- Pac Man	9-Warrior Roots 9:30- Pepper 10- Monopoly 12- Puzzles 2- shuffle Board 3-4 Yoga- \$45/month	9– Cardio Drumming 9:30 Pepper 10-Tai Chi 11– Pinball 12– Chinese checkers 1-Zumba Gold—\$5 2– Shooting Pool
27	Halloween Bash 28	Pumpkin Painting Day 29	30	31
9- Cardio Drumming 9:30- Pepper 10- Cardio Drumming 11- Penny Pitch by Meadows of Kalida 12:30 Summit 60 Bingo 2- Shuffle Board	8:50-Warrior Roots 9:30 Pepper 10 Bible Study 10– Tai Chi 11-Skipbo 1-Zumba Gold—\$5 2– Puzzles 3-4 Yoga-\$45/month 4:30 –Halloween Bash	9- Cardio Drumming 9:30- Paint your Own Halloween Pumpkin 10- Cardio Drumming 11- Shoot pool 12:30 Shuffle Board 1:30 Pinball 2- Pac Man	9-Warrior Roots 9:30 Pepper 10 Monopoly 12-Puzzles 2- Shuffle Board 3-4 Yoga- \$45/Month	9- Cardio Drumming 9:30 Pepper 10- Tai Chi 11- Pinball 12- Chinese Checkers 1- Zumba Gold-\$5 2- Shoot Pool



NO MEALS ON WHEELS

Both Defiance and Hicksville centers will be closed and we will not be delivering Meals on Wheels on the following dates in the month of August:

Wednesday August 20th

To host Senior Day at the **Defiance County Fair!**

If interested in joining us and need transportation give us a call at 419-782-3233!

WE WANT YOUR IDEAS!

We have a lot more ideas for activities, trips and events in the works, but we want to know what you want! If you have any suggestions, please stop in for a chat or give us a call today at 419-782-3233!





CARDIO DRUMMING

9:00AM &10:00AM MON & WED 9:00AM FRIDAY | FREE

TAI CHI

10:00AM TUE & FRI | FREE

ZUMBA GOLD

1:00PM TUE & FRI | \$5

WARRIOR ROOTS

9:00AM TUE & THURS. | FREE

AFTERNOON YOGA

3:00PM TUE & THURS. \$45 MONTHLY (WAITLIST ONLY)

> THE SUMMIT 60 **FITNESS CENTER**

DAILY 7:00AM - 3:00PM | FREE

LINE DANCING

3:00PM WED. | FREE OCTOBER 15TH ONLY



The Defiance County Veterans Office WE CONNECT VETERANS TO BENEFITS

VA CLAIMS, APPLY FOR VA HEALTHCARE, VA TRANSPORTATION, EMERGENCY ASSISTANCE

OFFICE: 419-782-6861 FAX: 419-782-6713

- 1300 E Second St., Suite 102, Defiance, OH
- veterans@defiancecounty.oh.gov
- 1 Defiance County Ohio Veterans Office

Veterans Crisis Hotline: 988 Press 1 or text 838255



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DETAILS:

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419-664-5590 755 Ottawa St, Kalida, OH 45853 meadowsofkalida.com | f



HOLIDAY CRAFT AND VENDOR SHOW

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Donna Baldwin Broker 419-576-6668

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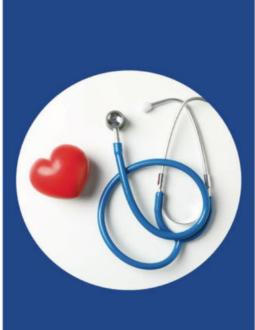
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SUPPORT OUR ADVERTISERS!



Come on out!

FRIDAY, OCTOBER 17TH, 2025



2025 SENIOR HEALTH EXPO

Schedule of Events

8:30 AM - Registration Opens

- · Light Breakfast Provided in café.
- Visit Vendor Booths

9:30 AM - Welcome & Introductions in Gym

- Nick Wichman, Director, Defiance County Senior Services
- Lexie McKeen, Resource Specialist, Defiance County Senior Services

10:00 AM – Sponsor & Vendor Recognition, Presented by Lexie McKeen

10:15 AM - 11:00 AM - Vendor Booth Visits

11:00 AM – Featured Speakers:

Each presentation attended earns entry to Summit 60 Social Center gift basket.

8:30 AM - 1:30 PM

11AM-Bridget Fisher- Power Defiance- DCHD
11:15AM-Shawna Waidelich- AOOA
11:30AM-Erin Clady- Veterans Office
11:45AM-Ryan Lippe- Attorney General's Office

12:00 – 12:30 PM – Lunch: Green Ticket Holders 12:30 – 1:00 PM – Lunch: Blue Ticket Holders

Lunch provided by Summit 60 Social Center – served in the Café

1:00PM – Property Tax Discussion- Defiance County
Commissioners

1:10 – 1:30 PM – Basket Drawings & Closing Remarks
Winners announced – must be present to win

SUMMIT 60 SOCIAL CENTER & DEFIANCE COUNTY SENIOR SERIVCES HEADOUARTERS

140 E. BROADWAY STREET, DEFIANCE, OHIO 43512

SUMMIT 60 SOCIAL CENTER OF HICKSVILLE ACTIVITIES

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Fruit Day 1	2	Birthday Day 3
KEY: Green: Trip or Event Red: Theme of the day Blue: Activities with a low cost to them	NOW OPEN MONDAY, WEDNESDAY & FRIDAY! 9AM - 2PM	9am– Skip-Bo 9am– Puzzles 11– Fruit Snacking 1pm– Shuffleboard	Oktoberfest @ the Defiance Center 4:30pm-8:00pm	9am– Skip-Bo 9am– Puzzles 11am: Cornhole 12pm: Birthday Lunch 1pm– Fact or Crap
6	7	Fire Prevention Day 8	9	10
9am– Skip-Bo 9am– Puzzles 11am– Blood Pressures 11am: Arts Class 1pm—BINGO		9am- Skip-Bo 9am- Puzzles 12- Lunch and Learn about Fire Safety 1pm- Shuffleboard		9am– Skip-Bo 9am– Puzzles 11am: Cornhole 1pm– Trivia
Center Closed 13	14	Gaudy Shirt Day 15	16	Center Closed 17
Center Closed for Columbus Day		9am– Skip-Bo 9am– Puzzles 11– Gaudy Shirt Fashion Show 1pm– Shuffleboard		Summit 60 Senior Health Expo @ the Defiance Center 8:30a -1:30p
20	21	Count Your Buttons Day 22	23	24
9am– Skip-Bo 9am– Puzzles 11am– Blood Pressures 11am: Arts Class 1pm—BINGO		9am– Skip-Bo 9am– Puzzles 11– Guess the Jar! 1pm– Shuffleboard		9am– Skip-Bo 9am– Puzzles 11am: Cornhole 1pm– Ping Pong Catch
27	28	Paint a Pumpkin Day 29	30	Happy Halloween 31
9am– Skip-Bo 9am– Puzzles 11am: Arts Class 1pm—BINGO	Halloween Karaoke Night @ the Defiance Center	9am– Skip-Bo 9am– Puzzles 11– Paint a Pumpkin 1pm– Shuffleboard		9am– Skip-Bo 9am– Puzzles 11am: Cornhole 12pm: Halloween Party



TRANSPORTATION

We offer transportation to doctors appointments, haircuts, medication pick-ups and more to anyone in Defiance County 60+!

Suggested donation is only 50¢ a mile!

Please note we do not turn away anyone who cannot afford the donation.

We also offer transportation to and from Summit 60 Social Centers in Defiance & Hicksville!

Give us a call and schedule today at 419-782-3233!

COMMODITY BOX DISTRIBUTION

40LBS OF SHELF STABLE FOOD AND 2LBS OF CHEESE!

Wed. October 22nd

Summit 60 - Defiance: 1:00pm-2:30pm

Summit 60 of Hicksville: 12:30pm-2:00pm

This is a free program! First come, first serve.

For an application please contact Sue at 419-782-3233!

DCSS 140 E. Broadway St Defiance, OH 43512 Attn: Sue Weller

Please no pets at pick up, Thank you!



YOUR HOME DELIVERED MEAL?

Did you have an appointment that ran over, spur of the moment trip with friends, or just not going to be home today? Please give Ginny in our kitchen a call as soon as possible so we can take you of our delivery route that day at 419-782-3321!

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DID YOU KNOW WE ARE A NATIONAL MEMBER OF MEALS ON WHEELS OF AMERICA?

If you or someone you know is interested in receiving our home delivered meals please give us a call at 419-782-3233!



IERE ELSE ARE YOU GOING TO **GET A MEAL FOR JUST \$3.00?!**

The answer is nowhere! Suggested donations for our dine in lunches and Meals on Wheels are only \$3, but we can get you an even better deal! If you purchase our

20 for \$50 Meal Deal Coupons,

that makes each meal only \$2.50!!

Please note that no patron, 60 years or better will be denied meals due to inability to pay.



MAKE YOUR RESERVATIONS TODAY!

Lunch is served from 11:30am - 12:30pm, Mon - Fri at the Defiance Center.

To best serve you, please call in no later than 8:00am the day of to help us accommodate all of our patrons!

You can make a reservation in person or by calling us at 419-782-3233!



Defiance Moose Lodge 2094

(419) 782-2326 • 841 N Clinton St, Defiance

Check out our facebook page to see what's happening each week!

www.facebook.com/defiancemoose2094/

WE APPRECIATE OUR ADVERTISERS!



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https://www.trustwellliving.com/senior-living/oh/defiance/kingsbury-place/

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DefianceSeniorLiving.com . 309 Latchaw Drive . Defiance, OH 43512







LOCAL OWNERSHIP

October (1990)

Home Delivered Meals 419 782-3321

2025

1				III O			
	Creamed Chicken 27 Over Mashed Potatoes Cauliflower Tropical Fruit Dinner Roll	Mushroom Swiss Burger Baked Beans Oven Fries Apricots	Closed 13 For Columbus Day	Meat Ball Sub Tater Tots Cole Slaw Ambrosia Salad		MONDAY	
	Pork Roast 28 Scalloped Potatoes Peas and Carrots Grapes Whole Wheat Bread	Spaghetti with 21 Meat Sauce Green Beans Peach Crisp Tossed Salad Bread Stick	Chicken Strips 14 Oven Fries Succotash Grape Juice Dinner Roll	Country Fried Steak 7 Ranch Diced Potatoes Broccoli Banana Dinner Roll		TUESDAY	
\ /	Minestrone Soup 29 Tossed Salad Pineapple and Mandarin Oranges Apple Cinnamon Muffin	Potato Soup 22 Cole Slaw Mandarin Oranges Bran Muffin	Cream of Broccoli Soup Cole Slaw Cottage Cheese Diced Peaches	Chicken Noodle Soup 8 Tossed Salad Apple Slices with Peanut Butter Craisins Blueberry Muffin	Sausage Pizza Green Beans Toss Salad Cinnamon Applesauce	WEDNESDAY	
	Salisbury Steak 30 Mashed Potatoes Corn Pears Wheat Bread	Baked Chicken 23 Glazed Carrots Cabbage Fruit Cocktail Dinner Roll	Baked Fish 16 Au gratin Potatoes 3 Bean Salad Cherry Crisp Dinner Roll	Cheeseburger Macaroni 9 Brussel Sprouts Hot Cinnamon Peaches V8 Dinner Roll	Goulash Peas Beets Orange Juice Garlic Bread	THURSDAY	
	Chili Dog 31 Macaroni and Cheese Cole Slaw V8 Juice Apple Slices	Swedish Meatball 4 Over Noodles Winter Blend Pea Salad Baked Apples Dinner Roll	No 17 Home Delivery Today	Beef Tips Buttered Noodles Creamed Peas Stewed Tomatoes Mixed Fruit Dinner Roll	Baked Ham 3 Garlic Mashed Potatoes Winter Blend Apricots Whole Wheat Bread Birthday Cake	FRIDAY	
	Home de must h within : de refrig rehes degreed alle used as Milk, Crustac Tree nu Wheat, ingred						

c, Egg, Fish,

cean Shellfish

9 782-3321

Ginny call icel a meal, or

lients, please uire about , Soy, Sesame

uts, Peanuts,

as ingredients:

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elivered meals

30 minutes of

News







OLLOW US ON FACEBOOK AT

SUMMIT 60 SOCIAL CENTER & DEFIANCE COUNTY SENIOR SERVICES

WE ARE HERE FOR YOU, GIVE US A CALL TODAY!

Nick Wichman *Director*

(419) 782-3232

Jessica Osborn

Business Manager (419) 783-4850

Lexie McKeen, LPN

Client Resource Specialist (419) 783-4812

Ginny Wiseman

Nutrition Manager (419) 782-3321

Jennifer Nelson

Community Outreach Manager (419) 782-3233

Sue Weller

Client Concierge & Commodities Coordinator

Dawn Knox

Activities Coordinator

Penny Cryer

Custodian

Suzy Mack Staff Assistant

Karlee Harris

Site Assistant (Hicksville)





Kitchen Team

Sandy Kaufman, Deb Vajen, Diane Bok, Chris Waxler

Meals on Wheels Team

Mike Rychener, Vicky Healy, Karen Fitzwater, Mike Imber, Isaiah Almanza, Dean Wiles, Kevin Beyer, Tom Nicely, Edna Dix

Transportation Team

Dennis Scott, Keith Ashbacher, Oline Hill, Don Heffner

Summit 60 Social Center & Senior Services Main Line: (419) 782-3233

Summit 60 of Hicksville: (419) 769-8046

FUNDING SOURCES FOR DEFIANCE COUNTY SENIOR SERVICES:

Our Senior Services Tax Levy, Area Office on Aging, Defiance County Senior Services Auxiliary Board, Defiance County Commissioners, and generous donations from patrons like you!

