

October

2026

Home Delivered Meals 419 782-3321

Menu is subject to change based upon product availability

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Serving Sizes Entrée, Meat, & Casserole – 3oz./8oz. Vegetables, Fruit – ½ cup Bread, Bread Alternative – 1 Slice or 2oz. Milk – 8 oz. Served with every meal					
				Goulash 1 Peas Beets Orange Juice Garlic Bread	Baked Ham 2 Garlic Mashed Potatoes Winter Blend Apricots Whole Wheat Bread Birthday Cake
Meat Ball Sub 5 Tater Tots Cole Slaw Ambrosia Salad	Country Fried Steak 6 Ranch Diced Potatoes Broccoli Banana Dinner Roll	Chicken Noodle Soup 7 Tossed Salad Apple Slices with Peanut Butter Craisins Blueberry Muffin	Cheeseburger Macaroni 8 Brussel Sprouts Hot Cinnamon Peaches V8 Dinner Roll	Beef Tips 9 Buttered Noodles Creamed Peas Stewed Tomatoes Mixed Fruit Dinner Roll	
Closed 12 For Columbus Day	Chicken Strips 13 Oven Fries Succotash Grape Juice Dinner Roll	Cream of Broccoli Soup 14 Cole Slaw Cottage Cheese Diced Peaches	Baked Fish 15 Au gratin Potatoes 3 Bean Salad Cherry Crisp Dinner Roll	No 16 Home Delivery Today	
Mushroom Swiss Burger 19 Baked Beans Oven Fries Apricots	Spaghetti with 20 Meat Sauce Green Beans Peach Crisp Tossed Salad Bread Stick	Potato Soup 21 Cole Slaw Mandarin Oranges Bran Muffin	Baked Chicken 22 Glazed Carrots Cabbage Fruit Cocktail Dinner Roll	Swedish Meatballs 23 Over Noodles Winter Blend Pea Salad Baked Apples Dinner Roll	
Creamed Chicken 26 Over Mashed Potatoes Cauliflower Tropical Fruit Dinner Roll	Pork Roast 27 Scalloped Potatoes Peas and Carrots Grapes Whole Wheat Bread	Minestrone Soup 28 Tossed Salad Pineapple and Mandarin Oranges Apple Cinnamon Muffin	Salisbury Steak 29 Mashed Potatoes Corn Pears Wheat Bread	Chili Dog 30 Macaroni and Cheese Cole Slaw V8 Juice Apple Slices	

News

Home delivered meals must be consumed within 30 minutes of delivery or refrigerated and reheated at 350 degrees for 15 minutes

The following major food allergens may be used as ingredients:

Milk, Egg, Fish, Crustacean Shellfish Tree nuts, Peanuts, Wheat, Soy, Sesame

To cancel a meal, or inquire about ingredients, please call Ginny 419 782-3321