



Summit Sentinel

Monthly Newsletter

October 2026 Edition

Summit 60 Social Center & Senior Services Headquarters

140 E. Broadway St.
Defiance, OH 43512
Phone: 419-782-3233
Monday—Friday
7:00am—3:00pm

Summit 60 Social Center of Hicksville

708 E. High St.
Hicksville, OH 43526
Phone: 419-769-8046
Monday, Wednesday & Friday
9:00am—2:00pm

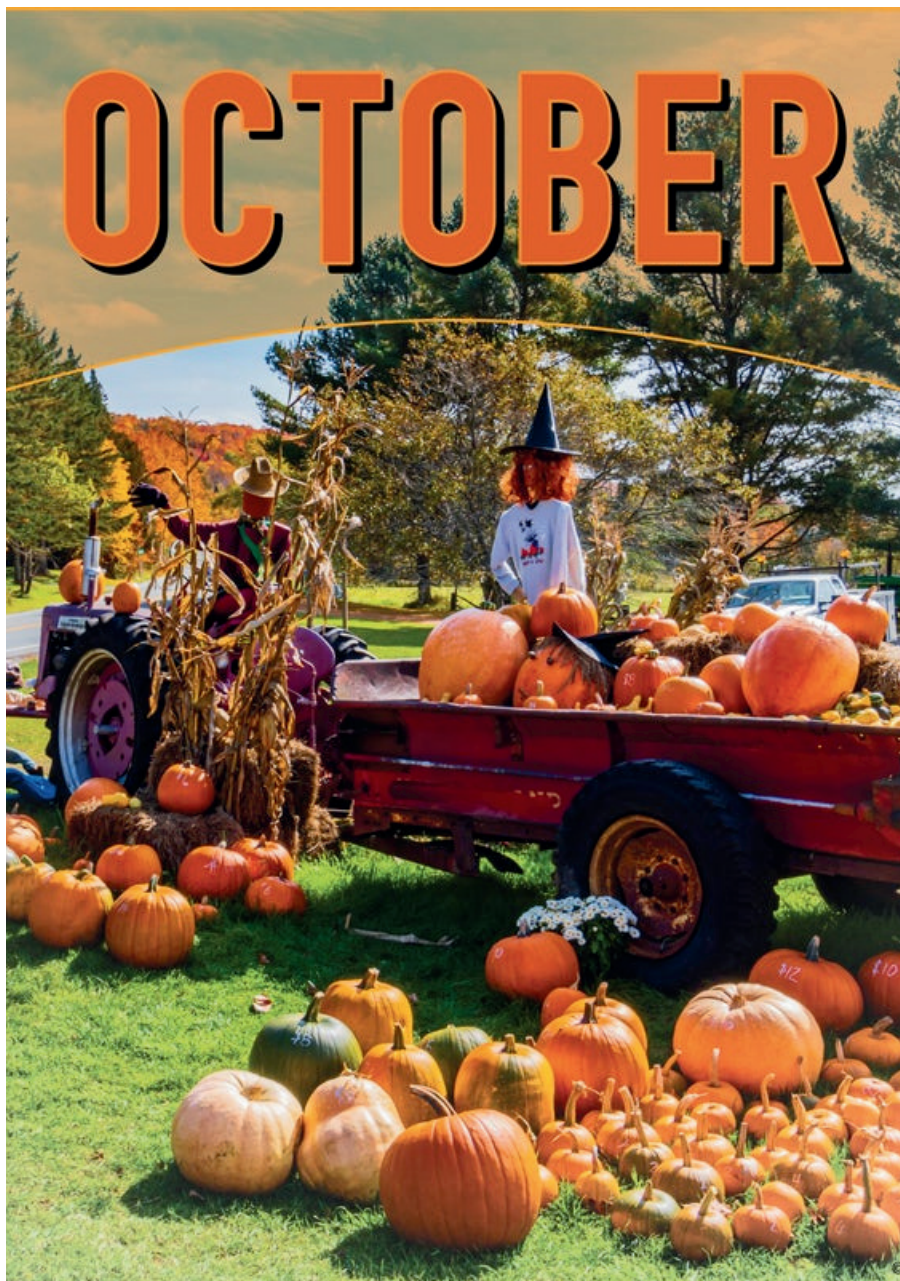
2026 Event Sponsors

Thank you to this year's event sponsors, with your support we are able to bring great events to the seniors of Defiance County!

Event Sponsors:

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Eagles Aerie 2556 - Hicksville
Jim Schmidt Dealerships
Johns Manville - Defiance
B&B Molded Products
REMAX of Defiance
Nemco Food Equipment
Parker Hannifin

Interested in becoming an event sponsor? Please contact
Jennifer Nelson at
419-769-8046



We want your ideas!

We have a lot more ideas for activities, trips and events in the works, but we want to know what you want! If you have any suggestions, please stop in for a chat or give us a call today at 419-782-3233!

Special Events & Trips with Summit 60

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Schedel Garden

Tues. Oct. 6th | 9:00am

Elmore, OH | \$20 Transport & Tickets

The leaves are changing, if you want to see it up close, you don't want to miss this! Nature tour and then out to lunch at the Speed Trap Diner!

Oktoberfest

Thurs. Oct. 8th | 4:30pm

Summit 60 - Defiance | \$10

See to the right for more details!

Movie Day

Tues. Oct. 13th | 8:45am

Sponsored by Kingsbury Place

Join friends for a movie, popcorn and pop at Phoenix Theater in Defiance. The 1st 24 people signed up are free, only \$12 for anyone after

Toenail Clinic

Wed. Oct. 14th | 9:00am - 12:00pm

By appointment only at Summit 60 | \$10

For more info call us at 419-782-3233.

Health Expo

Fri. Oct. 16th | 9:00am

Toledo, OH | Free

See Page 6 for more details!

Senior Nite Out

Tue. Oct. 20th | 4:00pm

Auburn, IN | \$5 Transportation

Join friends for an evening of fun and great food at the Paradise Buffet!

Hollywood Casino Trip

Thurs. Oct. 22nd | 9:00am

Toledo, OH | \$5 Transportation

Let's have some fun at the Casino! Free sodas and coffee, oh & there is gambling too!

Mystery Lunch

Tues. Oct. 27th | 10:00am

????? | \$5 Transportation

Don't stress what you want to eat today and let us surprise you on this fun outing!

November Early Sign ups

See to the right for more info!



How to make Trip & Event Reservations

We love seeing all of you excited for our events and trips!
To best serve everyone fairly, we have set up the following guidelines:

- 1- Reservations can only be made after 9am on the 1st Monday of the month.
Unless another date is noted in the newsletter
- 2- We are only accepting in person reservations at both centers with no more than 2 tickets per person at a time.
- 3- Non-refundable fee/ticket must be paid in order to reserve a spot.

If you are driving yourself, you must still make your reservations with us, as we can only accommodate a set amount.

Thank you for your understanding & let's have some fun!!





Summit 60 Social Center of Defiance Activities

October 2026 Newsletter | Page 03

Monday	Tuesday	Wednesday	Thursday	Friday
 KEY: Green: Trip or Event Red: Theme Day Blue: Activities with a low cost to them Purple: Supportive Services			Homemade Cookie Day 1	Birthday Lunch 2
	Grocery Trips Tuesdays 9am-10:30am Walmart-10/6 Kroger-10/13 Meijer-10/20 Aldi-10/27	Medicare Sign Ups Teresa Wagner with Grandview Agency will be here to help with Medicare sign ups on October 19th & 28th 12:30pm - 3pm Call Teresa for questions at 419-980-1114	8:45- Chair Yoga 9:30- Pepper/Pinnacle 10- Creative Crafts 11- Zumba Gold 11:30- Cookie Tasting 12:30- Bingo with Vancrest of Hicksville 3- Yoga-\$45/month 4- Alzheimer's Support	9- Cardio Drumming 9:30- Pepper/Pinnacle 10- Tai Chi 10:30- Adult Coloring 11:30- Birthday Lunch 12- Puzzles 12:30- Penny pltch with Summit 60
Do Something Nice Day 5	6	7	8	9
9- Cardio Drumming 9:30- Pepper/Pinnacle 9:30- Craft for a Friend 10- Cardio Drumming 10- Coin Wars 11- Adult Coloring 12:30- Pie Bingo with Glennpark 2- Puzzles	8:45- Chair Yoga 9:00- Schedel Gardens 9:30- Pepper/Pinnacle 10- Bible Study 10- Tai Chi 11- Zumba Gold 1- Puzzles 3- Yoga-\$45/month	9- Cardio Drumming 10- Cardio Drumming 10- Coin Wars 12:30- It's Bananas Time 1:30- Grief Support Grp 2- Puzzles	8:45- Chair Yoga 9:30- Pepper/Pinnacle 11- Zumba Gold 12- Puzzles 12:30- The Price is Right! 4:30- Oktoberfest	9- Cardio Drumming 9:30- Pepper/Pinnacle 10- Tai Chi 10:30- Adult Coloring 12- Puzzles 12:30- Penny Pitch with Summit 60
Center Closed 12	13	Dessert Day Gym Closed 14	Gym Closed at Noon 15	16
 COLUMBUS DAY —12 OCTOBER—	8:45- Movie Day 8:45- Chair Yoga 9- Matter of Balance 9:30- Pepper/Pinnacle 10- Bible Study 10- Tai Chi 11- Zumba Gold 1- Puzzles 3- Yoga-\$45/month	9-12- Toenail Clinic - \$10 9- Carfit Checks 10- Coin Wars 11:30- Desserts at Lunch 12:30- It's Bananas Time 2-Puzzles 3- Line Dancing	8:45- Chair Yoga 9:30- Pepper/Pinnacle 11- Zumba Gold 12- Puzzles 1:30- Creative Crafts	 Senior Resource & Health Expo 8:30a - 1:30p
Nerd Day 19	20	21	22	23
9- Cardio Drumming 9:30- Pepper/Pinnacle 10- Cardio Drumming 10- Coin Wars 10:30- Euchre Tournament 11:30- Nerd Lunch party 12:30- Bingo with Kingsbury Place 2- Puzzles	8:45- Chair Yoga 9- Matter of Balance 9:30- Pepper/Pinnacle 10- Bible Study 10- Tai Chi 11- Zumba Gold 1- Puzzles 3- Yoga-\$45/month 4- Senior Nite Out	9- Cardio Drumming 10- Cardio Drumming 10- Coin Wars 12:30- It's Bananas Time 1- Commodity Pickup 2-Puzzles	8:45- Chair Yoga 9- Hollywood Casino 9:30- Pepper/Pinnacle 11- Zumba Gold 2- Puzzles 3- Yoga/ \$45 month	9- Cardio Drumming 9:30- Pepper/Pinnacle 10- Tai Chi 10:30- Adult Coloring 12- Puzzles 12:30- Penny Pitch with Summit 60
26	27	28	29	30
9- Cardio Drumming 9:30- Pepper/Pinnacle 10- Cardio Drumming 10- Coin Wars 11- Penny Pitch with Meadows of Kalida 12:30- Summit 60 Bingo 2- Puzzles	8:45- Chair Yoga 9- Matter Of Balance 9:30- Pepper/Pinnacle 10- Mystery Lunch 10- Bible Study 10- Tai Chi 11- Zumba Gold 1- Puzzles 3- Yoga-\$45/month	9- Cardio Drumming 10- Cardio Drumming 10- Coin Wars 11:30 - Lunch & Learn: Thrivent Financial 12:30- Horse Racing 2-Puzzles	8:45- Chair Yoga 9:30- Pepper/Pinnacle 11- Zumba Gold 12- Puzzles 12:30- The Price is Right! 3- Yoga/ \$45 month	9- Cardio Drumming 9:30- Pepper/Pinnacle 10- Tai Chi 10:30- Adult Coloring 11:30- Halloween Costume Party with Prizes! 12:30- Puzzles

S Word Twist

Halloween

The letters in these words are all twisted up. To play, unscramble the letters to reveal the correct words. **Hint:** Each puzzle has a common theme!



tuosmec _____
mpkpuin _____
ancdy _____
smak _____
itwhc _____
bomro _____
tsleonke _____
nhatedu _____
toghs _____
rmsonte _____

Answers

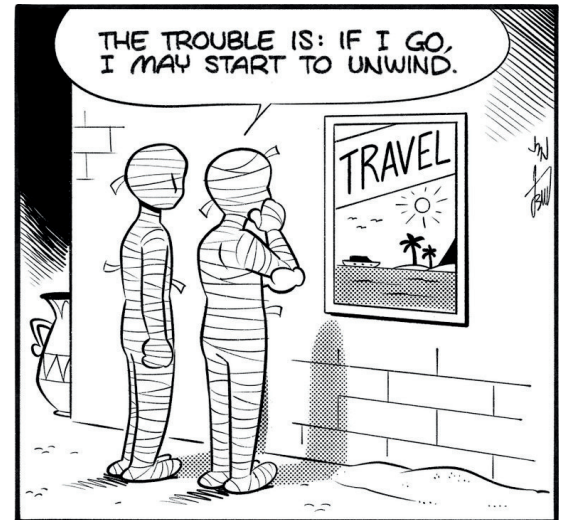
Ghost
Monster

Skeleton
Haunted

Witch
Broom

Candy
Mask

Costume
Pumpkin

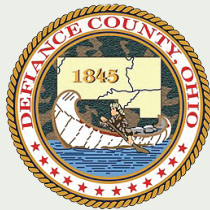


HALLOWEEN TRIVIA QUESTION



Before pumpkins, which root vegetables did the Irish and Scottish carve on Halloween?

Answer: Turnips



The Defiance County Veterans Office

WE CONNECT VETERANS TO BENEFITS

VA CLAIMS, APPLY FOR VA HEALTHCARE,
VA TRANSPORTATION, EMERGENCY ASSISTANCE

OFFICE: 419-782-6861

FAX: 419-782-6713

📍 1300 E Second St., Suite 102, Defiance, OH

✉ veterans@defiancecounty.oh.gov

📘 Defiance County Ohio Veterans Office

**Veterans Crisis Hotline: 988 Press 1
or text 838255**



at Defiance Public Library

Discover more with
your library card!

- PASSES CHECK OUT FOR 7 DAYS
- PICK UP & RETURN AT THE DPL CIRCULATION DESK
- NO ONLINE HOLDS, CALL 419-782-1456 TO RESERVE A PASS

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DEFIANCEREBRARY.ORG/PASS



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meadowsofkalida.com | f

THS-9129-24

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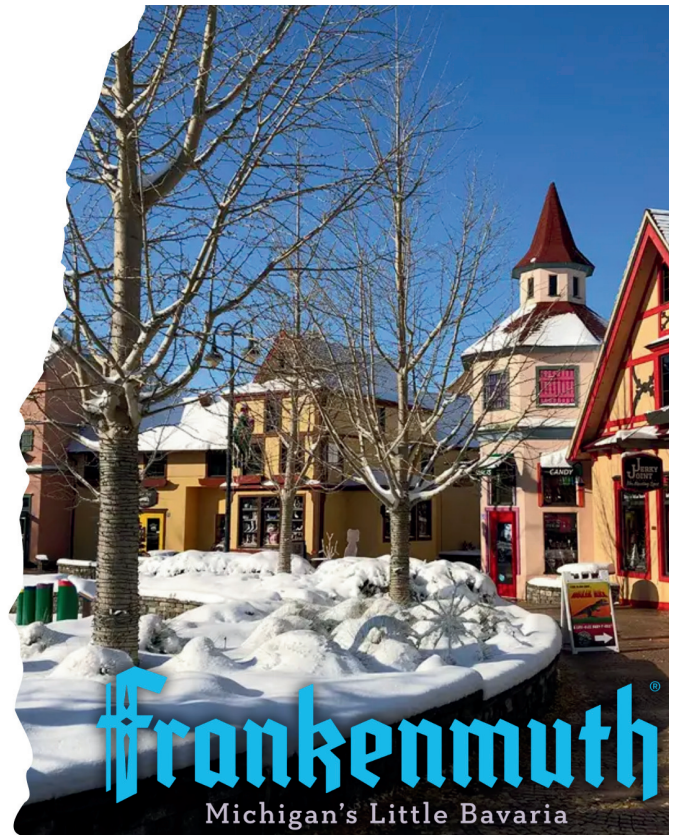
Christmas in Frankenmuth

PACKAGE INCLUDES:

- DELUXE ROUNDRIP MOTORCOACH
- LUNCH AT A FINE LOCAL RESTAURANT
- GUIDED TOUR OF FRANKENMUTH TO SEE CHRISTMAS LIGHTS
- VISIT BRONNER'S CHRISTMAS WONDERLAND SHOP
- VISIT FRANKENMUTH RIVER PLACE SHOPS
- ALL TAXES & MEAL GRATUITIES

DECEMBER 1, 2026 | \$153/PP

FOR MORE INFO & RESERVATIONS
CONTACT JENNIFER AT 419-782-3233



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Stephanie Wagner, RSSA

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2026 Senior Resource & Health Expo

Friday October 16th, 2026 * 8:30am to 1:30pm

- Serving: Light Breakfast & Baked Potato Bar Lunch
- Flu/Covid vaccines and Lab testing on site (pre-reg only)
- DME, Home Health, Skilled nursing, Banks, Reality and so much more

OVER 30 VENDORS



Exercise Classes

Cardio Drumming (Video Class) 9:00AM & 10:00am Mon. & Wed. FREE 9:00am Fri. FREE	Chair Yoga Vitality (Video Class) 8:45am Tue. & Thurs. FREE
Tai Chi (Video Class) 10:00am Tue & Fri. FREE	Afternoon Yoga (Instructed Class) 3:00pm Tue. & Thurs. \$45 Monthly (Waitlist Only)
Zumba Gold (Instructed Class) 11:00am Tue. & Thurs. FREE	Line Dancing (Instructed Class) 3:00pm Wed. Oct. 14 th FREE

Summit 60 Fitness Center
Daily 7:00am - 3:00pm | FREE

THE END OF ALZHEIMER'S STARTS HERE

JOIN US NOW



WALK TO END ALZHEIMER'S
ALZHEIMER'S ASSOCIATION

WALK TO END ALZHEIMER'S - BLACK SWAMP / DEFIANCE
Saturday, October 3rd 2026
9:00am at Kingsbury Park



A MATTER OF BALANCE

MANAGING CONCERNS ABOUT FALLS

Begins Tues. October 13th
9am - 11am
Classes are every Tuesday for 8 weeks

FREE PROGRAM - REGISTRATION REQUIRED

FOR MORE INFORMATION OR TO REGISTER, PLEASE CALL KATIE @ 419-784-3818 OR JENNIFER @ (419) 782-3233





FREE CARFIT CHECKS

Summit 60 Defiance
Appointments every 20 minutes
October 14 from 9a - 1p



Summit 60 Social Center of Hicksville Activities

October 2026 Newsletter | Page 07

Monday	Tuesday	Wednesday	Thursday	Friday
			Center Closed 1	Farm Animal & Birthday Day Center Opens at 10am 2
KEY: Green: Trip or Event Red: Theme Day! Blue: Activities with a low cost to them!				9am -Visit Troyer Farms 10am - Mulled Apple Cider 11am - Cozy Coloring 12pm - Birthday Lunch 1pm - Cornhole
5	Center Closed 6	7	Center Closed 8	9
9am - Coffee & Cards 10am - Creative Crafts 11am - Board Games 1pm- Bingo with Summit 60!	Schedel Garden Trip - \$20	9am - Coffee with a Cop 10am - Skipbo & Rummy 11am - Puzzles 1pm- Pumpkin Spice Making	Oktoberfest Evening Meal \$10	9am - Bible Study 10am - Friday Matinee: "Young Frankenstein" 11am- Cozy Coloring 1pm- Pumpkin Toss
Center Closed 12	Center Closed 13	National Dessert Day 14	Center Closed 15	Center Closed 16
	Movie Day	9am - Chair Yoga 10am - Blood Pressures 11am - Puzzles 1pm - Spooky S'mores 9am-12pm- Toenail Clinic at the Defiance Center- RSVP Required \$10		 Senior Resource & Health Expo at Summit 60 Defiance
19	Center Closed 20	Pumpkin Cheesecake Day 21	Center Closed 22	23
9am - Coffee & Cards 10am - Creative Crafts 11am - Board Games 1pm- Bingo with Vancrest of Hicksville	Senior Nite Out \$5	9am - Chair Yoga 10am - Skipbo & Rummy 11am - Puzzles 1pm - Pumpkin Cheesecake Dessert 12:30pm -2:00pm- Commodity Box Pick up	Hollywood Casino Toledo Trip - \$5	9am - Bible Study 10am - Friday Matinee: "Abbot & Costello Meet Frankenstein" 11am- Cozy Coloring 12:30pm- Friday Matinee: "To Kill a Mockingbird"
26	Center Closed 27	28	Center Closed 29	Center Closed 30
9am - Coffee & Cards 10am - Blood Pressures 11am - Board Games 1pm- Hand Therapy	Mystery Lunch - \$5	9am - Chair Yoga 10am - Skipbo & Rummy 11am - Puzzles 1pm - Halloween Costume Workshop		 Lunch & Costume Contest at Summit 60 Defiance



Transportation

We offer transportation to doctors appointments, haircuts, medication pick-ups and more to anyone in Defiance County 60+!

Suggested donation is only 50¢ a mile!

Please note we do not turn away anyone who cannot afford the donation.

We also offer transportation to and from Summit 60 Social Centers in Defiance & Hicksville!

Give us a call and schedule today at 419-782-3233!

Commodity Box Distribution

40lbs of Shelf Stable food &
A 2lb Block of Cheese!

Wednesday, Oct. 28th

Summit 60 - Defiance:

1:00pm-2:30pm

Summit 60 of Hicksville:

12:30pm-2:00pm

This is a FREE program!

First come, first serve.

For an application please contact
Sue at 419-782-3233!

DCSS

140 E. Broadway St

Defiance, OH 43512

Attn: Sue Weller

Please no pets at pick up, Thank you!



No Meals on Wheels Deliveries

The Defiance & Hicksville centers will both be closed & we will not be delivering Meals on Wheels on the following date:

Monday October 12th

in observance of Columbus Day
We will resume normal operations
On Tuesday, October 13th.

Advertise Here!

Contact Jayne Pandy

jpandy@4LPi.com
(800) 950-9952 x6401

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Where else are you going to get a meal for just \$3?!

The answer is nowhere! Suggested donations for our dine in lunches and Meals on Wheels are only \$3, but we can get you an even better deal!

Purchase our 20 for \$50 Meal Deal Coupons & make each meal only \$2.50!

**Please note that no patron, 60 years or better will be denied meals due to inability to pay. **



Proud National Member Meals on Wheels - America

Are you interested in our Meals on Wheels program?

Already a client and need to cancel your meal? Have an appointment run over or spur of the moment trip? Please give us a call as soon as possible so we can let your driver know you won't be home!

For more info, please give us a call at 419-782-3233.



Make a reservation today!

Lunch is served:

Summit 60 of Defiance
11:30am - 12:30pm, Mon - Fri

Summit 60 of Hicksville
12:00pm, Mon, Wed, & Fri

To best serve you, please call in no later than 8:00am the day of to help us accommodate all of our patrons!

Make a reservation in person or by calling us at 419-782-3233!

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Summit 60 Social Center, Defiance, OH

14-1829

October

Home Delivered Meals 419 782-3321

Menu is subject to change based upon product availability

2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Serving Sizes Entree, Meat, & Casserole – 3oz./8oz. Vegetables, Fruit – ½ cup Bread, Bread Alternative – 1 Slice or 2oz. Milk – 8 oz. Served with every meal					
5 Meat Ball Sub Tater Tots Cole Slaw Ambrosia Salad	6 Country Fried Steak Ranch Diced Potatoes Broccoli Banana Dinner Roll	7 Chicken Noodle Soup Tossed Salad Apple Slices with Peanut Butter Craisins Blueberry Muffin	1 Goulash Peas Beets Orange Juice Garlic Bread	2 Baked Ham Garlic Mashed Potatoes Winter Blend Apricots Whole Wheat Bread Birthday Cake	
12 Closed For Columbus Day	13 Chicken Strips Oven Fries Succotash Grape Juice Dinner Roll	14 Cream of Broccoli Soup Cole Slaw Cottage Cheese Diced Peaches	15 Baked Fish Au gratin Potatoes 3 Bean Salad Cherry Crisp Dinner Roll	16 No Home Delivery Today	
19 Mushroom Swiss Burger Baked Beans Oven Fries Apricots	20 Spaghetti with Meat Sauce Green Beans Peach Crisp Tossed Salad Bread Stick	21 Potato Soup Cole Slaw Mandarin Oranges Bran Muffin	22 Baked Chicken Glazed Carrots Cabbage Fruit Cocktail Dinner Roll	23 Swedish Meatballs Over Noodles Winter Blend Pea Salad Baked Apples Dinner Roll	
26 Creamed Chicken Over Mashed Potatoes Cauliflower Tropical Fruit Dinner Roll	27 Pork Roast Scalloped Potatoes Peas and Carrots Grapes Whole Wheat Bread	28 Minestrone Soup Tossed Salad Pineapple and Mandarin Oranges Apple Cinnamon Muffin	29 Salisbury Steak Mashed Potatoes Corn Pears Wheat Bread	30 Chili Dog Macaroni and Cheese Cole Slaw V8 Juice Apple Slices	

News

Home delivered meals must be consumed within 30 minutes of delivery or

refrigerated and reheated at 350 degrees for 15 minutes

The following major food allergens may be used as ingredients:

Milk, Egg, Fish, Crustacean Shellfish Tree nuts, Peanuts, Wheat, Soy, Sesame

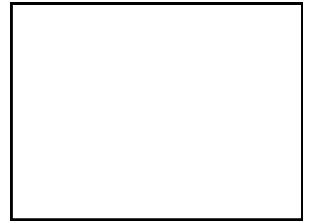
To cancel a meal, or inquire about ingredients, please call

Ginny 419 782-3321



**Defiance County
SENIOR SERVICES**

140 E. Broadway St.
Defiance, OH 43512



 **Follow us on Facebook at**

Summit 60 Social Center & Defiance County Senior Services

We are here for you, give us a call today!

Nick Wichman

Director

(419) 782-3232

Jessica Osborn

Business Manager

(419) 783-4850

Lexie McKeen, LPN

Client Resource Specialist

(419) 783-4812

Ginny Wiseman

Nutrition Manager

(419) 782-3321

Jennifer Nelson

Community Outreach Manager

(419) 782-3233

Sue Weller

*Client Concierge &
Commodities Coordinator*

Dawn Knox

Activities Coordinator

Penny Cryer

Custodian

Suzy Mack

Staff Assistant

Karlee Harris

Site Assistant (Hicksville)



**Summit 60 Social Center &
Senior Services Main Line:**

(419) 782-3233

Summit 60 of Hicksville:

(419) 769-8046

Kitchen Team:

Sandy Kaufman, Deb Vajen,
Diane Bok, Chris Waxler

Meals on Wheels Team:

Mike Rychener, Vicky Healy,
Karen Fitzwater, Mike Imber,
Isaiah Almanza, Dean Wiles,
Kevin Beyer, Tom Nicely,
Edna Dix

Transportation Team:

Oline Hill, Don Heffner,
Jamie Palczewski

Funding Sources for Defiance County Senior Services:

*Our Senior Services Tax Levy, Area Office on Aging, Defiance County Senior Services Auxiliary Board,
Defiance County Commissioners, and generous donations from patrons like you!*

Thank you for your continued support!